



SDNB

Salina Diocesan News Bulletin

Volume 525

November 2024

OFFICE OF THE BISHOP

ALL SAINTS DAY is Friday, November 1. The Chancery office will be closed.

NATIONAL VOCATION AWARENESS WEEK is November 3-9. This annual event is a special time to actively foster and pray for a culture of vocations to the priesthood, diaconate and religious life. Some resources to celebrate the week are available from the USCCB at <https://www.usccb.org/committees/clergy-consecrated-life-vocations/national-vocationawareness-week>

MEMORIAL MASS FOR DECEASED PRIESTS is scheduled for 12:00 P.M. November 7 at Sacred Heart Cathedral in Salina. Priests wishing to concelebrate are asked to arrive by 11:40 A.M. The reading of the names of those deceased begins at noon, followed by Mass.

NOVEMBER IS NATIONAL ADOPTION MONTH. The Annual Adoption Mass is scheduled for Friday, November 8 at 5 P.M. at Sacred Heart Cathedral in Salina. Please see the Catholic Charities section for additional information.

iGIVECATHOLIC ADVANCED GIVING begins on Monday, November 18, with Giving Tuesday on Dec. 3rd. Thank you for taking advantage of this opportunity to show your support of our diocese, Catholic schools, and parishes.

THANKSGIVING DAY is November 28. The Chancery office is closed November 28th & 29th.

FIRST SUNDAY OF ADVENT is December 1.

HUMAN TRAFFICKING inserts for the bulletin are below:

NOVEMBER – Give thanks that there are resources to educate us about the evils of modern-day slavery (human trafficking). Take advantage of the sources and raise your awareness of the plight of persons being bought and sold. **Alliance to End Human Trafficking**-Founded and Supported by **US Catholic Sisters 7575 Grand River Ave.1-1009, Brighton, MI 48114.**

OFFICE OF THE BISHOP (cont.)

NOVIEMBRE – Demos gracias porque hay recursos para educarnos sobre los males de la actualidad como la esclavitud (trata de personas). Aprovecha las fuentes y concientízate sobre la difícil situación de las personas que son compradas y vendidas. **La alianza para poner fin a la trata de personas: fundada y apoyada por hermanas católicas de los EE. UU. 7575 Grand River Ave.1-1009, Brighton, MI 48114**

THÁNG MƯỜI MỘT – Dâng lời cảm tạ vì có các tài nguyên để giáo dục chúng ta về sự ác độc của nạn nô lệ hiện đại ngày nay (nạn buôn người). Tận dụng các nguồn và nâng cao ý thức về hoàn cảnh khốn đốn của những người bị mua bán. **Liên Kết để Chấm Dứt Nạn Buôn Người** – Do các Nữ Tu Công Giáo Hoa Kỳ thành lập và nâng đỡ. **7575 Grand River Ave. 1-1009, Brighton, MI 48114.**

OFFICE OF THE CHANCELLOR

SOLEMNITY OF THE IMMACULATE CONCEPTION – HOLY DAY OF OBLIGATION

Please be aware that the Solemnity of the Immaculate Conception, ordinarily on December 8, is moved to Monday December 9, but unlike other Holy Days that are transferred to Monday, the Obligation to attend Mass remains. Please make the appropriate arrangements in your parishes and do your best to notify parishioners in a timely manner.

PARISH INFORMATION DATA FORM - As of October 28, 2024, only 12 locations had submitted the annual Parish Information Data for use by the various diocesan offices. A special thank you to those parishes who have submitted the information. If you *do not see* your parish listed below, please complete the online form ASAP.

<https://salinadiocese.typeform.com/to/O4AMPVzl>

Grinnell - Immaculate Conception Parish
Lincoln - St. Patrick Parish
Hill City - Immaculate Heart of Mary Parish
WaKeeney - Christ the King Parish
Collyer - St. Michael Parish
New Almelo - St. Joseph Parish

Washington - St. Augustine Parish
Herndon - Assumption of Mary Parish
Atwood - Sacred Heart Parish
Hays - Comeau Catholic Campus Center
Salina - St. Elizabeth Ann Seton Parish
Munjoy - St. Francis of Assisi Parish

OFFICIAL CATHOLIC DIRECTORY - The deadline to submit information for the Official Catholic Directory is November 8. Each parish has a contact that should have received an email from The Official Catholic Directory <ocdedits@nrpdirect.com> on October 2 and a reminder email on October 15, with instructions on how to update the information. The Official Catholic Directory is how parishes and institutions are classified as tax-exempt under the IRS/USCCB Group Ruling. If your information is not accurate, it could potentially jeopardize your tax-exempt status. If you did not receive any of the two previous emails, please contact Corey Lyon at corey.lyon@salinadiocese.org as soon as possible!

