

Volume 534 August 2025

## **OFFICE OF THE BISHOP**

THE CONFIRMATION SCHEDULE FOR 2025/2026 has not been finalized yet. It will be sent out in a separate email as soon as it is. It will also be included in the September SDNB. If you have any questions or change requests, please contact Brenda at the chancery.

**VOCATIONS BBQ** w/Priests and potential candidates will be held on Sunday, August 3rd at St. Nicholas of Myra Catholic Church in Hays at 3:00 P.M.

**EUCHARISTIC CONFERENCE** in Hays is August 9-10<sup>th</sup>, sponsored by the Comeau Catholic Student Center and held at FHSU. Please join us!

**ACTIVITIES** and opportunities to show your support for our seminarians abound in the month of August. Please pray for supporting our *Annual Seminarian Collection* that will be the weekend of August 9/10th.

**SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY** is Friday, August 15<sup>th</sup>. The chancery will be closed in observance.

**RURAL LIFE DAY**, Century Farm Awards & Half Century Business awards will be presented On Sunday, August 17<sup>th</sup> at 3:00 P.M. at St. Wenceslaus, Wilson.

## **OFFICE OF THE CHANCELLOR**

**BAPTISMAL RECORDS** - If you have not already done so, please check to see when your parish/es baptismal records were last sent to the Chancery. Ideally this should be done on an annual basis. You may electronically submit records to Karen Jurgensmeier at <a href="mailto:karen.jurgensmeier@salinadiocese.org">karen.jurgensmeier@salinadiocese.org</a>. If you would like an Excel File of the form for electronic submission, please contact Corey Lyon, <a href="mailto:corey.lyon@salinadiocese.org">corey.lyon@salinadiocese.org</a>.

**PARISH CORPORTATION LETTERS** were mailed in July. Each parish will have two documents to sign. If you have not yet signed and returned them, please do so by August 15, 2025.

## **OFFICE OF VOCATIONS**

**VOCATIONS BBQ** - August 3, 2025, at St. Nicholas of Myra Parish in Hays

**RUNNIN' REVS** will be held in conjunction with the Eucharistic Conference. The game will take place on August 8th at 6:00 pm in the FHSU Coliseum.

DECEMBER 29, 2025 - Runnin Rev's at 6:00 pm in Salina

### **VOCATIONS OFFICE CONTACT INFORMATION:**

Fr. Andy Hammeke 785-656-3747 Fr. Brian McCaffrey 785-236-0462

## **OFFICE OF COMMUNICATIONS**

**COMMUNICATIONS DEADLINES** - The deadline to submit content for the September paper is September 5th (in homes Sept. 26). The October content deadline is October 3<sup>rd</sup> (in homes October 24). You can contact the editor, Lori Leiszler, at 785.827.8746 x114 or by email: <a href="mailto:lori.leiszler@salinadiocese.org">lori.leiszler@salinadiocese.org</a> or <a href="mailto:theregister@salinadiocese.org">theregister@salinadiocese.org</a>

## **OFFICE OF EDUCATION**

**SCHOOL YEAR IS HERE!** Our Catholic Schools are beginning the enrollment process for the 2025-2026 school year. We are expecting to have over 1,900 students in grades K-12 this year, plus another 300 in our Pre-K programs. We cannot wait to welcome the students back into the classrooms.

MENTAL HEALTH INTERVENTION TEAM – This year, all of our Catholic Schools will have a partner in mental health with the local Community Mental Health Provider. High Plains in the West, Central Kansas in Salina/Dickinson Counties, and Pawnee in the North. The mental health providers will team up with our schools to provide case management, therapy, and resources. This grant program is part of the KDADS (Kansas Department of Aging and Disability Services) and each school will receive funds to help reimburse a portion of salaries.

**PILGRIMAGE 2027** - Students, parents, teachers, and clergy just returned from a pilgrimage to Italy, where they visited beautiful churches, prayed together daily, and attended the papal audience. The Office of Education will be organizing another pilgrimage in June 2027 to Milan, Florence, Assisi and Rome. More details will be available in the coming months.

