



SDNB

Salina Diocesan News Bulletin

Volume 523

September 2024

OFFICE OF THE BISHOP

THANK YOU to all who participated in the many events held in August! The seminarian dinners in Salina, Colby and Hays, the Eucharistic Conference in Hays, the Rural Life Day in Hanover and the many parish festivals and activities around the diocese!

LABOR DAY is Monday, September 2. The Chancery will be closed.

DIVINE MERCY RADIO APPRECIATION BANQUETS will be held on September 7 at 6:00 p.m. at the Rose Garden Banquet Hall in Hays; and September 8 at 5:00 p.m. at The City Limits Convention Center in Colby. This year's guest speaker is Joe Heschmeyer. Thank you for your support of Catholic Radio.

CATECHETICAL SUNDAY is September 15, under the theme of "Lord, when did we see you hungry" (Matthew 25:37) For more information, please see the [USCCB website](#).

ANNUAL PRIESTS CONVOCATION will be held in Wichita at the Spiritual Life Center September 16-19. Please pray for the priests as we gather during this time.

ANNUAL DEACONS RETREAT will be held in Wichita at the Spiritual Life Center September 6-9. Please pray for the permanent deacons as they gather during this time.

HUMAN TRAFFICKING inserts for the bulletin are below:

SEPTEMBER – More than 200,000 children and teenagers in the United States are victims of [sex trafficking](#) every year. It is important for teachers to be aware of the signs and take action. **Alliance to End Human Trafficking**-Founded and Supported by **US Catholic Sisters 7575 Grand River Ave.1-1009, Brighton, MI 48114**

SEPTIEMBRE – Más de 200.000 niños y adolescentes en Estados Unidos son víctimas de la trata sexual cada año. Es importante que los profesores sean conscientes de las señales y actúen. **La alianza para poner fin a la trata de personas: fundada y apoyada por hermanas católicas de los EE. UU. 7575 Grand River Ave.1-1009, Brighton, MI 48114**

OFFICE OF THE BISHOP (cont.)

THÁNG CHÍN – Hơn 200.000 trẻ em và trẻ vị thành niên tại Hoa Kỳ là nạn nhân của nạn buôn người hàng năm. Quan trọng để các thầy cô giáo nhận biết các dấu chỉ và đưa ra phản ứng. **Liên Kết để Chấm Dứt Nạn Buôn Người** – Do các **Nữ Tu Công Giáo Hoa Kỳ** thành lập và nâng đỡ. **7575 Grand River Ave. 1-1009, Brighton, MI 48114.**

OFFICE OF THE CHANCELLOR

HAVE YOU REVIEWED THE BYLAWS OF YOUR PARISH PASTORAL AND FINANCE COUNCIL LATELY? Parish pastoral and finance councils play an important role in the life of a healthy and thriving parish. These councils are essential for providing a framework for collaboration and shared responsibility between the clergy and the laity. They are not intended to be merely bureaucratic, but they are called to be models of communion and active participation in the life of the parish that encourages all the members to embrace the Church's evangelical mission.

THE PROCESS FOR THE SELECTION OF COUNCIL MEMBERS (Pastoral and Finance): While the parish priest has the authority to appoint or “elect” members of the parish pastoral council and finance council, it is essential that the process is transparent and involves the community to foster effective collaboration and discernment in pastoral matters. The selection process should ensure that the council reflects the diversity of the parish community. The terms of the selection process should be outlined in the Bylaws of the respective council. In many of the smaller parishes of the Diocese of Salina the membership of the parish pastoral council and parish finance council are the same. When this is the case, it is essential that there be separate meeting minutes for each council to properly reflect in what capacity the council is operating.

Members of the parish pastoral council should be chosen to represent the entire community of the faithful, reflecting the diversity of the parish in terms of social conditions and professions. This approach aims to ensure that the council's composition is inclusive and representative of the parish's demographics.

According to the Code of Canon Law, the finance council is to consist of at least three members who are Christian faithful. These members should be truly expert in financial affairs and civil law, ensuring integrity in their role. The finance council plays a vital role in promoting a culture of co-responsibility and administrative transparency within the parish. This underscores the importance of selecting members who are not only qualified but also committed to serving the community's interests.