OFFICE OF THE CHANCELLOR (cont.)

ACTS XXIX - THE ADVENT OF RESCUE - The Bishop has asked every parish in the Diocese of Salina to participate in The Advent of Rescue, based on *The Rescue Project* by ACTS XXIX. Each priest and deacon will receive a complimentary copy of the Advent guide. The books are also available for purchase by parishes to distribute to parishioners. The cost to the parishes will be ~ \$2 per copy. Please place your order parish order using the link below before November 8. Orders received after that date will not be accepted.

<https://salinadiocese.typeform.com/to/W0eNrv0Q>

OFFICE OF VOCATIONS

FALL 2024 SEMINARY VISITS:

October 31-Nov 2 - Kenrick Seminary, St. Louis

November 8 - Conception Seminary, NW Missouri

November 22 - St. Joseph House of Formation, Wichita

December 5-7 - St. John Vianney Seminary, Denver

RUNNIN' REVS basketball game will be held in Salina on December 27th at 6:00 P.M.

QUO VADIS (open to men High School Juniors through 30 years of age) is December 29-31 at the Spiritual Life Center in Wichita, KS.

DEACON ORDINATION DATE for Luke Friess is April 26, 2025.

PRIESTLY ORDINATION DATE for Deacons Jesse Ochs, Kade Megaffin and Adam Urban will be May 31, 2025.

VOCATIONS OFFICE contact information:

Fr. Andy Hammeke 785-656-3747

Fr. Brian McCaffrey 785-236-0462

OFFICE OF COMMUNICATIONS

COMMUNICATIONS DEADLINES - The deadline to submit content for the November paper was Oct. 25 (in homes Nov. 22). December's content deadline is Dec. 6 (in homes Dec. 27). January's content deadline is Jan. 3. (in homes Jan. 24)



You can contact the editor, Lori Leiszler, at 785.827.8746 x114 or by email:

lori.leiszler@salinadiocese.org or theregister@salinadiocese.org

OFFICE OF SAFE ENVIRONMENT

REQUIRED FORMS - Safety coordinators of parishes and schools, if you have not emailed your Commitment Checklist, Ministry Inventory Form, CMG Verification Form, and CMG excel printout to the Safe Environment Office, please do so as soon as possible so these can be verified and filed.

BULLETIN ANNOUNCEMENT- Please continue to be faithful and insert the “How to Report the Abuse of Minors” announcement, in its entirety (see sample below dated 7-24) in your parish bulletins and school newsletters/websites and email a copy to the Safe Environment Office for filing. This request is for both parishes and schools. Thank you for your continued support.

 <p>CATHOLIC DIOCESE of SALINA</p> <p>SAFE ENVIRONMENT GUIDELINES</p> <p>Education & Screening All clergy, religious, seminarians/persons in formation, employees, educators, as well as volunteers who minister with minors are required to complete a background check and safe environment training. For more information about safe environment compliance requirements, please contact your parish/school safety coordinator or visit www.salinadiocese.org</p>	<p>Reporting & Victim Assistance</p> <p>Report allegations of the abuse of a minor to the Department of Children and Families 800.922.5330 KBI Crime Hotline/800.572.7463</p> <p>.....</p> <p>If you suspect abuse of a minor by church or school personnel, in addition to contacting civil authorities, use one of the confidential diocesan reporting resources below: Phone: 866.752.8855 Website: reportandprotect.com Email: reportabuse@salinadiocese.org Reports will be responded to promptly by the Victim Assistance Coordinator</p> <p>.....</p> <p>To report an incident of sexual abuse and related misconduct by a Bishop or Religious Superior, currently, or in the past, the Catholic Bishop Abuse Reporting Service provides a confidential Hotline: 800.276.1562 Website: reportbishopabuse.org</p>	<p>The Diocese of Salina complies with Kansas laws regarding reporting suspected abuse to civil authorities and cooperates with civil authorities as they investigate reports of suspected abuse by all persons, including, but not limited to church personnel.</p> <p>.....</p> <p>Any questions in regards to education, reporting, or victim assistance can be directed to the Safe Environment Office Diocese of Salina 785.827.8746</p>  <p>7-2024</p>
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SHOUT – OUTS: During the month of October, we recognized Keely Meinke. Keely is a new addition to the Safety Coordinator Team in the diocese. Keely’s attention to detail, excellent communication skills, fortitude, dedication and hard work are what stand out the most as she implements all elements of the Safe Environment Program at St. Edward’s in Belleville. Thank you for all your hard work, Keely.