TAX CREDIT SCHOLARSHIP – Support Catholic Education in the Salina Diocese and receive a 75% State Tax Credit! The Scholarship Granting Fund for the Catholic Diocese of Salina is accepting donations and is able to offer a 75% tax credit. Please email Heather Hartman, Director of Development for the Catholic Foundation <a href="heather.hartman@salinadiocese.org">heather.hartman@salinadiocese.org</a>. For the 25-26 school year, approximately \$90,000 will be awarded to schools for over 100 qualifying students in the Salina Diocese. These funds go directly to help with the cost of education for the qualifying student.

**THREE BALD GUYS** – Tune into the latest episode of Three Bald Guys podcast to listen to Fr. Jarett Konrade, Geoff Andrews – Superintendent of Schools, and Bill Meagher – Director of Religious Education & Youth Ministry.

**SCHOOL IMPROVEMENT PROCESS** – Our Catholic schools hold dual-accreditation with both the State of Kansas (KESA) and Cognia. As part of the school improvement process, we will have a few surveys for stakeholders this year. Our first survey will be the Family Survey in October. There will also be surveys throughout the year for students and teachers.

### **CATHOLIC CHARITIES**

**PARISH INFORMATION** – The details below are intended to assist your parish and staff. For any questions or additional support, please reach out to Megan Augustine at **maugustine@ccnks.org** or 785-833-9380.

**IGNITING HOPE: ANNUAL CAMPAIGN FOR OUR NEIGHBORS IN NEED** - We are gearing up for our *Igniting Hope: Annual Campaign for Our Neighbors in Need* kickoff weekend scheduled for October 25 & 26, 2025. More information will be sent to each parish in the diocese in the coming months. As we look ahead, we want to ensure that this year's upcoming campaign is even more impactful and seamless for everyone involved. To help us achieve this, please provide your feedback on the campaign kickoff and the parish packs. Your insights are invaluable in helping us better meet the needs of families and communities in the Salina Diocese. We thank you for your continued support and we look forward to hearing your thoughts! Survey link: <a href="https://ccnks.org/igniting-hope-feedback">https://ccnks.org/igniting-hope-feedback</a>

- **EUCHARISTIC CONFERENCE** in August Catholic Charities is honored to once again participate in the Diocesan Eucharistic Conference, August 9-10 in Hays, Kansas.
- **TOUR-** We look forward to welcoming visitors into our new Hays facility for guided afternoon Tours on August 9.
- **BOOTH** We invite you to stop by our booth in the student union on August 10, where our team will be available to answer questions and share information about how we serve our neighbors in need.
- **BREAKOUT SESSION** Executive Director, Megan Robl, will present a breakout session titled: "Hope That Does Not Disappoint: Living the Eucharist Through Service." Her talk will explore how Eucharistic spirituality comes alive through acts of love, compassion, and service in everyday life.
- **FOOD DRIVE** The Conference will host a Food Drive to benefit Catholic Charities. We are deeply grateful for this support, which will help us continue providing essential resources to individuals and families facing hardship throughout our region.

To learn more or to register, please click the button below to visit the official Eucharistic Conference 2025 website: <a href="https://salinadiocese.org/office/eucharistic-conference-025/">https://salinadiocese.org/office/eucharistic-conference-025/</a>

## **CATHOLIC CHARITIES (cont.)**

**PARISH & COMMUNITY ENGAGEMENT** - It has been a pleasure connecting with parishioners in our service area over the last couple of months! We appreciate your time, interest, and willingness to learn more about our work. We couldn't do this without your support, and we're excited to have you on mission with us! We look forward to visiting with the parishioners of Concordia and Colby in August!

If your parish or group is interested in inviting Catholic Charities staff to share about our programs and services, we would love to meet you! Contact Megan Augustine at maugustine@ccnks.org or 785-833-9380. You can also fill out the online form at <a href="https://www.ccnks.org/parishes">www.ccnks.org/parishes</a>, and Megan will follow up with you.

