

Volume 474 July 2020

OFFICE OF THE BISHOP

STAFF CHANGES As of July 1, Corey Lyon is the Executive Assistant to the Bishop and Vicar General. He will continue in his role as Vice-Chancellor. He will also work in the Vocations Office. I am grateful to Katie Greenwood for her 2 years of service. She will be transitioning over to the Development and Communications Offices.

CONFIRMATION schedule for next year has been finalized. An email was recently sent out to the pastors to inform them of this schedule. If you have any questions, please contact my office.

CHANCERY CLOSED on Friday, July 3 in observance of Independence Day.

CATHOLIC CHARITIES ANNUAL FUNDRAISER will take place online on July 18. Please contact Catholic Charities with any questions (785-825-0208).

NFP AWARENESS WEEK is July 19-25. Thank you for promoting this. See the *Office of Family Life* for more information

HUMAN TRAFFICKING inserts for the bulletin are found below:

JULY – World day against trafficking in persons is July 30. Let us commit ourselves to stop criminals from exploiting people for profit and help trafficking victims rebuild their lives.

U.S. Catholic Sisters Against Human Trafficking. (<u>www.sistersagainsttrafficking.org</u>). USCSAHT is a 501© 3 organization. 2039 N Geyer Road, St. Louis, MO 63131

JULIO - Día mundial contra la trata de personas es 30 de julio. Nos comprometemos a evitar que los delincuentes exploten a las personas con fines de lucro y ayudar a las víctimas de la trata a reconstruir sus vidas.

Hermanas católicas de los Estados Unidos contra la trata de personas. (<u>www.sistersagainsttrafficking.org</u>). USCSAHT es una organización 501 © 3. 2039 N Geyer Road, St. Louis, MO 63l3l

OFFICE OF THE BISHOP (cont.)

MARK YOUR CALENDARS:

ANNUAL SEMINARIAN COLLECTION is the weekend of August 8-9. Thank you for your support of this important collection.

VOCATIONS BBQ is scheduled for the evening of August 9 in Hays. Please see the *Office of Vocations* for more information.

CLERGY HEALTH AND RETIREMENT BOARD meeting is scheduled for August 11 at 1 P.M. in Salina.

ANNUAL SEMINARIAN FUNDRAISER DINNER is scheduled for August 13, 2020 at the Salina Country Club. The event will start at 5:30 P.M. You are all invited to attend. Thank you for your support.

RUNNIN' REVS game in Hays will take place on August 14. Details forthcoming.

MEN'S CONFERENCE is scheduled for August 15 in Hays. Thank you for promoting this event. Please see the *Office of Family Life* for more information.

RURAL LIFE WORKSHOP is August 16 at SS. Peter and Paul Parish in Clay Center. Please see the *Office of Rural Life* for more information.

FEMA TRAINING with Catholic Charities has been rescheduled to August 29. Please contact Catholic Charities with any questions.

SDCCW WOMEN'S CONFERENCE is August 29 in WaKeeney. More details forthcoming.

CHANCELLOR

DIOCESAN CALENDAR: Enclosed with this News Bulletin are the Diocesan Calendar dates from the office of the chancery, which includes the fiscal year of 2020 – 2021. Updates and additions to this calendar will be listed on the monthly calendar sent out with the SDNB.

PRIEST STATISTICS: An updated list of Priest statistics will be sent out separately.

PARISH DATA SHEETS for 2020-2021 are attached. Please complete this form (both sides) and return it to the chancery no later than July 15th. This form is used in the updating of the diocesan directory, formation of mailing lists for various offices, etc. Even if you do not have it fully completed, please send it back with what you have so that all information can be updated in a timely manner. Fall brings us lots of mailings and information to get out and we want to make sure it is going to the correct person.

OFFICE OF LITURGY

LITURGY ANNUALS: Attached to this SDNB is the Order form for Liturgy Annuals. The production of the products has been delayed with the COVID-19 pandemic so please get your orders to me as soon as you can so that I can place an order and have them delivered before needed this Fall.