CARES FOR KIDS MONTHLY NEWSLETTER: Attached please find the newsletter “Challenges Parents Face to Ensure a Safe Environment” provided by Catholic Mutual. Please use this newsletter as an additional resource as you continue to provide safe environments in your parish and school communities. If you would like these newsletters in Spanish, please contact the Safe Environment Office at 785-827-8746 #124.

CATHOLIC FOUNDATION FOR DIOCESE OF SALINA

YEAR-END GIFTS - It is never too early to put something in your bulletins promoting year-end giving. Nearly one third of charitable giving happens in the last quarter of the year. Let your parishioners know that they can support your parish, school, Bishop’s Annual Appeal, or other Catholic ministry through these year-end gifts. If you need any assistance, please contact Heather Hartman at 785-738-7336 or heather.hartman@salinadiocese.org

CATHOLIC FOUNDATION FOR DIOCESE OF SALINA (cont.)

PARISHIONER LIST - Be on the lookout for an email with the parishioner list for your parish from our database. **Please review and return the updated list to torrie.gregg@salinadiocese.org by November 25th, 2024.**

Please compare our spreadsheet with your records and make any necessary changes directly on the provided spreadsheet. Note any changes in the appropriate column and highlight names that need to be changed or removed from your list of registered parishioners. Please do not delete anyone. If a parishioner should be removed, make a note of the reason (e.g., moved out of state, changed parish registration, deceased, etc.).

As always, please continue to add parishioner emails and updates as you receive them. We are especially focused on including email addresses in parishioner records so that they receive the monthly e-news from Bishop Vincke.

Thank you for your help in keeping our parish and parishioner records accurate! We truly appreciate your assistance. If you have any questions, please don't hesitate to reach out.

COLLEGE SCHOLARSHIPS - Great news for students in the Diocese of Salina! There are three scholarship opportunities available for the 2025-2026 school year. The application process is online and opens on **Nov. 1, 2024**. Students are encouraged to apply by **March 1st, 2025** at givecfd.org/scholarships.

- **Monsignor Clement A. Kruse Scholarship** - Applicant must be an active registered member of a Catholic parish in the Diocese of Salina. These scholarships are approximately \$500.
- **Marymount Memorial Educational Trust Scholarship** - Applicant must be attending an accredited Catholic College as a full-time student and an active registered member of a Catholic parish in the Diocese of Salina. These scholarships vary but ranged from \$1,000-\$3,000.
- **Susie Deges Scholarship** - This scholarship is specifically for high school seniors in the diocese who are active in their local CYO (Catholic Youth Organization). This scholarship is \$1,000.

iGIVECATHOLIC 2024 – We are excited to participate in this year's #iGiveCatholic on Tuesday December 3rd! This annual day of giving is a wonderful opportunity to rally our communities in support of the vital work being done throughout our diocese.

Important Dates:

- Last Day to Register – November 1st!
- Advanced Giving: November 18 - December 2, 2024
- #iGiveCatholic Giving Day: December 3, 2024

We understand that preparing for a fundraising event can feel overwhelming, but we are here to support you every step of the way. Our team will provide you with a range of resources to make the process as smooth and successful as possible. This includes a "how-to" manual, bulletin inserts, flyers, and social media announcements. If you have any questions or need assistance, please don't hesitate to reach out to Torrie Gregg – torrie.gregg@salinadiocese.org.

CATHOLIC FOUNDATION FOR DIOCESE OF SALINA (cont.)

SEMINARIAN COLLECTION - The annual seminarian collection took place August 10-11. Please process the donations as you normally would and submit the usual parish check to the Chancery. Please keep a record of who gave a gift and the amount given so we can send them a thank you. We ask that you send an excel spreadsheet with the following information to Torrie (torrie.gregg@salinadiocese.org)

- First Name
- Last Name
- Parish
- Dollar Amount

WHAT IS A CATHOLIC LEGACY? – A Catholic legacy is the spiritual (our values and our Catholic Faith) and material (valuables we leave behind) impact we leave on the world.