THE IMPORTANCE OF TERM LIMITS: Establishing term limits for members of the parish pastoral council and finance council is important for several reasons. Firstly, term limits promote the inclusion of diverse perspectives and fresh ideas, which can enhance the councils' effectiveness in addressing the evolving needs of the parish community. Secondly, they prevent stagnation and the concentration of power within a small group, ensuring that leadership remains dynamic and responsive. Additionally, term limits encourage broader participation from the parish, allowing more individuals to engage in church governance and fostering a sense of shared responsibility among the faithful.

OFFICE OF EVANGELIZATION

BOXES OF JOY, A BEACON OF HOPE AND FAITH: Once again, as a Diocese, we are participating in the Cross Catholic Outreach Program, “Boxes of Joy”. This program is 100% voluntary and is not meant to replace any programs you currently have in your parishes. It is open to anyone of any age who would like to participate in bringing joy to a child that might not receive a gift without our help on Christmas morning,

Parishes - to get involved, please let us know how many boxes your parish would like to receive to fill. Everyone in the parish is welcome to participate in this meaningful outreach. Ensure that all completed boxes are returned to the Salina Diocese Chancery by November 7th at 103 N. 9th St., Salina, KS 67401. Additionally, a donation of \$9 per box is greatly appreciated to cover shipping costs. Please see the attached flyer for additional information.

If you have any questions, please contact Susan Goodman, Jamie Kuhlman or Lori Leiszler at the Chancery at 785-827-8746. We are here to help!

OFFICE OF THE EUCHARISTIC REVIVAL

YEAR OF MISSION, JULY 2024 - JUNE 2025: This year, we are answering the call to evangelize, boldly spreading the Good News of Christ’s Eucharistic love and mercy in word and deed. As our love for Christ deepens, our lives will become increasingly configured to his mission, compelling us to serve others with his heart. We will be drawn to compassionate service, living our call to be his hands and feet to our neighbors and bring his presence to the margins.

EMBRACING OUR APOSTOLIC ROOTS: Jesus in the Eucharist is the answer to every restless longing of the human heart. If we truly believe this, then that living faith will compel us to share this joy with our brothers and sisters! That’s what the third year of the Revival—the Year of Mission—is all about.

This is an exciting new season of the Revival movement. The Holy Spirit has enkindled a missionary fire in the heart of our nation, and now he is sending out every member of the Church to spread the Good News, sharing the gift of our Eucharistic Lord with those on the margins. And YOU are invited to be a part of it!

If you feel called to live this mission in a way that’s unique to you and your strengths, we have created a Year of Mission Playbook just for you! Download the guide below and read on to learn more about how you can become a Eucharistic Missionary.

Year of Mission Playbook-<https://salinadiocese.org/wp-content/uploads/2024/08/Year-of-Mission-Playbook.pdf>

For More Information

Please see our website for more information and resources-<https://salinadiocese.org/eucharistic-revival/>

OFFICE OF VOCATIONS

FALL 2024 SEMINARY VISITS:

October 16-18 - Sacred Heart Seminary, Wisconsin
October 31-Nov 2 - Kenrick Seminary, St. Louis
November 8 - Conception Seminary, NW Missouri
November 22 - St. Joseph House of Formation, Wichita
December 5-7 - St. John Vianney Seminary, Denver

RUNNIN' REVS basketball game will be held in Salina on December 27th at 6:00pm.

Vocations Office contact information:

Fr. Andy Hammeke 785-656-3747

Fr. Brian McCaffrey 785-236-0462

OFFICE OF COMMUNICATIONS

COMMUNICATIONS DEADLINES:

September Issue: Sept. 6 (in home Sept. 27)

October Issue: Oct. 4 (in home Oct. 25)

November Issue: Nov. 1 (in home Nov. 22)

CATHOLIC CHARITIES

SEPTEMBER OUTREACH SERVICES SCHEDULE: Catholic Charities Outreach Services vans will be bringing boxes of food and hygiene items, as well as diapers, laundry detergent and other necessities to individuals and families in Abilene, Atwood, Belleville, Beloit, Beverly, Chapman, Clay Center, Concordia, Ellsworth, Herington, Hill City, Hoxie, Junction City, Lincoln, Mankato, Minneapolis, Norton, Oakley, Oberlin, Osborne, Phillipsburg, Plainville, Russell, Smith Center, WaKeeney, and Washington. The September Outreach Services schedule is attached. You can also view the full, up-to-date Outreach Services schedule anytime at www.ccnks.org/outreach.