**BULLETIN & GENERAL INFORMATION** - Feel free to use the information below in your weekly bulletin. We appreciate your help in letting parishioners know about the resources Catholic Charities offers. For any questions about this information, please contact Jeree Hughbanks, Communications Manager, at <a href="mailto:ihughbanks@ccnks.org">ihughbanks@ccnks.org</a> or 785-833-9378.

**GREEN TIE CELEBRATION** - Thank you to everyone who attended and supported the 2025 Catholic Charities Green Tie Celebration. Because of YOU, those facing financial and emotional distress throughout our diocese will have access to critical resources. You bring life to these programs and hope to people in need. Thank you and God bless!

AUGUST OUTREACH SERVICES SCHEDULE - Catholic Charities Outreach Services vans will be bringing boxes of food and hygiene items, as well as diapers, laundry detergent and other necessities to individuals and families in Abilene, Atwood, Belleville, Beloit, Beverly, Chapman, Clay Center, Colby, Concordia, Ellsworth, Herington, Hill City, Hoxie, Junction City, Lincoln, Mankato, Minneapolis, Norton, Oakley, Oberlin, Osborne, Phillipsburg, Plainville, Russell, Smith Center, Solomon, WaKeeney, and Washington. The August Outreach Services schedule is attached. You can also view the full, up-to-date Outreach Services schedule anytime at <a href="https://www.ccnks.org/outreach">www.ccnks.org/outreach</a>

**SAVE THE DATE – 2025 ADOPTION MASS** - Catholic Charities of Northern Kansas invites you to the 2025 Adoption Mass on November 7th at 5:00 PM, celebrated at Sacred Heart Cathedral. This special event is open to all who have been touched by adoption in their lives. November is National Adoption Month, and we gather to honor and celebrate the beautiful journey of building families through adoption. Mark your calendars and join us for this meaningful occasion!

FILL THE FREEZERS - Thanks to generous supporters, Catholic Charities of Northern Kansas has freezers in all three of our offices! We're asking for your help to Fill the Freezers and feed hungry families in our communities. Many of the families we serve struggle to afford meat, making it difficult to prepare balanced meals. By donating processed beef, pork, poultry, or venison, you can help provide nutritious protein to those in need across northern Kansas. Meat donations must be USDA or state-inspected, properly packaged, and labeled. Please call ahead to ensure we have freezer space. Donations can be dropped off at our offices in Salina, Manhattan, or Hays. For questions or to schedule a drop-off, contact Megan Augustine at 785-825-0208. Thank you for helping us feed our neighbors in need!

## **CATHOLIC CHARITIES (cont.)**

**VOLUNTEER OPPORTUNITIES** - Catholic Charities offers a variety of volunteer opportunities where you can make a meaningful impact! Whether you're helping build food and hygiene boxes, assisting at our outreach locations, or supporting our thrift stores in Salina and Hays, your contributions are invaluable. If you're interested in volunteering, please fill out the volunteer form on our website: <a href="https://ccnks.org/volunteer">https://ccnks.org/volunteer</a>.

HELP CATHOLIC CHARITIES HELP OTHERS WITH DILLON'S PICKUP BAGS! Did you know that the bags used for online grocery orders at Dillon's can make a big difference? Catholic Charities recycles them to create hygiene kits for those in need in our communities. Every bag counts! Please consider dropping off your Dillon's Pickup bags at any of our three office locations in Salina, Manhattan, and Hays. Your contribution will directly impact those facing hardship in northern Kansas. Let's work together with Catholic Charities to make a positive change!

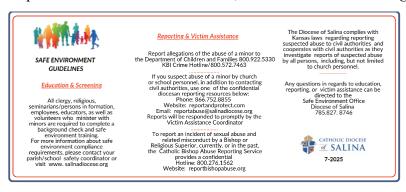
## JOB OPPORTUNITY IN SALINA: Director of Development

Catholic Charities is Hiring a Director of Development: Catholic Charities of Northern Kansas is seeking a Director of Development to lead major gift fundraising and donor engagement across our 31-county service area. This full-time position is based in Salina and focuses on building strong relationships with donors through thoughtful, mission-driven fundraising. The ideal candidate will be passionate about the work of Catholic Charities, skilled in strategic relationship-building, and committed to advancing our mission to serve those in need. To view the full job description and apply, please visit: <a href="www.ccnks.org/careers">www.ccnks.org/careers</a> or contact Megan Robl at <a href="mrobl@ccnks.org">mrobl@ccnks.org</a>.

