

From the Diocese



It's the start of the Confirmation season, and those getting confirmed write me a letter on why they want to receive the Sacrament of Confirmation. Recently, several letters from one of our parishes wrote how much the National Catholic Youth Conference impacted their lives. What made the biggest impression on them was Eucharistic Adoration. In fact, one of them mentioned that before NCYC they didn't have a desire to go to Church and rarely attended. After NCYC, this high school student said they are all in.

Our diocese is beginning a spiritual campaign on Ash Wednesday with the hope that more people will partake in Eucharistic Adoration at our parishes. Spending time with Jesus in prayer can and will change our lives. It's what our restless heart really longs for. It all starts with Jesus' love for you and his desire to be with you. As Jesus

said, "Come to me, and I will give you rest." St. Augustine reminded us that "our hearts are restless until they rest in thee."

Please give Eucharistic Adoration a try during this Lenten season. We often give things up for Lent. The goal of giving up something that doesn't fulfill us is to then fill our hearts with something that does fill our hearts—Jesus. Please don't be afraid. Jesus is waiting for you and me.

On another note, I ask for your prayers. I am the chair for the subcommittee for the Church in Central and Eastern Europe of the United States Conference of Catholic Bishops. This month, I am going to the Ukraine. Please pray that I can be a beacon of light and peace to those who have experienced war, loss, and tragedy. Thank you.

May you have a blessed Lenten season.

+ Gerald L. Vincke

Gerald L. Vincke,
Bishop of the Salina Diocese

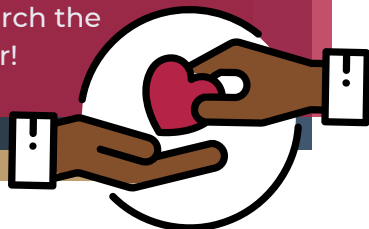
NEIGHBORS NEAR & NEIGHBORS FAR:

CRS - Rice Bowl

Your donation to CRS Rice Bowl helps provide lifesaving support to more than 200 million people in more than 120 countries. 25% of every donation stays in the diocese to help fight hunger & poverty in the places near to us!

To Give:

Anytime during Lent, grab a Rice Bowl from your local parish. Bring it back to your church the week after Easter!



—Upcoming Events—

<p>— 3/1</p> <p>St. Andrew's Parish School Auction</p> <p>Abilene, 6 p.m.</p>	<p>— 3/17</p> <p>St. Patrick's Day</p>
<p>— 3/5</p> <p>Ash Wednesday</p> <p>Easter, 4/20</p>	<p>— 3/22</p> <p>St. John's School Auction</p> <p>Beloit, 4 p.m.</p>
<p>— 3/9</p> <p>Rite of Election</p> <p>Hays, 3 p.m.</p>	<p>— 3/25</p> <p>Feast of the Annunciation Lenten Pilgrimage</p>
<p>— 3/16</p> <p>Rite of Election</p> <p>Salina, 3 p.m.</p>	<p>— 3/28-29</p> <p>Evangelization Conference</p> <p>Sacred Heart, Colby</p>

Together, let us be disciples of Jesus on mission!

Noah and the Flood

Near the beginning of the Bible, we hear a story about a great flood that covered the whole earth. Noah trusted God and built an ark for his family and many animals. The flood lasted 40 days and 40 nights. It prepared the Earth for God's people.



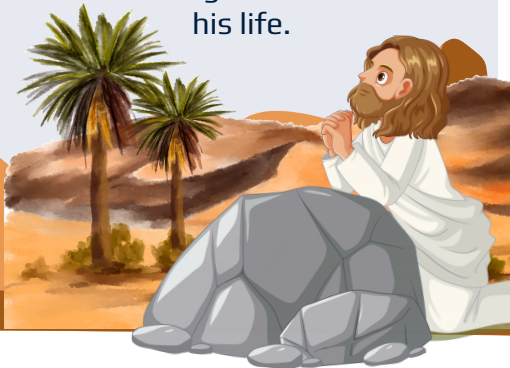
Moses in the Desert

After Noah and Abraham, God put a guy named Moses in charge of leading His people. God promised His people land filled with things they needed, but the people Moses sent to see it came back fearful. God's people lost their trust and ended up wandering around a desert for 40 years!



Jesus in the Desert

After his baptism, Jesus ended up in a desert for 40 days (40... just like Noah and Moses!) Satan tempted him in many ways, and Jesus did not have much food to eat or water to drink, but he knew this was his time to prepare for the hard things to come later in his life.



Lent Today!

Like the 40 days of the flood, the 40 years Moses spent in the desert, and the 40 days Jesus spent in the desert, we have 40 days of **Lent** to train and prepare for what is coming next. During these 40 days before Easter, people try to give up certain things (**fasting**), give more to others (**almsgiving**), and strengthen their relationship with God (**prayer**). We call these things **pillars** of Lent.

Pillars of Lent



PRAYER



ALMSGIVING



FASTING



This Lent...

What will you do this Lent? Cut this out and keep it for the next 40 days. It may help you remember your plan! You can also write them on a piece of paper if you need more room!

praying:

ex: For my Family/Friends, Our Father before Bed, For Pope Francis & People who are Sick, For More Peace, Go to Adoration

giving:

ex: Hugging Friends More, Donating Money to People in Need, Helping Clean the House, Smiling at People More

fasting:

ex: From Candy, From Arguing with My Siblings, From TV, From Soda, From Complaining too Much