UPCOMING EVENTS:

ADOPT-A-FAMILY 2024: Our Christmas assistance program, Adopt-a-Family, is just around the corner. Families in need of Christmas assistance will be matched with a sponsor by our Catholic Charities staff. If you are interested in sponsoring a family, please reach out to Jeree Hughbanks, Communications Manager at jhughbanks@ccnks.org, to be added to the list. Sponsorship letters will be mailed in early October.

CATHOLIC CHARITIES (cont.)

GIVE FEST 2024: Catholic Charities of Northern Kansas is excited to participate in the Heartland Community Foundation's NEW Give Fest 2024, a 24-hour giving event on October 10 that supports local nonprofits in Ellis, Rooks, and Trego counties. This year's event features a fun Oktoberfest theme and offers a chance for your donations to be matched up to 100% thanks to a \$150,000 match pool! All contributions made between midnight and 11:59 p.m. will help boost our mission and support those in need across northern Kansas. Visit www.HeartlandGiveFest.org for more details and join us in making a big impact on this special day!

ANNUAL CAMPAIGN: We are excited to announce the rebranding of our annual appeal as "Igniting Hope: Annual Campaign for Our Neighbors in Need." The parish kickoff weekend for the Catholic Charities Annual Campaign will be October 26-27. This campaign is vital to supporting the mission of Catholic Charities and assisting our neighbors in need across northern Kansas. To help make this campaign a success, please note the following:

Megan Augustine, Development and Parish Relations Manager, will host a ZOOM briefing at the beginning of October to share everything you need to know and how you can contribute to a successful campaign. More details including dates and times will be shared soon. If you need to contact Megan beforehand, please email her at maugustine@ccnks.org

Parish packs will be delivered to your parishes in early October. These packs will include: An instruction sheet, poster, CD with audio recording for homily, bulletin announcement, remittance envelopes, pledge cards, and flyers if requested.

Thank you for your continued support in making this campaign impactful.

2024 ADOPTION MASS - Catholic Charities of Northern Kansas invites you to the 2024 Adoption Mass on November 8th at 5:00 p.m., celebrated at Sacred Heart Cathedral with Bishop Vincke. Following the Mass, we will have a soup supper reception in the Hall of Bishops. This special event is open to all who have been touched by adoption in their lives. November is National Adoption Month, and we gather to honor and celebrate the beautiful journey of building families through adoption. Mark your calendars and join us for this meaningful occasion!

WAYS TO HELP:

HELP CATHOLIC CHARITIES HELP OTHERS WITH DILLON'S PICKUP BAGS!

Did you know that the bags used for online grocery orders at Dillon's can make a big difference? Catholic Charities recycles them to create hygiene kits for those in need in our communities. Every bag counts! Please consider dropping off your Dillon's Pickup bags at any of our three office locations in Salina, Manhattan, and Hays. Your contribution will directly impact those facing hardship in northern Kansas. Let's work together with Catholic Charities to make a positive change!

IN-KIND DONATIONS WELCOME! Did you know that Catholic Charities gladly accepts in-kind donations? Your generosity makes a difference in the lives of those we serve. Please see the attached list of needed items. Every donation is valued and appreciated. Learn more at www.ccnks.org/inkind. Thank you for your support!

CATHOLIC CHARITIES (cont.)

WALMART REGISTRY FOR GOOD: Are you looking for an easy way to help our neighbors in need? The Walmart Registry for Good offers a simple way to purchase essential food, hygiene, and baby items and ships them directly to our warehouse in Salina. Visit www.ccnks.org/inkind, where you'll find a link to our Walmart registry. Explore the food, hygiene, and baby lists by clicking the link. Once you've selected your items, proceed to checkout. These items will then be shipped directly to the Salina warehouse and distributed among our three locations in Salina, Hays, and Manhattan, benefiting our neighbors in need across northern Kansas.