OFFICE OF VOCATIONS

SUMMER SEMINARIANS ASSIGNMENTS:

Deacon Brian McCaffrey-Fr. Frank Coady, St. Thomas More, Manhattan Kade Megaffin-Fr. Gale Hammerschmidt, St. Isidore, Manhattan Aaron Dlabal-Fr. Kerry Ninemire, Seven Dolors, Manhattan Brady Hutchison-Fr. Kevin Weber, St. Mary Queen of the Universe, Salina Adam Zarybnicky & Luke Friess-Fr. Fred Gatschet, Sacred Heart Cathedral, Salina Kyle Pfeifer-Fr. Brian Lager, St. Joseph, Hays Jesse Ochs-Fr. Norbert Dlabal, Sacred Heart, Atwood Trent Logan-Fr. Vincent Thu Laing, St. Frances Cabrini, Hoxie

MARK YOUR CALENDARS:

July 13th Vocations panel meeting at the chancery, 4:00 P.M.

Seminarian summer retreats:

July 7th-10th, Pilgrimage/trip with Bishop Vincke July 28th-31st, Service week-location to be decided

August 9th-4:00 P.M., Vocations picnic in Hays. Every Priest in the diocese is invited to attend and invite one or more young men (high school age) from their parish to join Bishop Vincke for an afternoon/evening of fellowship. Be sure to follow all child safety and security protocols in arranging for them to attend. Priests are asked to please RSVP to the Vocations Office (Corey Lyon) with number attending from your parish.

August 10th-13th, Seminarian Retreat at the Lake, Council Grove, KS All Diocesan Priests are invited to join us for the day on August 10th. If that day does not work, you may join us a different day but the 10th is preferred. Please RSVP to the Vocations Office (Corey Lyon) if you plan on attending.

August 13th-Seminarian Banquet, Salina, KS

August 14th-Runnin Revs bb game in Hays

August 15th-Men's Conference at IHM in Hays

June 5th, 2021- Deacon Brian McCaffery's ordination to the Priesthood, 10:00 A.M., Sacred Heart Cathedral

IT'S CONFIRMATION/FIRST COMMUNION TIME! With Confirmation and First Communion schedules pushed back due to COVID-19, please review my requests for submissions: As in the past, I'm happy to run photos of your groups in The Register. I want to refresh your memory on the specific information I need.

When submitting a photo, please be sure you are sending the highest resolution/size possible! Check your email program. Sometimes it will send a "web sized" photo - this is too small for the newspaper. Often there is a box to check for "send full size photo" or "send large photo" — please be sure it is selected. If someone has forwarded a small photo to you from a smartphone, I need to be in contact with the original person who sent the photo.

I need the following information with every photo in order to run it in The Register:

- Parish name/city
- What the event was (1st communion, confirmation, etc.)
- **DATE** of the event
- Name of <u>ALL</u> people in the photo. The following format is best:

First row (left to right): Jane Smith, Bob Brown, Carrie Linneburger, Father Jack Smith Second row (left to right): Jack Green, Suzie Quinn, Arnold Hund Third row (left to right): John Jones, Ann Lyon, Cassie Hays

Lastly, here is a quick rundown of the deadlines for the upcoming issues:

With one paper per month, pages are filling QUICKLY! Please send photos along as expediently as possible!

Publication Date Due date
August 28 Mon. Aug 3
September 25 Mon. August 31
October 23 Mon. September 28

Photos & information may be emailed to: newspaper1@salinadiocese.org

U.S. CENSUS: In the June 26 edition of The Register, you will notice several stories about the census. Here are a few highlights:

- The U.S. Census is required by law (U.S. Constitution, Article 1, Section 2) and has been conducted every 10 years since 1790.
- Every uncounted person costs the state of Kansas approximately \$2,082 in federal funding.
- If 1 percent of the Kansas population is uncounted in the 2020 Census, the state of Kansas could miss receiving nearly \$604 million in federal funding over a 10-year period.
- Businesses and government agencies consider population trends when choosing places to locate, which in turn boosts economic growth.
- Under current federal law, the bureau cannot share census responses identifying individuals with the public or other federal agencies, including immigration authorities and other law enforcement, until 72 years after the information is collected.

Source: kansascounts.org

An amazing resource where you can download graphics that relate directly to your community is: https://kansascounts.org/government-resources/city-data/community-infographics/

Please feel free to use this information to educate your parishioners about the importance of filling out the census for your community!