Why should we talk about it?

- There is a spiritual need to give. It is important to reflect on the many ways God has blessed us. When we reflect, we grow in gratitude and generosity, which is critical to our Faith.
- Our parishes, schools, ministries, and diocese **need** it. Parishes are often overlooked when preparing wills.
 - 90% of planned giving (gifts made at a future date) is done by bequests – gifts in a will.
 - Parishes receive only 9% of bequests
 - Over 60% of Americans do not have an executable will.

What can YOU do in your parishes?

- Host a **FREE** Estate Planning Seminar – Creating Your Catholic Legacy. The foundation provides these FREE educational seminars to encourage your parishioners to learn more about the importance of getting your affairs in order as well as provide information on the variety of ways to create a legacy of faith.
- Encourage your parishioners to complete a FREE Catholic Will. To write your will **FREE** of charge, please visit mycatholicwill.com/givecfds and take the first step toward preserving your legacy!
- Contact the Catholic Foundation for resources, tools, and more to help encourage and educate your parishioners. This can be done through bulletin announcements, brochures, social media posts, etc. – we are here to help provide this ministry!

If your parish would like more information on hosting a free seminar or have any questions, please contact Corrina Hudsonpillar at 785-639-2100 or corrina.hudsonpillar@salinadiocese.org

NEW FOUNDATION WEBSITE! If you haven't had a chance yet to visit the new website for the foundation, please do so! This revamped site is designed to provide easier access to information about our mission, initiatives, and how you can support the work we do for our faith community.

We invite you to visit our new website at givecfds.org (and bookmark it!). You can also find it via salinadiocese.org – under “offices”. We look forward to your feedback and hope you find the new website enriching and informative.

OFFICE OF EDUCATION

TEACHERS' INSTITUTE – All Catholic school teachers will meet in Salina on November 8 for a day of spiritual development. Teachers will hear from presenters from the Evangelium Institute about faith formation, including the Seven Themes of Catholic Social Teaching. Teachers will also come together for Mass with Bishop Vincke. Schools are also participating in a service project with Catholic Charities where they are collecting diapers.

BOXES OF JOY – For the second consecutive year, schools and parishes are participating in Cross Catholic Outreach's service project, Boxes of Joy. Parishioners and students from the Salina Diocese will be sending over 1,000 boxes of Christmas presents to children in need.

TAX CREDIT SCHOLARSHIP – Support Catholic Education in the Salina Diocese and receive a 75% State Tax Credit! The Scholarship Granting Fund for the Catholic Diocese of Salina is accepting donations and is able to offer a 75% tax credit. Please email Heather Hartman, Director of Development for the Catholic Foundation heather.hartman@salinadiocese.org. For the 24-25 school year, over \$137,000 will be awarded to [schools for 102](#) students in the Salina Diocese. These funds go directly to help with the cost of education for the qualifying student.

Example - Bob has an upcoming 2024 KS State Income tax obligation of \$750. To fulfill this obligation, he can EITHER:

1. *Write a check to the KS Dept of Revenue in the amount of \$750 or*
2. *Write a check to the Scholarship Granting Fund for the Diocese of Salina for \$1,000, receive a "KS Tax Credit Certificate" to fulfill 100% of Bob's 2024 KS Income Tax obligation.*

****ANY individual income taxpayer, corporate income taxpayer, privilege taxpayer or insurance premium taxpayers are eligible for the tax credit****

Please consult your tax advisor to see if this is right for you.

OFFICE OF FAMILY LIFE

ANNUAL ANNIVERSARY MASSES - We will recognize couples celebrating their 1st anniversary or any anniversary ending with a 5 or 0, with a Mass celebrated by Bishop Vincke on November 3rd in Salina at St. Elizabeth Ann Seton Parish. Registration and event details will be available on our website or by clicking the links below.

Hays (Already Done)

Salina -- <https://salinadiocese.org/events/anniversary-mass-salina/>

3rd ANNUAL ADVENT FAMILY CHALLENGE - We will have our third annual Advent Family Challenge. Please make sure you are keeping an eye on our website and social media for more information. We appreciate all your help promoting this to your parish's families!