### **OFFICE OF SAFE ENVIRONMENT**

**SAFETY COORDINATORS**: Safety Coordinators of Schools and Parishes, thank you to those who were able to participate in our July Zoom meetings. They went very well. It was a great way to reconnect with everyone, evangelize, and provide the updated information needed for the approaching academic year. Thank you for all you do as you continue to implement and provide safe environments for the children and adults in your communities.

**BULLETIN INSERT**: All parishes and schools are kindly reminded to place the updated bulletin insert dated 7-25 (see sample below) in their parish bulletins and school newsletters quarterly (July, October, January, April). Then, please email <a href="liz.aguayo@salinadiocese.org">liz.aguayo@salinadiocese.org</a> as the copies will be placed in diocesan files to be reviewed by auditors. Please continue to be faithful to this request as we continue our mission; *Promise to Protect, Pledge to Heal* 



**CARES FOR KIDS MONTHLY NEWSLETTERS**: Attached please find the newsletter *What Would You Do?—Don't Become a Bystander to Abuse* provided by Catholic Mutual. Please use this newsletter as an additional resource as you continue to provide safe environments in your parish and school communities. If you would like these newsletters in Spanish, please contact the Safe Environment Office at 785-827-8746 #124.

**PARISH AND SCHOOL VISITS** – Upcoming visits will be scheduled during October, and November at select locations named during the Summer Zoom Meeting. As soon as the logistics are finalized, the safety coordinators of the parishes and schools participating will be notified. We appreciate your patience. If you have any questions, please contact the Safe Environment Office.

### CATHOLIC FOUNDATION FOR DIOCESE OF SALINA

**SEMINARIAN COLLECTION** will take place August 9-10. Envelopes for this collection should be in the envelope boxes received by each parishioner. Sample bulletin announcement below and QR code for online giving.

Support the Seminarians- We invite you to participate in the annual seminarian collection August 9-10. This vital collection is held in every parish across the diocese and supports the tuition, summer ministry, books, room and boarding expenses of our current seminarians, as well as recruitment of future seminarians. The average annual cost to educate one seminarian is over \$50,000; regardless of size, every contribution makes a significant impact! To make an online gift, please visit: bit.ly/semsofsalina. Or feel free to make a gift via your parish envelopes.



Please process the donations as you normally would and submit the usual parish check to the Chancery. Please keep a record of who gave a gift and the amount given so we can send them a thank you. We ask that you send an excel spreadsheet with the following information to Torrie (torrie.gregg@salinadiocese.org)

- First Name
- Last Name
- Parish
- Dollar Amount

\*New This Year – we will be doing a seminarian appeal mailing to the households in our diocese the week of August 25<sup>th</sup>. This gives everyone the opportunity to learn more about the efforts of our vocations office, the journey of a seminarian and the chance to financially and prayerfully support these men. If you have any questions regarding this mailing, please contact the foundation office- development@salinadiocese.org

**BISHOP'S ANNUAL APPEAL 2025 - Every Gift Makes a Difference!** Congratulations to the 14 parishes that have reached their goal for this year's Bishop's Annual Appeal so far. Many parishes are very close to attaining their goal, and we appreciate everyone's efforts in promoting the appeal.

As a reminder, the Appeal runs throughout the entire year, which means parishioners have the flexibility to give when the time is right for them — whether that's this summer or later in the fall. A few ways you can keep the Appeal front-of-mind in your community:

Use the ready-to-go **bulletin announcements** and **prayers of the faithful** available on our Parish Resource Page - **bit.ly/ParishBAA** 

Update your poster in the gathering space with the latest progress

Encourage giving through **personal stories**, brief **Mass announcements**, or mentions at parish meetings

Let parishioners know that every gift, large or small, makes a difference in supporting our clergy, respect life, faith formation and more

The success of the appeal depends on all of us working together. By using the tools we've provided- even just a brief mention in the bulletin or a few words at Mass – you're helping bring essential ministries to life across our diocese, including your parish.