OFFICE OF YOUTH MINISTRY

BCYC VIRTUAL ENCOUNTER: Benedictine College is excited to invite you and your teens to join us this summer for Virtual BCYC Encounter! It includes all the content and support you need to host a life-changing youth conference right at your own parish!

How does it work? Benedictine provides printable booklets for your teens, which tie into the weekend's activities, interactive sessions, and speaker presentations. All sessions are streamed for you and your group to watch (either live, later in the weekend, or on a different weekend, allowing for the most flexibility!), and we will send your leaders small group questions for each session! Sign up for only \$20 per person! www.benedictine.edu/encounter

Contact: youthoutreach@benedictine.edu or 813-360-7406.

Speakers will be Noelle Garcia, Sr. Bethany Madonna and Mark Bocinsky. The dates are July 10-12, 2020.

NCYC: The dates for NCYC is November 18-20, 2021 and will be held in Indianapolis, IN. We will be sending a letter out to the Adult Youth Leaders this fall asking how many youths are planning to attend this conference. Remember, your 8th graders from this present year will be freshmen this fall, and they will be able to attend. We need to have a rough number of youth and adults that will be going so we can reserve the buses and hotel rooms. Thank you for your support for this conference.

PRAYER AND ACTION TEAM: The young people that were going to be on our Prayer and Action Team this summer is working on a video for our web page. They will be giving their talks that they were going to give this summer and will give you some questions that our young people can discuss at their Parish Youth Meeting. So be on the lookout for these videos.

ADULT YOUTH LEADER AND RELIGIOUS EDUCATION COORDINATOR: If you have a new person in one of these two positions please send us their name and address so they will receive the mailings from our Office.

OFFICE OF COMMUNICATIONS

Just a reminder about the Clergy photoshoot this month. Thank you to those of you that have signed up! If you haven't, please click one of the links below.

- 1. Salina Kansas on July 15th from 9:00 A.M. 3:30 P.M. at Sacred Heart Cathedral in the Hall of Bishops : Sign up here https://doodle.com/poll/ezsbfv34s43ncmuk
- 2. Hays Kansas on July 17th from 9:00 A.M. 3:30 P.M. at St. Nicholas of Myra Parish Hall: Sign up here https://doodle.com/poll/88vwgp2bhfgw3sh9

We will send an email reminder a week before!

Follow us on social media! Instagram: salina_diocese Facebook: SalinaDiocese Twitter: @SalinaDiocese

YouTube: Salina_Diocese or www.youtube.com/salinadioceseks

PROPAGATION OF THE FAITH

MISSION APPEALS: During this unusual year for Mission Cooperative appeals, we are grateful for your efforts to coordinate with mission groups for an appeal either by a mission representative or by the pastor (using materials provided by the mission group.) We hope that this year's mission appeals can be finished no later than September 5-6, 2020 (due to the rescheduling of collections for the Holy Land on Sept. 13 and Peter's Pence on Oct. 4 and to avoid confusion with the annual World Mission Sunday collection on Oct. 18). Just a friendly reminder—if the pastor is making the mission cooperative appeal using mission group materials, please inform the Propagation of the Faith office of that schedule.

OFFICE OF RURAL LIFE

CLAY CENTER: On Sunday, Aug. 16, the Salina Diocese Catholic Rural Life Commission will sponsor the annual Catholic Rural Life Day, starting at 3 P.M. at SS Peter and Paul Parish in Clay Center.

The highlight of the observance is the presentation of the Msgr. John George Weber Century Farm Awards. Any Catholic family who has overseen a farm, owned, or operated a farm for 100 years or more is eligible for the award.

The 2020 awards are primarily for the parishes in the East Deanery, however, any Catholic family in the diocese who meets the criteria for the Century Farm Award may apply.

The award ceremony will be followed by refreshments and socializing.

The stories of the families for the Century Farm Award reflect the growth of the faith and the Church in the diocese. The family story affects and reflects the story of their local parish as well. The Rural Life Commission serves the mission of the Church by promoting the care of God's creation and the welfare of the people who depend on it.

For additional information, please visit <u>salinadiocese.org/rural-life</u>, or call Father Rich Daise at (785) 462-2179.