<https://salinadiocese.org/office/family-life/advent-family-challenge/>

- 1) Pick one night a week during Advent for a family night. Clear your schedule, put the phones in the other room, turn off the TV, make and share a meal together, and then play a game as a family or watch something together on formed.org.

OFFICE OF FAMILY LIFE (cont.)

- 2) Pray the Novena for Marriage and Families with us. Each day (December 20th – December 28th), we will send out the daily prayer through social media and on our website so your family can join families all over our diocese praying together for marriages and families.
- 3) Go to Mass together as a family on the Feast of the Holy Family (December 29th)

ENGAGED ENCOUNTER - The Engaged Encounter Team has put together their 2024-2025 dates. We are so grateful to this incredible team and all they do for our diocese's engaged couples!

February 7-9, 2025

April 4-6, 2025

June 6-9, 2025

OFFICE OF RELIGIOUS EDUCATION AND YOUTH MINISTRY

CYO CONVENTION - November 9th and 10th, Salina - Click this link to register and for all the information on the CYO Convention. <https://salinadiocese.org/office/office-of-youth-ministry/cyo-convention/>

CYO ADVENT RETREATS - December 15th, Salina & Hays

We will be hosting an Advent retreat in December for our high school students. The locations for the retreats will be Hays and Salina. Please check out our website for more information.

<https://salinadiocese.org/office/office-of-youth-ministry/apply/>

NCYC 2025 - We have now begun the process of signing up for NCYC. Please see our website for all the information you need to start that process in your parish.

<https://salinadiocese.org/office/office-of-youth-ministry/ncyc/>

CATHOLIC CHARITIES

NOVEMBER OUTREACH SERVICES SCHEDULE - Catholic Charities Outreach Services vans will be bringing boxes of food and hygiene items, as well as diapers, laundry detergent and other necessities to individuals and families in Abilene, Atwood, Belleville, Beloit, Beverly, Chapman, Clay Center, Concordia, Ellsworth, Herington, Hill City, Hoxie, Junction City, Lincoln, Mankato, Minneapolis, Norton, Oakley, Oberlin, Osborne, Phillipsburg, Plainville, Russell, Smith Center, WaKeeney, and Washington. The November Outreach Services schedule is attached. You can also view the full, up-to-date Outreach Services schedule anytime at www.ccnks.org/outreach.

UPCOMING EVENTS:

Adopt-a-Family 2024 - Our Christmas assistance program, Adopt-a-Family, is underway. Families in need of Christmas assistance will be matched with a sponsor by our Catholic Charities staff. If you are interested in sponsoring a family, please sign up online before November 6th. To learn more and sign up, go to <https://ccnks.org/adoptafamily>. If you know someone who needs assistance this Christmas, more information can be found at <https://ccnks.org/christmas-assistance>.

2024 Igniting Hope Annual Campaign - The 2024 Catholic Charities Igniting Hope Annual Campaign weekend took place October 26-27 across parishes throughout the diocese. This campaign helps to provide compassionate care for individuals and families across the Salina Diocese. YOU make this mission possible! It is not too late to donate! If you have not yet contributed, you can mail a check or donate online at <https://ccnks.org/ignitinghope>. Thank you to the parishes for sharing our information! We couldn't do it without YOU!

2024 Adoption Mass - November is National Adoption Month, and we gather to honor and celebrate the beautiful journey of building families through adoption. Catholic Charities of Northern Kansas invites you to the 2024 Adoption Mass on November 8th at 5:00 PM, celebrated at Sacred Heart Cathedral with Catholic Charities Ambassador, Fr. John Schmeidler. Following the Mass, we will have a soup supper reception in the Hall of Bishops. This special event is open to all who have been touched by adoption in their lives. Everyone is welcome to attend!

Happy Bottoms Diaper Drive - Happy Bottoms Diaper Drive is a wonderful collaboration with the Salina Diocese Catholic Schools and Catholic Charities of Northern Kansas! Throughout October, participating Catholic Schools across the diocese are collecting boxes of diapers for babies and families in need throughout northern Kansas. On November 8th, all collected diapers will be delivered to our Catholic Charities offices in Salina, Hays, and Manhattan, where they will be distributed to families in need across 31 counties in northern Kansas. For more details, please reach out to Geoff Andrews in the Catholic Schools office at the chancery. Don't forget to check with your school for specific collection dates!

