

Questions for Teen Who Participates in Eucharistic Adoration Regularly Now

1. How has spending time with Jesus in the Blessed Sacrament changed your life or your relationship with Him?
2. Walk us through what you typically do during your Eucharistic adoration hour (*re: rosary; read Scripture; Lectio Divina; prayer intentions, spiritual reading, etc.*)
3. St. Carlo Acutis called the Eucharist his "highway to Heaven." What does that quote mean to you in your Eucharistic adoration experience?
4. What would you say to another high school student who is unsure about signing up for a weekly holy hour?
5. In one sentence, why do you think every high school student should spend one hour each week with Jesus in the Eucharist?

Questions for Teen Who Hopes to Begin Regular Eucharistic Adoration

1. What made you interested in committing to a weekly holy hour with Jesus?
2. St. Carlo Acutis called the Eucharist his "highway to Heaven." What does that quote mean to you?
3. What are you hoping to discover or experience by spending time with Jesus in Eucharistic adoration?
4. If another student is thinking about signing up but is hesitant, what would you say to encourage them to take that first step?
5. In one sentence, why do you think every high school student should spend one hour each week with Jesus in the Eucharist?