QR Code and Link for Bulletins, etc.- appeal.givecfds.org



**Received an Appeal Check in Your Offertory?** If you receive a Bishop's Annual Appeal check in your offertory, please forward these as soon as possible to the foundation at PO Box 1696, Salina KS 67402. Timely forwarding helps us ensure donors are thanked quickly for their generosity. Thank you for your assistance!

**MAKE A WILL MONTH -** August is Make-A-Will Month, a perfect time to take action and ensure your legacy. The Catholic Foundation has partnered with My Catholic Will – the only online Catholic will-writing tool available. This partnership allows you to safeguard your faith and give hope to future generations of Catholics in the most meaningful way.

Writing your will on My Catholic Will is simple and stress-free. In as little as 15 minutes without complicated documentation, you can write your will and consider a legacy gift to your parish, Catholic School, ministry, or the diocese. The best part? It's completely **FREE** to use.

To write your will **FREE** of charge, please visit <u>mycatholicwill.com/givecfds</u> and take the first step toward preserving your legacy during Make-A-Will Month!

The Catholic Foundation is here with resources to help your parishioners keep their faith in mind when planning their estate.

Check out the "Estate Planning' section on the Parish Resources page - <a href="mailto:bit.ly/ParishBAA">bit.ly/ParishBAA</a>
Host a free estate planning seminar - contact Corrina Hudsonpillar at 785-639-2100 or <a href="mailto:corrina.hudsonpillar@salinadiocese.org">corrina.hudsonpillar@salinadiocese.org</a> - with questions or obtain information on the content of these seminars.

### **CATHOLIC FOUNDATION FOR DIOCESE OF SALINA (cont.)**

**iGIVECATHOLIC 2025** – Exciting news for 2025! iGiveCatholic is switching from GiveGab to MightyCause for the platform provider. This new platform will be more user-friendly and allow for additional ways to reach and engage with donors! While registration officially opens August 18<sup>th</sup>, we recommend waiting until early September in order to allow complete transition to the new platform and avoid any initial delays or unexpected hiccups. Registering before the transfer is fully complete may result in additional registration and set up tasks. If you have any questions about the sign-up process, please contact Torrie Gregg at torrie.gregg@salinadiocese.org.

Be watching for additional information and training opportunities in the upcoming weeks. Looking forward to another successful campaign!

Saturday November 1<sup>st</sup> – Registration Closes Monday, November 17<sup>th</sup> – Advanced Giving Phase Begins Tuesday, December 2<sup>nd</sup> - #iGiveCatholic on Giving Tuesday Tuesday, December 9<sup>th</sup> – All offline donations must be entered by 11:59pm

## OFFICE OF YOUTH MINISTRY AND RELIGIOUS EDUCATION

**JUNIOR CYO CAMP** - Registrations opened on May 1<sup>st</sup>. The camp will be from August 30<sup>th</sup> to September 1<sup>st</sup> this year and is open to students in 6<sup>th</sup>-8<sup>th</sup> grade for the 2025-2026 school year. Please click here to register and for more information--<u>https://salinadiocese.org/office/office-of-youth-ministry/junior-cyo-camp/</u>

Registration Form Rock Springs Participation Form Salina Diocese Form B Salina Diocese Form C

NCYC 2025 - Final payment (\$200) is due September 1<sup>st</sup>. Check out the website for more information.

**HOLY FIRE** - We have set a date and location for this event. It will be November 1<sup>st</sup> at FHSU. This is for all 6th-8th-grade students (2025-2026 school year).

**SACREDTABLE** - Thanks so much to all who attended. If you are still interested in the resources, please let us know and we will get you signed up.