Save the Date: New Hays Office Grand Opening - Mark your calendars for the Grand Opening and Ribbon Cutting of our new Hays office and Thrift Store on February 14, 2025 at 9A.M. Stay tuned for more details!

GENERAL INFORMATION:

Parish Email Newsletter - We are excited to share we have started an Email Newsletter that will go out to all parishes and pastors each month. In this newsletter, you'll find valuable information to share in your parish bulletins and on social media. If you have any questions or want to make sure you are on the list to receive the Parish Email Newsletter, please contact Megan Augustine, Development and Parish Relations Manager, at 785-833-9380 or maugustine@ccnks.org

Parish & Community Outreach Website - Exciting things are coming! Soon, you'll find a dedicated page on our website designed to strengthen our connection with parishes and communities across the Salina Diocese. This new resource will help your parish stay connected and serve families in need, offering tools and opportunities to make a greater impact. Stay tuned for more information!

CATHOLIC CHARITIES (cont.)

Upcoming Office and Thrift Store Closure Dates - As the holiday season approaches, we want to keep you informed of our upcoming closures for offices in Manhattan, Salina, Hays, and Thrift Store:

- *November 14: Staff Training*
- *November 28 & 29: Thanksgiving Break*
- *December 24 – January 1: Christmas Break*

Additionally, please note that our social media pages and website will be updated with any closures due to inclement weather.

WAYS TO HELP:

Volunteer Opportunities - Catholic Charities offers a variety of volunteer opportunities where you can make a meaningful impact! Whether you're helping build food and hygiene boxes, assisting at our outreach locations, or supporting our thrift stores in Salina and Hays (*coming soon*), your contributions are invaluable. If you're interested in volunteering, please fill out the volunteer form on our website: <https://ccnks.org/volunteer>.

Help Catholic Charities Help Others with Dillon's Pickup Bags! Did you know that the bags used for online grocery orders at Dillon's can make a big difference? Catholic Charities recycles them to create hygiene kits for those in need in our communities. Every bag counts! Please consider dropping off your Dillon's Pickup bags at any of our three office locations in Salina, Manhattan, and Hays. Your contribution will directly impact those facing hardship in northern Kansas. Let's work together with Catholic Charities to make a positive change!

In-Kind Donations Welcome! Did you know that Catholic Charities gladly accepts in-kind donations? Your generosity makes a difference in the lives of those we serve. Please see the attached list of needed items. Every donation is valued and appreciated. Learn more at www.ccnks.org/inkind. Thank you for your support!

Walmart Registry for Good - Are you looking for an easy way to help our neighbors in need? The Walmart Registry for Good offers a simple way to purchase essential food, hygiene, and baby items and ships them directly to our warehouse in Salina. Visit www.ccnks.org/inkind, where you'll find a link to our Walmart registry. Explore the food, hygiene, and baby lists by clicking the link. Once you've selected your items, proceed to checkout. These items will then be shipped directly to the Salina warehouse and distributed among our three locations in Salina, Hays, and Manhattan, benefiting our neighbors in need across northern Kansas.

Venmo Giving - Supporting Catholic Charities of Northern Kansas is easier than ever with our Venmo account! With the click of a button, you can provide compassionate care to those facing financial and emotional hardship throughout our communities. To donate and change a life, simply scan the QR code below or visit our Venmo account @catholiccharitiesofnk. Thank you for helping our neighbors in need!



venmo

DECEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 First Day of Advent	2	3 #givecatholic - Giving Tuesday	4 Divine Mercy Radio Fall Care-A-Thon, Dec. 3-6	5 Finance Council, 4pm	6	7 St. Joseph, Oakley, Winter Blast Auction, 6pm
8 Solemnity of the Immaculate Conception Mass, St. Boniface, Vincent, 8:30am	9	10	11	12 Lay Review Board, 4:00 pm	13	14
15	16	17	18	19	20	21 Winter Begins
22	23	24	25 CHRISTMAS CHANCERY CLOSED	26 CHANCERY CLOSED	27 Sem. Family Mass & Luncheon, Hall of Bishops, 11:30am Runnin' Revs, 6pm	28 Quo Vadis, Wichita Dec. 27-29
29	30	31 New Year's Eve				

Catholic Mutual...CARES for Kids

Challenges Parents Face to Ensure a Safe Environment

Blended families, composed of parents and children from previous relationships, are increasingly common. While these families can offer love, support, and a sense of belonging, they also present unique challenges. Navigating these family dynamics can be difficult at times, however, it is important to anticipate your child's needs as your family changes.