VENMO GIVING: Supporting Catholic Charities of Northern Kansas is easier than ever with our Venmo account! With the click of a button, you can provide compassionate care to those facing financial and emotional hardship throughout our communities. To donate and change a life, simply scan the QR code below or visit our Venmo account @catholiccharitiesofnk. Thank you for helping our neighbors in need!



venmo

JOB OPENINGS:

Licensed Therapist - Hays – Part Time

Catholic Charities is hiring a Licensed Therapist at our Hays location. We are looking for a compassionate, driven, and organized individual to provide affordable mental health care to those in need across northern Kansas. To learn more and apply, visit www.ccnks.org/careers

OFFICE OF EDUCATION

RESPECT LIFE RETREAT: On October 9, juniors and seniors from the Catholic high schools in our diocese will come together in Salina to learn more about the dignity of every individual. After a morning of speakers and group discussions, we will come together at Sacred Heart Cathedral for Mass, lunch and to pray a Rosary.

SCHOOL YEAR IS HERE! Our Catholic Schools are beginning the enrollment process for the 2023-2024 school year. We are expecting to have over 1,900 students in grades K-12 this year, plus another 300 in our Pre-K programs. We cannot wait to welcome the students back into the classrooms.

TAX CREDIT SCHOLARSHIP: Support Catholic Education in the Salina Diocese and receive a 75% State Tax Credit! The Scholarship Granting Fund for the Catholic Diocese of Salina is accepting donations and is able to offer a 75% tax credit. Please email Heather Hartman, Director of Development for Catholic Foundation heather.hartman@salinadiocese.org. For the 24-25 school year, over \$137,000 will be awarded to schools for 102 students in the Salina Diocese. These funds go directly to help with the cost of education for the qualifying student.

OFFICE OF SAFE ENVIRONMENT

CMGCONNECT: With the start of a new academic year, a very busy time for all, please continue to monitor and keep accurate the database on a weekly basis. If you have any questions, please let me know, I am happy to help!

ON-SITE PARISH/SCHOOL VISITS: The schedule has been finalized and Safety Coordinators have been notified. A confirmation email with an agenda and checklist will be forthcoming. Pastors are welcome and encouraged to attend these meetings.

BULLYING AWARENESS: Safety Coordinators, as discussed in our TEAMS meetings in July, and as we continue to strengthen and improve the Safe Environment Program for the Diocese of Salina, we have implemented a video training for adults ministering with minors in the CMG Connect platform called Anti-Bullying Training. Please ensure that educators, coaches, catechists, and staff watch this video. We have also implemented a training on “bullying” for students in our Catholic schools and religious education programs, please ensure your educators and catechists are incorporating this training into their curriculums-lesson plans for students were provided during the TEAMS meeting in July. If you have any questions on how to implement the adult training process or the student training process, please contact the Safe Environment Office.

CARES FOR KIDS MONTHLY NEWSLETTER: Attached please find the newsletter What Does the Term “Proper Boundaries” Mean? provided by Catholic Mutual. Please use this newsletter as an additional resource as you continue to provide safe environments in your parish and school communities. If you would like these newsletters in Spanish, please contact the Safe Environment Office at 785-827-8746 #124.

OFFICE OF FAMILY LIFE

ENGAGED ENCOUNTER: The Engaged Encounter Team has put together their 2024-2025 dates. We are so grateful to this incredible team and all they do for our diocese's engaged couples!

September 27-29, 2024

February 7-9, 2025

April 4-6, 2025

June 6-8, 2025

OFFICE OF YOUTH MINISTRY AND RELIGIOUS EDUCATION

***NEW DRE’S or YOUTH MINISTERS:** If you have not signed up for our weekly newsletter, please do so. It comes out every Monday at 6 a.m.

<http://eepurl.com/hMHHnj>

Catechetical Sunday – September 15th 2024. (Click the links below for each resource)

[2024 Catechetical Sunday – Certificate](#)

[2024 Catechetical Sunday – Posters](#)

[2024 Catechetical Sunday – Commissioning Service](#)

[2024 Catechetical Sunday – Prayer for Catechists](#)

OFFICE OF YOUTH MINSITRY AND RELIGIOUS EDUCATION (cont.)

CATACHETICAL WORKSHOP FOR DRE'S AND CATECHISTS: Christian Anthropology: Responding to Modern Challenges, Diocese of Salina, Fall 2024

Join us for this workshop on October 26th from 8:30 a.m. -3:00 p.m. in Salina. Thanks to a grant, attendance is free, but we are limited to 85 spots. If you join us, they will even provide you with breakfast, lunch, and snacks that day.

Sophia's Institute is who is putting on this workshop gear to give you some tools and strategies to teach some of the tough topics that are coming up in your classes.