**2025 EUCHARISTIC CONFERENCE**—This year's conference hosted by the FHSU Comeau Campus Center will also highlight the Jubilee Year of Hope theme for 2025: "Hope Does Not Disappoint." Reflecting on this message, we will be reminded that true hope, rooted in Christ, never falters or fades. Together, we will explore how the Eucharist strengthens us in our journey of hope and trust in God's promises. Please join us on August 9<sup>th</sup> and 10<sup>th</sup>. https://salinadiocese.org/office/eucharistic-conference-2025/

## **OFFICE OF FAMILY LIFE**

**TOGETHER IN HOLINESS (SAVE THE DATE)** - We are excited to welcome the **Together in Holiness** initiative from the St. John Paul II Foundation to our diocese! This inspiring marriage enrichment program offers couples a meaningful opportunity to grow together in holiness and to embrace their vocation to family life. Rooted in the beauty of the Catholic vision for marriage, *Together in Holiness* is more than a single event—it is a movement that supports couples in living out their faith, empowers parents as the primary evangelizers of their children, and helps build vibrant communities of faith-filled families across our parishes.

At the heart of this initiative is the one-day **Together in Holiness Conference**, a grace-filled experience designed with busy families in mind. Featuring dynamic Catholic speakers, time for prayer and reflection, the sacraments, and even on-site childcare, the conference offers couples a rare and valuable opportunity to step away from the demands of daily life, encounter Christ together, and be renewed in their sacred vocation. We are confident that this day of formation and fellowship will bear lasting fruit in the lives of couples and the life of our diocese.

More details to come, but save the date—Saturday, April 18th, IHM Parish (Hays)

**SACREDTABLE** - Thanks so much to all who attended. If you are still interested in the resources, please let us know and we will get you signed up.

**ENGAGED ENCOUNTER -** These are the upcoming EE weekends. Note the team has canceled the June 2025 date.

Sept 12-14, 2025 Feb. 6-8, 2026 Apr 24-26, 2026 June 5-7, 2026

## September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Labor Day Chancery Closed CYO Camp	2	3	4	5	6
<b>7</b> Grandparents Day	8 Priest's Council, Wichita	Priests Spiritual Renewal Day, SLC, Wichita, Sept. 8- 11	10	11	Homecoming- TMP/Marian, Hays Parade & Game, 5:30pm	Confirmation, Leoville & Oberlin at Leoville, 6pm Divine Mercy Radio Banquet, Hays, 6pm
14 Confirmation, Hoxie, 10am Mass, Holy Cross Charities, 3pm Divine Mercy Radio Banquet, Salina, 6pm	15	16	17	18 Finance Council, 4pm	19	20
21	22 2025 Mission Bishop's Conf., Chicago, Sept. 22-24	23	24	25	26 Deacon Retreat, Sept. 26-28, SLC, Wichita	27 FHSU Homecoming OFM Capuchins Brown Robe event, 5pm
28 World Day of Migrants and Refugees	29	30				

## Catholic Charities Outreach Services

## **August 2025 Schedule**

Families who qualify can receive a large box of food, hygiene items, diapers and wipes, and other supplies and services as needed. All are welcome!

**Tuesday** 

8/5

Osborne - St. Aloysius Catholic Church

10:30am - 11:30am

Wednesday

8/6

Junction City - JC Naz Church
Phillipsburg - St. Philip & James
Smith Center - St. Mary's Catholic Church
Norton - St. Francis of Assisi Catholic Church
Herington - St. John Catholic Church
Hill City - Immaculate Heart of Mary
Solomon - Immaculate Conception Church

9:00am - 10:00am 10:00am - 11:00am 10:30am - 11:30am 12:00pm - 1:00pm 1:00pm - 2:00pm 2:00pm - 3:00pm 3:00pm - 4:00pm

Wednesday

8/13

Washington - St. Augustine Parish
Colby - Knights of Columbus
Ellsworth - St. Bernard Catholic Church
Mankato - St. Theresa Catholic Church
Oakley - St. Joseph Catholic Church
Lincoln - Lincoln County Health Department
WaKeeney - Christ the King Church