Risk and Protective Factors in Blended Families

Family structure can have an impact on the possibility of child abuse, although, many factors go into determining if a child is at risk of abuse. The family environment with the lowest risk of abuse is when the biological parents are married, and the family structure has remained intact. Below is a list of potential risk factors that could increase the chance of abuse in blended families.

- *Complex Family Dynamics*: Blended families often have complex dynamics, as children navigate relationships with stepparents, stepsiblings, and biological parents. These complexities can lead to feelings of resentment, jealousy, and competition, which may increase the risk of abuse.
- *Stress and Conflict*: The process of blending families can be stressful for all members involved. Conflict between parents, disagreements over parenting styles, and challenges in establishing new family roles can create tension, which may escalate to abusive behaviors.
- *Lack of Bonding*: Building strong, trusting relationships in blended families can take time. Children may feel disconnected from stepparents or stepsiblings, leading to feelings of isolation and neglect, which can be risk factors for abuse.
- *History of Trauma*: Children in blended families may have experienced trauma related to their parents' previous relationships, such as divorce or the loss of a parent. This history of trauma can impact their emotional well-being and increase their vulnerability to abuse.

There is also the opportunity for blended families to provide protective factors that could decrease the likelihood of abuse. Below is a list of protective factors, that can also be applied toward helping prevent abuse in all types of family structures.

- *Positive Parent-Child Relationships*: Strong, positive relationships between parents and children are crucial protective factors against abuse. Building trust, communication, and mutual respect can help mitigate the impact of family complexities.
- *Healthy Coping Mechanisms*: Teaching healthy ways to cope with stress and conflict can reduce the likelihood of abusive behavior. This includes promoting open communication, problem-solving skills, and emotional regulation techniques.
- *Supportive Networks*: Having a supportive network of friends, family, and professionals who can offer guidance, advice, and emotional support. Blended families can expand their supportive networks by including extended families, creating a wider circle of support. This network can help alleviate stress and provide resources for addressing family challenges.
- *Education and Awareness*: Increasing awareness about the unique challenges of blended families and providing education on effective parenting strategies can empower families to create a safe and nurturing environment for children.

Blending families has its challenges, but it is possible. This family structure has the opportunity to provide a loving and supportive environment for children, but it also presents challenges that can increase the risk of child abuse. By understanding these challenges and implementing strategies to promote positive family dynamics, communication, and support, we can work towards reducing the risk of child abuse in blended families. Through education, awareness, and the promotion of healthy relationships, we can create safer and more nurturing environments for all children.

References

Are stepchildren at higher risk for abuse than biological children? GoodTherapy.org Therapy Blog. (2013, April 9). <https://www.goodtherapy.org/blog/stepchildren-family-parents-abuse-0409132>

Misic, L. (2023, May 2). *Tackling the issues of violence against children by their step-parents*. Humanium. <https://www.humanium.org/en/tackling-the-issues-of-violence-against-children-by-their-step-parents/>

Risk and Protective Factors. Centers for Disease Control and Prevention. (n.d.). <https://www.cdc.gov/child-abuse-neglect/risk-factors/index.html>

Zuckerman, D., & Pedersen, S. (2017, August 2). *Child abuse and father figures: Which kind of families are safest to grow up in?* National Center for Health Research. <https://www.center4research.org/child-abuse-father-figures-kind-families-safest-grow/>

Catholic Charities Outreach Services

November 2024 Schedule

Families who qualify can receive a large box of food, hygiene items, diapers and wipes, and other supplies and services as needed. All are welcome!