Applications may be mailed to: Rural Life Commission c/o Rev. Richard Daise 585 N. French Avenue Colby, KS 67701. Application deadline is Aug. 1.

CLERGY EDUCATION COMMITTEE: The Clergy Retreat is scheduled for September 14-17, at the Spiritual Life Center in Wichita. The Retreat Master is Fr. Jacques Philippe. All active diocesan priests are expected to attend. Please contact Fr. Rich Daise at (785) 462-2179 if you are unable to attend. Retired priests are invited to attend. Please contact Fr. Rich if you are planning to attend. In addition, if you have special needs (i.e. dietary, etc.) please also contact Fr. Rich. Attendees should plan to arrive o/a 4:00 P.M. on Monday, September 14th. We will begin with evening prayer and dinner. The Retreat will adjourn at noon on Thursday, September 17th. Please bring a check for \$400 payable to the Diocese of Salina for registration.

2021 MARCH FOR LIFE IN WASHINGTON, D.C. - It's not too early to start planning for the 2021 March for Life! The 49th Annual March for Life will take place in Washington, D.C. on January 29, 2021. The Salina Diocese will sponsor a pilgrimage to attend this special event. This year will feature new hotel accommodations, some new activities as well as some of the old ones including Mass at the National Basilica of the Immaculate Conception, a visit to Arlington National Cemetery, the National Monuments and other sites in Washington, D.C. The trip will take place January 27-31, 2021. This trip is open to all ages across our diocese and we strongly encourage our youth to attend! Look for more information about costs and how to register in the coming months!

NEW DIRECTION – Beginning July 1, the Office of Respect Life will be under the direction of Rick Binder. He will be a great advocate for Life in the Diocese of Salina and is excited to work with your parishes to promote and develop the pro-life culture in your local community.

OFFICE OF FAMILY LIFE/NFP

NEW DIRECTION – Beginning July 1, the Office of Family Life is under the direction of Rick Binder. Rick has been working in the Vocations Office for the Diocese and will be moving to Family Life and Respect Life. He will be a great advocate for families and the important role of Family Life. In addition to his experience in the Vocations Office, Rick is the Youth Director at Immaculate Heart of Mary Parish in Hays, Kansas. You can contact Rick by email address at familylife@salinadiocese.org and at the chancery at 785-827-8746. Corey Lyon and Wendy Backes are still working at the Diocese but have transitioned to new positions. Wendy is now the full time Save Environment Coordinator for the Diocese, and Corey is the Vice Chancellor and Executive Assistance to the Bishop.

2020 NATIONAL NFP AWARENESS WEEK JULY 19-25 - The 2020 theme is *Live the truth and beauty of God's plan for married love! Natural Family Planning – It's about love. It's about life. It's about freedom. It's about gift.* Find out how your parish community can celebrate NFP Awareness Week by visiting the USCCB Celebrate National NFP Awareness Week webpage with many resources available for parish use during the week. Visit the page at: http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/awareness-week/index.cfm

2020 NFP Posters and a bulletin insert were sent via US mail to the Parish where the pastor resides and should be distributed among your parish cluster. Electronic copies of these documents are also attached. There are also trifold brochures available for distribution, please contact the NFP Office for more information.

NFP Awareness week is also an excellent time to promote the Diocese of Salina FertilityCare Center website http://salinafertilitycare.org, where women and couples can find more information about Natural Family Planning Practitioners, NaProTECHNOLOGY doctors, read testimonies and much more!

The promotion of NFP and FertilityCare, including the recruitment of quality individuals or couples who are willing to be trained in a proven method, is a top priority for the Office Natural Family Planning. If you know any couples who are using Natural Family Planning and are willing to be trained as instructors in any method of NFP, please let us know their names or encourage them to call our office, 785-827-8746 or email familylife@salinadiocese.org. Scholarships for training may be available.

UNPROTECTED MOVIE NIGHT JULY 19 – There will be a showing and discussion of the movie *UNPROTECTED A Pope, the Pill, and the Perils of Sexual Chaos*. The movie will kick off NFP Awareness Week at 7:30 P.M. on July 19 and will be shown at the Kennedy Building east of St. Joseph Church in Hays. Admission is FREE and you can bring your own movie snacks and drink. There will be a discussion following the movie. Parental discretion is advised and no children under 13 years of age should attend due to the serious nature of the content. Please announce this event in your Parish bulletins and use the attached poster to help promote the event.