Workshop Overview:

Are trans people sinful? Is sex a spectrum? Are sex and "gender" two different things? We'll unpack theology and science at this workshop to answer these questions and more. Learn the beauty of the Church's teaching on the human person and how to share that truth with charity and compassion.

This workshop blends scholar presentations with interactive pedagogical sessions, allowing you to explore content with a respected scholar and to explore and simulate practical teaching strategies with ready-to-use classroom materials. Share best practices and enjoy catered breakfast and lunch with your fellow Diocese of Salina teachers and catechists.

Click this link for much more information and to register.

<https://sophiateachers.org/event/christian-anthropology-responding-to-modern-challenges-diocese-of-salina-fall-2024/>

CATHOLIC FOUNDATION FOR DIOCESE OF SALINA

FREE ONLINE CATHOLIC WILL: The Catholic Foundation has partnered with My Catholic Will – the only online Catholic will-writing tool available. This partnership allows you to safeguard your faith and give hope to future generations of Catholics in the most meaningful way.

Writing your will on My Catholic Will is simple and stress-free. In as little as 15 minutes without complicated documentation, you can write your will and consider a legacy gift to your parish, Catholic School, ministry, or the diocese. We have preloaded **every** parish, ministry and school in our diocese into this tool – making it easy to choose these from the drop-down list as beneficiaries.

The best part? It's completely **FREE** to use.

To write your will **FREE** of charge, please visit mycatholicwill.com/givecfd and take the first step toward preserving your legacy!

FREE ESTATE PLANNING SEMINARS - CREATING YOUR CATHOLIC LEGACY: The Foundation staff is currently scheduling free estate planning seminars! These are an opportunity for members of our diocese to learn more about the importance of getting your affairs in order as well as provide information on the variety of ways to create a legacy of faith.

An attendee at a recent seminar held in Clay Center stated, "Everyone in our parish needed to be here today and hear this information!"

CATHOLIC FOUNDATION FOR DIOCESE OF SALINA (cont.)

Estate planning is for **ALL AGES** regardless of the size of their “estate”– once someone starts retirement accounts, has life insurance, a family, purchases a home – they need a plan! If your parish would like more information on hosting a free seminar, please contact Corrina Hudsonpillar at 785-639-2100 or corrina.hudsonpillar@salinadiocese.org

#iGIVECATHOLIC 2025 REGISTRATION IS NOW OPEN: We are excited to announce that registration for this year's #iGiveCatholic is now open! This annual day of giving is a wonderful opportunity to rally our communities in support of the vital work being done throughout our diocese.

Important Dates:

Registration Now Open - until November 1 (but don't procrastinate!)

Advanced Giving: November 18 - December 2, 2024

#iGiveCatholic Giving Day: December 3, 2024

We understand that preparing for a fundraising event can feel overwhelming, but we are here to support you every step of the way. Our team will provide you with a range of resources to make the process as smooth and successful as possible. This includes a "how-to" manual, bulletin inserts, flyers, and social media announcements.

To get started, simply visit salina.igivecatholic.org and complete your registration. If you have any questions or need assistance, please don't hesitate to reach out to Torrie Gregg – torrie.gregg@salinadiocese.org.

BISHOP'S ANNUAL APPEAL 2024: Thank you for all your help with the Bishop's Annual Appeal. As of 8/26/24 we are at \$1,892,785. If you have any questions, please contact Heather Hartman at 785-738-7336 or heather.hartman@salinadiocese.org

PARISH RESOURCES – One idea for your bulletin is below, or find others on our new website: <https://givecfds.org/parish-resources/>

Thanks to all our parishioners who have made their gift to the 2024 Bishop's Annual Appeal. Our parish is _____% towards our goal of \$ _____. If you have not yet made a gift or pledge, please return the pledge card you received in the mail or visit appeal.salinadiocese.org to do it online. Through your generous support we can serve thousands of families and individuals in the Diocese of Salina through outreach, formation, evangelization, and worship. Thank you, we couldn't do it without you!