9:30am - 10:30am 10:00am - 11:00am 11:30am - 12:30pm 12:00pm - 1:00pm 12:00pm - 1:00pm 1:30pm - 2:30pm 2:30pm - 3:30pm

Wednesday

8/20

Abilene - St. Andrew Parish
Beloit - St. John the Baptist Church
Atwood - Sacred Heart Catholic Church
Oberlin - Gateway Civic Center
Clay Center - St. Peter & Paul Parish
Concordia - Our Lady of Perpetual Help
Hoxie - St. Frances Catholic Church

9:30am - 10:30am 10:00am - 11:00am 10:30am - 11:30 am 12:30pm - 1:30pm 1:00pm - 2:00pm 1:30pm - 2:30pm 2:30pm - 3:30pm

Wednesday

8/27

**Chapman** - St. Michael Catholic Church **Russell** - St. Mary Queen of Angels Church **Minneapolis** - 200 Block of N. Sheridan St.

**Beverly** - City Office of Beverly **Belleville** - St. Edward Parish

Any cancellations due to inclement

day before the scheduled outreach.

weather will be announced by 4 p.m. the

Plainville - Sacred Heart Catholic Church

9:00am - 10:00am 9:00am - 10:00am

9:30am - 10:15am

10:45am - 11:15am

1:00pm - 2:00pm

1:00pm - 2:00pm







## Fill the FREEZERS

We have freezers in all three Catholic Charities offices—but they're *empty!* 

We need your help to fill them!

By donating meat, you can provide nutritious protein to families in need across northern Kansas.



## **HOW TO DONATE MEAT:**

1

## **CALL AHEAD**

Call ahead to ensure we have freezer space.

2

### WHAT WE ACCEPT

We accept **beef**, **pork**, **poultry**, **or venison** (must be USDA or state-inspected).

3

## **PROPER PACKAGING**

Meat must be **properly packaged and labeled** for food safety.

4

## **DROP-OFF LOCATIONS**

Bring donations to our **Salina**, **Manhattan**, **or Hays** offices.

## HELP FEED HUNGRY FAMILIES

(V)

**Provide nutritious meals** to families receiving our food boxes who can't afford meat, making balanced meals difficult.

**Ease financial struggles** for those forced to choose between essentials like rent and protein-rich food.

(V)

**Support local families** across northern Kansas by ensuring they have access to quality meat.

HAVE QUESTIONS OR NEED MORE INFORMATION?
CONTACT JESSICA ALLEN OR MEGAN AUGUSTINE AT:



785-825-0208



maugustine@ccnks.org



# DONATE YOUR PICKUP BAGS!

Got extra Dillon's Pickup bags lying around? Catholic Charities would love to take them off your hands! We use these bags to create hygiene kits for those in need in Northern Kansas.

Drop off bags at the office nearest you!

Salina: 1500 S. 9th St.

Manhattan: 212 S. 4th St. Hays: 1011 Centennial Blvd.



## SHOPPING LIST



PANTRY ITEMS					
□ Cereal	☐ Instant Oatmeal				
Pancake Mix	☐ Granola Bars				
☐ Peanut Butter	☐ Jelly				
☐ Instant Potatoes	🗆 Tuna Helper				
☐ Macaroni + Cheese	□ Spaghetti' noodles				
☐ Spaghetti Sauce	Ramen Noodles				
☐ Canned Soup	☐ Canned Vegetables				
☐ Jello Packets	☐ Pudding Packets				
Canned Fruit	□ Canned Tuna				
☐ Saltine Crackers	☐ Jiffy Cornbread Mix				
HOUSEHOLD ITEMS					
☐ Full-Sized Shampoo	☐ Full-Sized Body Wash				
□ Bar Soap	☐ Twin-Blade Razors				
□ Deodorant	☐ Full-Sized Lotion				
☐ Toothpaste	☐ Tampons/Pads				
☐ Toilet Paper	□ Kleenex Boxes				
☐ Laundry Detergent	☐ <u>Multi-Purpose</u> Wipes				
☐ Liquid Dish Soap	☐ Diapers (Size 4-6)				
Baby Wipes	Diaper Rash Cream				

Thank you for providing HOPE to our neighbors in need!