Tuesday

11/5

Osborne - St. Aloysius Catholic Church 10:30am - 11:30am

Wednesday

11/6

Junction City - JC Naz Church 9:00am - 10:00am
Phillipsburg - St. Philip & James 10:00am - 11:00am
Smith Center - St Mary's Catholic Church 10:30am - 11:30am
Norton - St Francis of Assisi Catholic Church 12:00pm - 1:00pm
Herington - St John Catholic Church 1:00pm - 2:00pm
Hill City - Immaculate Heart of Mary 2:00pm - 3:00 pm

Wednesday

11/13

Washington - St. Augustine Parish 9:30am - 10:30am
WaKeeney - Christ the King Church 10:00am - 11:00am
Ellsworth - St. Bernard Catholic Church 11:30am - 12:30pm
Mankato - St. Theresa Catholic Church 12:00pm - 1:00pm
Oakley - Gateway Fellowship 12:30pm - 1:30pm
Lincoln - Lincoln County Health Department 1:30pm - 2:30pm

Wednesday

11/20

Abilene - St. Andrew Parish 9:30am - 10:30am
Beloit - St. John the Baptist Church 10:00am - 11:00am
Atwood - Sacred Heart Catholic Church 10:30am - 11:30 am
Oberlin - Gateway Civic Center 12:30pm - 1:30pm
Clay Center - St. Peter & Paul Parish 1:00pm - 2:00pm
Concordia - Our Lady of Perpetual Help 1:30pm - 2:30pm
Hoxie - St. Frances Catholic Church 2:30pm - 3:30pm

Wednesday

11/27

Chapman - St. Michael Catholic Church 9:00am - 10:00am
Russell - St. Mary Queen of Angels Church 9:00am - 10:00am
Minneapolis - 200 Block of N. Sheridan St. 9:30am - 10:15am
Beverly - City Office of Beverly 10:45am - 11:15am
Belleville - St. Edward Parish 1:00pm - 2:00pm
Plainville - Sacred Heart Catholic Church 1:00pm - 2:00pm



Any cancellations due to inclement weather will be announced by 4 p.m. the day before the scheduled outreach.

Scan this QR Code with your smartphone camera to view the full outreach schedule!





DONATE YOUR PICKUP BAGS!

Got extra Dillon's Pickup bags lying around? Catholic Charities would love to take them off your hands! We use these bags to create hygiene kits for those in need in Northern Kansas.

Drop off bags at the office nearest you!

Salina: 1500 S. 9th St.

Manhattan: 212 S. 4th St.

Hays: 122 E. 12th St.



Catholic
Charities
OF NORTHERN KANSAS

SHOPPING LIST



PANTRY ITEMS

- | | |
|--|--|
| <input type="checkbox"/> Cereal _____ | <input type="checkbox"/> Instant Oatmeal _____ |
| <input type="checkbox"/> Pancake Mix _____ | <input type="checkbox"/> Granola Bars _____ |
| <input type="checkbox"/> Peanut Butter _____ | <input type="checkbox"/> Jelly _____ |
| <input type="checkbox"/> Instant Potatoes _____ | <input type="checkbox"/> Tuna Helper _____ |
| <input type="checkbox"/> Macaroni + Cheese _____ | <input type="checkbox"/> Spaghetti noodles _____ |
| <input type="checkbox"/> Spaghetti Sauce _____ | <input type="checkbox"/> Ramen Noodles _____ |
| <input type="checkbox"/> Canned Soup _____ | <input type="checkbox"/> Canned Vegetables _____ |
| <input type="checkbox"/> Jello Packets _____ | <input type="checkbox"/> Pudding Packets _____ |
| <input type="checkbox"/> Canned Fruit _____ | <input type="checkbox"/> Canned Tuna _____ |
| <input type="checkbox"/> Saltine Crackers _____ | <input type="checkbox"/> Jiffy Cornbread Mix _____ |

HOUSEHOLD ITEMS

- | | |
|---|---|
| <input type="checkbox"/> Full-Sized Shampoo _____ | <input type="checkbox"/> Full-Sized Body Wash _____ |
| <input type="checkbox"/> Bar Soap _____ | <input type="checkbox"/> Twin-Blade Razors _____ |
| <input type="checkbox"/> Deodorant _____ | <input type="checkbox"/> Full-Sized Lotion _____ |
| <input type="checkbox"/> Toothpaste _____ | <input type="checkbox"/> Tampons/Pads _____ |
| <input type="checkbox"/> Toilet Paper _____ | <input type="checkbox"/> Kleenex Boxes _____ |
| <input type="checkbox"/> Laundry Detergent _____ | <input type="checkbox"/> Multi-Purpose Wipes _____ |
| <input type="checkbox"/> Liquid Dish Soap _____ | <input type="checkbox"/> Diapers (Size 4-6) _____ |
| <input type="checkbox"/> Baby Wipes _____ | <input type="checkbox"/> Diaper Rash Cream _____ |

Thank you for providing HOPE to our neighbors in need!