SEMINARIAN COLLECTION: The annual seminarian collection took place August 10-11. Please process the donations as you normally would and submit the usual parish check to the Chancery. Please keep a record of who gave a gift and the amount given so we can send them a thank you. We ask that you send an excel spreadsheet with the following information to Torrie (torrie.gregg@salinadiocese.org)

- First Name
- Last Name
- Parish
- Dollar Amount

NEW FOUNDATION WEBSITE! If you haven't had a chance yet to visit the new website for the foundation, please do so! This revamped site is designed to provide easier access to information about our mission, initiatives, and how you can support the work we do for our faith community.

We invite you to visit our new website at givecfds.org (and bookmark it!). You can also find it via salinadiocese.org – under “offices”. We look forward to your feedback and hope you find the new website enriching and informative.

October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Manhattan Catholic Schools Auction, STM Utopia Room, 6pm	5
6 Confirmation, OLPH, Goodland, 10:30am (MT)	7	8	9 Jr./Sr. Respect Life Retreat, Salina Mass at 12:05pm, Cathedral	10	11	12 Blessing of the Altar Mass, St. Francis Xavier parish, J.C., 5:15pm
13 Confirmation, St. Frances Cabrini, Hoxie, 10am	14	15	16	17	18	19
20 K of C Clergy Appreciation Dinner, Salina, 5pm World Mission Sunday	21	22 Catholic Foundation Board mtg, 4pm	23	24	25	26 Sacred Heart School Auction, Colby, 5:30pm
27 Anniversary Mass, Hays, 3pm St. Patrick's Annual Turkey Dinner, Lincoln, 5-7pm	28	29	30	31 Halloween		



Send a **Box of Joy** to a Child Who Wishes for **Just One Gift**

Every year, impoverished children experience a Christmas with no gifts. Burdened by poverty, their parents struggle to provide them with the most basic necessities. These are children who may have never held a picture book, worn a new shirt or owned a toy.

The gifts you pack in a Box of Joy show God's unconditional love, and they will spark the joy every child should experience at Christmas. More important, they are symbolic of God's greatest gift: his son, Jesus Christ.

The Box of Joy outreach provides a unique opportunity for the priests, nuns and lay missionaries working with the children to share the Gospel.

Your Box of Joy also supports lifesaving local ministries, enabling a greater impact on the lives of these precious children.

For those fighting poverty "in the trenches," a Box of Joy is literally a godsend!





IMPORTANT REMINDERS

1. Use the provided gift box or any shoebox-sized container (approximately 12" long x 6" wide x 4" tall).
2. If possible, remove items from original packaging to limit waste in the receiving countries.
3. **Please do not put monetary donations in the gift boxes.** Go online to boxofjoy.org to make your \$9 donation for each gift box **or scan the QR code to pay.**
4. If needed, secure the lid to your gift box with a single rubber band (please do not tape the gift box).



GIFT IDEAS

PERSONAL NOTES & PHOTOS

Children who receive Box of Joy gifts love it when you enclose a personal note or a handmade Christmas card and share a photo of yourself or your family. (It is advisable for parents or teachers to review notes written by children.)

TOYS

Ball (deflated) with pump*

Balloons
Binoculars
Cars or trucks
Craft kit (beads, elastic, etc.)

Doll*

Finger puppets
Handheld toys
Harmonica, kazoo or other small instrument

Jump rope

Lego building blocks

Mini board games

Mini puzzle

Small balls (tennis, etc.)

Small plush animals*

Slinky
Unopened fast-food toys
Yo-yo

SCHOOL SUPPLIES

Coloring book*

Crayons*

Erasers
Flash cards
Glue stick (no liquid)
Notepads
Pencil case
Pencil sharpener
Pencils, colored pencils
Pens, markers
Safety scissors
Small board books
Solar calculator
Stickers

CANDY & GUM

Unexpired candy that will not melt, sealed in a zip closure style bag

APPAREL

Bandanas

Dresses*

Flip-flops
Hats
Plastic poncho
Socks
Shorts
T-shirts*
Underwear

NECESSITIES/HOME

Bandages
Comb or brush
Cup or bottle with lid*
Hand wipes
Lip balm
Manicure kit
Nail clippers or emery board
Toothbrush*

ACCESSORIES

Barrettes
Bracelets
Earrings
Hair bands or headbands*
Hair ribbons*
Necklace*
Purse or wallet*
Scarf
Sunglasses*
Watch

USEFUL ITEMS

Cross or rosary
Compass
Drawstring bag*
Sewing kit
Utensils

*Highly desired items.