## Catholic Mutual...CARES for Kids

## What Would You Do? – Don't Become a Bystander to Abuse

- Have you ever held back and not intervened when someone is getting picked on or bullied?
- Have you felt uncomfortable after someone used a derogatory term, but did not confront them about their language?
- Have you intentionally walked past a person in need?
- If you heard an alarming sound (shouting, fighting, distress, etc.) from next door, would you mind your own business and not alert the authorities?
- If you witnessed inappropriate behavior between a minor and an adult, would you ignore this interaction?
- Have you noticed frequent bruises on an individual, but never asked where they came from?

## Bystander Effect

Did you answer yes to any of the above prompts? If so, you have been a bystander. A bystander is an individual who is present at an event or incident, but does not partake in the activities. Since the 1960's, psychologists have studied this phenomena known as the bystander effect, where in situations of emergencies there is a decreased likelihood a person would intervene if others are present. This is due to the diffusion of responsibility, where an individual determines that they do not have to react because they believe someone else will.

Witnesses come forward after the fact with excuses such as: "It's not my problem;" "It's none of my business;" "I don't have the time;" "I thought someone else would have helped;" or "I didn't know what to do." Nevertheless, people have played the role of a bystander since the beginning of time. Historical instances of this include the Holocaust, relocation of American Indians, mistreatment of African Americans, to highly public rapes or murders that have gone unreported. One of the very first examples of a bystander can be observed in the Bible in *The Parable of the Good Samaritan*. Loving ones neighbor as yourself and being compassionate are the building blocks to becoming an active bystander.

## Being an Active Bystander

Each year in the United States, there are over 300,000 victims of rape and sexual assault that are over the age of 12. The majority of these targets know their assailants and a bystander may be present at 70% of the assaults. In an emergency, if there are four or more people present, only 31% of onlookers will help. However, when you are alone, there is an 85% chance that you will provide assistance in an emergency. When in an emergency, instead of evaluating how to help people, many first begin to evaluate how others are responding.

It is key to know the steps to show that you **CARE** as an active bystander. To be an active bystander, you can **C**reate a distraction to give the person at risk a chance to get to safety. You can also **A**sk the person directly if they are in trouble. If you are unsure, you can always **R**efer the situation to a security guard or the authorities. It is always best to **E**nlist others, as there is power in numbers and then you would not need to address the situation alone.

Your actions matter. You have the power to show others that you CARE. These actions can have an impact on preventing the violence from even taking place.

### References

Bystander Basics - NOMORE.org: Together we can end domestic violence and sexual assault. (2016, February 6). Retrieved February 5, 2020, from https://nomore.org/bystander-basics/

Bystander Effect: What Is It and What You Can Do About It. (n.d.). Retrieved February 5, 2020, from https://www.healthline.com/health/bystander-effect

Bystander Intervention. (n.d.). Retrieved February 5, 2020, from https://www.d2l.org/education/additional-training/bystander-intervention/

Frater, J. (2014, June 17). 10 Notorious Cases of the Bystander Effect. Retrieved February 5, 2020, from https://listverse.com/2009/11/02/10-notorious-cases-of-the-bystander-effect/

Gaille, B. (2017, May 23). 17 Exceptional Bystander Effect Statistics. Retrieved February 5, 2020, from https://brandongaille.com/16-exceptional-bystander-effect-statistics/

Graves, D. (2019, June 5). A Better Bystander. Retrieved February 5, 2020, from https://stopthehurt.org/bystander-intervention/

Marsh, J., Marsh, J., Keltner, D., Keltner, D., Marsh, J., ... UC Berkeley. (n.d.). We Are All Bystanders. Retrieved February 5, 2020, from https://greatergood.berkeley.edu/article/item/we\_are\_all\_bystanders

Your Role in Preventing Sexual Assault. (n.d.). Retrieved February 5, 2020, from https://www.rainn.org/articles/your-role-preventing-sexual-assault