2020 DIOCESAN MEN'S CONFERENCE *MEN OF GOD MEN OF MARY* – The ninth annual Diocesan Men's Conference is scheduled for Saturday, August 15th at Immaculate Heart of Mary Parish, Hays. ALL men and young men Junior High and up are encouraged to attend! The early bird registration deadline is August 1, after which registration fees will increase by \$10. Registration will be taken up to and including the day of the conference, however early registration is encouraged to ensure adequate materials, food, confessors, etc. The *BEST* tool for recruiting is personal invitation – so invite your family, friends and coworkers. Registration is available online at <u>salinadiocese.org</u> or you can download a paper registration to mail.

Please encourage the men of your parish to sign up early! Posters were sent via US mail to the Parish where the pastor resides and should be distributed among your parish cluster.

Please publish the weekly bulletin announcement below during the month of July.

<u>July Announcement – Salina Diocese Men's Conference, Register Today</u>

You may consider yourself a man of God the Father, but do you consider yourself a man of Mary our Mother? Catholic Men of the Salina Diocese join us on the Solemnity of the Assumption of Mary for our Ninth Annual Salina Diocese Men's Conference, August 15th at Immaculate Heart of Mary Church in Hays. Plan to attend and bring your sons who are in Junior High, High School or College. Special guests will be Bishop Vincke, Patrick Coffin and Fr. Andy Hammeke. In addition to challenging and motivating talks the conference will also offer the opportunity for Adoration, the sacrament of reconciliation, and Mass. To register online or for more information go to salinadiocese.org; email familylife@salinadiocese.org; or call the Office of Family Life and NFP at 785-827-8746.

2020 SALINA DIOCESE COUNCIL OF CATHOLIC LAY WOMEN BIENNIAL CONVENTION: The 2020 SDCCW Convention is scheduled for Saturday, August 29th at Christ the King Catholic Parish Center in WaKeeney. This Convention is for ALL women in the Diocese of Salina! Please see the attached flyer with registration form to use as a bulletin insert.

Please publish the weekly bulletin announcement below during the month of July.

<u>July Announcement – Salina Diocese Council of Catholic Lay Women Biennial</u> Convention, Register Today

Blessed are you...Have you ever prayed with the Beatitudes? Diocese of Salina Council of Catholic Lay Women will host their biennial convention on Saturday, August 29th at Christ the King Parish Center in WaKeeney. ALL women of the Diocese are encouraged and welcome to attend. Special guest Sarah Hart will lead you on *The Beatitude Walk*, and Mass will be offered by Bishop Vincke. To register online or for more information go to salinadiocese.org; email familylife@salinadiocese.org; or call the Office of Family Life at 785-827-8746.

PURIFIED RESCHEDULED – The Purified Event with Jason Evert scheduled for March 30th has been rescheduled for <u>Wednesday</u>, <u>September 9th</u>. Stay tuned to our Diocesan website and social media where we will post updated information for promotion and ticket sales as soon as it becomes available. For those who purchased tickets for the March event, your tickets will be honored at the rescheduled event, or if you are unable to make the rescheduled date you may request a refund by contacting <u>eventcoach@chastity.com</u> including all of the pertinent information.

MADE FOR MORE RESCHEDULED – The Visions of the Promised Land event with Christopher West originally scheduled for Wednesday, May 13, has been rescheduled for <u>Tuesday</u>, <u>February 23, 2021</u>. If you purchased tickets for the May13 they will be honored at the February 23 event as well. If you would like a refund and purchased your ticket at a Parish in Manhattan, they will be able to issue you a refund. If you purchased your tickets online, please contact <u>events@tobinstitute.org</u> or call 215-302-8200. More information regarding the rescheduled event will be made available later this fall.