PLEASE DO NOT PACK

Liquids/gels (shampoo, body wash, lotion, nail polish, hand sanitizer, bubbles, paint, glue, etc.)
Food or beverages • Chocolate or JOLLY RANCHER® • Medicine or vitamins • Anything with a battery
Knives, tools or toy weapons • Glass or breakable objects • Cash, checks or gift cards

Box of Joy is a ministry of



**Cross Catholic
OUTREACH**

Delivering Food, Shelter and Hope to the Poorest of the Poor

800-914-2420 ext. 142 • boxofjoy.org • boxofjoy@crosscatholic.org



BOX RETURN INFO

All boxes must be returned to the Salina
Diocese Chancery by November 7th!

103 N. 9th St. Salina, KS 67401

When filling your Box of Joy, please consider donating \$9 to help cover the costs for international delivery. Please do not place the money inside of the box!! Instead you can either place it in one of the self addressed postage-paid Boxes of Joy envelopes that is attached to the pamphlets and put it in the mail, or you can donate online at boxofjoy@crosscatholic.org.

If you have any questions or any concerns about not being able to get your boxes turned in on time, please contact us and we can work to help get those turned in! Please contact Susan Goodman, Jamie Kuhlman or Lori Leiszler at 785-827-8746.



Catholic Charities Outreach Services

September 2024 Schedule

Families who qualify can receive a large box of food, hygiene items, diapers and wipes, and other supplies and services as needed. All are welcome!

Tuesday

9/3

Osborne - St. Aloysius Catholic Church 10:30am - 11:30am

Wednesday

9/4

Junction City - JC Naz Church 9:00am - 10:00am
Phillipsburg - St. Philip & James 10:00am-11:00am
Smith Center - St Mary's Catholic Church 10:30am - 11:30am
Norton - St Francis of Assisi Catholic Church 12:00pm - 1:00pm
Herington - St John Catholic Church 1:00pm - 2:00pm
Hill City - Immaculate Heart of Mary 2:00pm - 3:00 pm

Wednesday

9/11

Washington - St. Augustine Parish 9:30am - 10:30am
WaKeeney - Christ the King Church 10:00am - 11:00am
Ellsworth - St. Bernard Catholic Church 11:30am-12:30pm
Mankato - St. Theresa Catholic Church 12:00pm - 1:00pm
Oakley - Gateway Fellowship 12:30pm - 1:30pm
Lincoln - Lincoln County Health Department 1:30pm - 2:30pm

Wednesday

9/18

Abilene - St. Andrew Parish 9:30am - 10:30am
Beloit - St. John the Baptist Church 10:00am - 11:00am
Atwood - Sacred Heart Catholic Church 10:30am - 11:30 am
Oberlin - Gateway Civic Center 12:30pm - 1:30pm
Clay Center - St. Peter & Paul Parish 1:00pm - 2:00pm
Concordia - Our Lady of Perpetual Help 1:30pm - 2:30pm
Hoxie - St. Frances Catholic Church 2:30pm - 3:30pm

Wednesday

9/25

Chapman - St. Michael Catholic Church 9:00am - 10:00am
Russell - St. Mary Queen of Angels Church 9:00am - 10:00am
Minneapolis - 200 Block of N. Sheridan St. 10:30am-11:30am
Beverly - City Office of Beverly 12:30pm - 1:30pm
Belleville - St. Edward Parish 1:00pm - 2:00pm
Plainville - Sacred Heart Catholic Church 1:00pm - 2:00pm





DONATE YOUR PICKUP BAGS!

Got extra Dillon's Pickup bags lying around? Catholic Charities would love to take them off your hands! We use these bags to create hygiene kits for those in need in Northern Kansas.

Drop off bags at the office nearest you!

Salina: 1500 S. 9th St.

Manhattan: 212 S. 4th St.

Hays: 122 E. 12th St.



Catholic
Charities
OF NORTHERN KANSAS

SHOPPING LIST



PANTRY ITEMS

- | | |
|--|--|
| <input type="checkbox"/> Cereal | <input type="checkbox"/> Instant Oatmeal |
| <input type="checkbox"/> Pancake Mix | <input type="checkbox"/> Granola Bars |
| <input type="checkbox"/> Peanut Butter | <input type="checkbox"/> Jelly |
| <input type="checkbox"/> Instant Potatoes | <input type="checkbox"/> Tuna Helper |
| <input type="checkbox"/> Macaroni + Cheese | <input type="checkbox"/> Spaghetti noodles |
| <input type="checkbox"/> Spaghetti Sauce | <input type="checkbox"/> Ramen Noodles |
| <input type="checkbox"/> Canned Soup | <input type="checkbox"/> Canned Vegetables |
| <input type="checkbox"/> Jello Packets | <input type="checkbox"/> Pudding Packets |
| <input type="checkbox"/> Canned Fruit | <input type="checkbox"/> Canned Tuna |
| <input type="checkbox"/> Saltine Crackers | <input type="checkbox"/> Jiffy Cornbread Mix |

HOUSEHOLD ITEMS

- | | |
|---|---|
| <input type="checkbox"/> Full-Sized Shampoo | <input type="checkbox"/> Full-Sized Body Wash |
| <input type="checkbox"/> Bar Soap | <input type="checkbox"/> Twin-Blade Razors |
| <input type="checkbox"/> Deodorant | <input type="checkbox"/> Full-Sized Lotion |
| <input type="checkbox"/> Toothpaste | <input type="checkbox"/> Tampons/Pads |
| <input type="checkbox"/> Toilet Paper | <input type="checkbox"/> Kleenex Boxes |
| <input type="checkbox"/> Laundry Detergent | <input type="checkbox"/> Multi-Purpose Wipes |
| <input type="checkbox"/> Liquid Dish Soap | <input type="checkbox"/> Diapers (Size 4-6) |
| <input type="checkbox"/> Baby Wipes | <input type="checkbox"/> Diaper Rash Cream |

Thank you for providing HOPE to our neighbors in need!

Catholic Mutual...CARES for Kids

What Does the Term “Proper Boundaries” Mean?

Boundaries are limits that you set within a relationship in which you are comfortable and how you would like to be treated by others. It is often said to set boundaries with your children and to teach them proper boundaries, not only for themselves but others. Knowing the different types of boundaries and how these will change throughout their lifetime, will help you educate your child on staying safe. An individual who abuses a child hopes they do not understand these boundaries, so they can test these limitations.

Different Types of Boundaries

When children are younger it is important that they develop the concept of what is considered ‘safe’. One way this is done is by instilling boundaries to act as a guiding voice throughout their lives. As they grow, these boundaries will change, however, when they are younger, you can teach the concepts that would translate into other areas. There are three main types of boundaries that can be set: physical, emotional, and behavioral. For example, one could explain the concept of physical boundaries by not forcing their child to give a hug, even to other family members/friends. These boundaries can be violated, where examples of each are shown in the table below.

Boundary Violations		
Physical	Emotional	Behavioral
Long hugs/Tickling a child	Being possessive/controlling of children or teens	Preferring time alone with a child
Wrestling/horseplay	Talking/treating a child like a boyfriend/girlfriend	Using crude/inappropriate language with child
Kissing a child that is not his/her own	Being emotionally volatile with a child	Getting child to keep a secret for the adult
Holding an older child on lap	Putting demands on child to meet needs of adult	Exposing child to pornography

Maintaining Professional Boundaries

As an adult working with children that are not your own, it is your responsibility to ensure that professional boundaries are maintained. One can support an individual's academic, personal, or spiritual growth without favoring them over other students. When talking or interacting with students, it is important to keep all communications transparent, and if meeting with students, ensure you are not meeting with them alone. Be sure to follow proper Diocesan guidelines on these interactions.

Waiting to discuss what proper boundaries entails could allow them to be pushed by the wrong individuals. If you continue to educate your child, they will be able to continually recognize what is a safe boundary.

References

Safer, Smarter Families Family Safety Toolkit. Safersmarterfamilies. (2021, May 28).

<https://safersmarterfamilies.org/>.

Setting boundaries between kids and adults: How close is too close? Nationwide Children's Hospital.

(2018, April 26). [https://www.nationwidechildrens.org/family-resources-](https://www.nationwidechildrens.org/family-resources-education/700childrens/2018/04/setting-appropriate-boundaries-for-children-and-adults)

[education/700childrens/2018/04/setting-appropriate-boundaries-for-children-and-adults](https://www.nationwidechildrens.org/family-resources-education/700childrens/2018/04/setting-appropriate-boundaries-for-children-and-adults).