ANNIVERSARY MASSES - Celebrations to honor married couples will again be held on two Sundays in October so couples and their families can fulfill their Sunday obligation while celebrating their Anniversary. Mass will be held at Sacred Heart Cathedral in Salina, at 3 P.M., Sunday, October 18, 2020; and St. Nicholas of Myra Church, in Hays, Sunday, October 25, 2020 at 3 P.M. *More information will be forthcoming*. If you have questions, please contact the Family Life Office at 785-827-8746 or email familylife@salinadiocese.org.

UPCOMING MARRIAGE PREPARATION AND ENRICHMENT EVENTS

ADDITIONAL ENGAGED ENCOUNTER WEEKEND SET FOR JULY 10-12 at the Capuchin Center for Spiritual Life in Victoria. The weekend will be limited to 10 couples so please encourage any couples you may be preparing to register early. For more information, and to register visit https://salinadiocese.org/family-life/marriage-prep/engaged-encounter.

OFFICE OF DEVELOPMENT



BISHOP'S ANNUAL APPEAL

Thank you for all you have done to promote the Bishop's Annual Appeal – Call to Share. The generosity of individuals in our diocese

continues. We have received over \$1.5 million in Call to Share gifts. These gifts fund seminarian education, priests' retirement and clergy health, evangelization and ministry as well as education.

There will be several more opportunities for giving:

Later this summer, as Mass attendance increases, we will conduct the postponed **in-pew solicitation**. (Hang onto those materials we sent you back in February and watch your emails for details.)

Late summer, we will send a letter to all households who gave last year, but not yet this year (LYBUNT.)

OFFICE OF DEVELOPMENT (cont.)

All of us have been blessed with this generosity and the results make it possible for the diocese to serve our people and parishes.

If you have any questions contact Beth, Melanie or Lois at 785-827-8746. Emails are: beth.shearer@salinadiocese.org or melanie.melander@salinadiocese.org or lois.yost@salinadiocese.org.

ANNUAL GIFT AND EVENT MANAGER: We are delighted to report that Katie Greenwood will be joining our office on July 1. In this role she will assume responsibility for the Bishop's Annual Appeal, Seminarian event, Seminarian collection and #iGiveCatholic. Please make her feel welcome. Katie is excited to begin a career in development.

SEMINARIANS IN THE DEVELOPMENT OFFICE: This summer, three of our seminarians are working mornings in the development office. We have been thrilled to work alongside Luke Friess, Brady Hutchison and Adam Zarybnicky. Luke is working on grant reports due to Catholic Extension; Adam is working on the Seminarian collection and Brady is helping with the Seminarian dinner. It has been fun getting to know these young men.

SEMINARIAN COLLECTION AND SEMINARIAN DINNER: The **annual seminarian collection** was moved this year to August 8 and 9. Envelopes for this collection should be in the envelope boxes received by each parishioner. The Development and Communications offices are working on plans to promote this event across the diocese.

The annual **Seminarian Recognition Dinner** will be Thursday, August 13 at the Salina Country Club. (Note the location change from what was earlier announced.) The evening starts with a social at 5:30 P.M. followed by Vespers and dinner. Invitations will be mailed the first of July and online registrations can also be made on the diocesan website after July 1. The dinner is \$60 per person. Seating at this event will be limited to the first 200 who respond. This is a solid number and extras will not be accommodated. This has become a popular event and we need to be sure we do not overcrowd the room.

This is our opportunity as clergy and lay people to recognize and honor those men in our diocese who are currently discerning God's call to Priestly vocations. This is a fun and inspiring event. Consider inviting your parishioners or perhaps host a table of men who have shown interest in seminary. If you have any questions, contact Katherine Greenwood or Lois Yost at 785-827-8746 – or email katherine.greenwood@salinadiocese.org.

#iGiveCatholic: Planning and preparations have begun for #iGiveCatholic. This is an online giving day celebrated annually on the Tuesday after Thanksgiving, Black Friday and Cyber Monday. It kicks off the charitable giving season and brings the Catholic community together to give thanks and give back. The giving day is December 1 and advance giving starts on November 16.

Every parish, school, and Catholic ministry in our diocese will be invited to participate. Watch your emails this summer for more information and an invitation to join us. Registration opens August 17 and closes October 31. One big difference this year – you will need to sign up to participate. Last year, diocesan organizations were automatically entered into the system. This year, those who do not sign up will not have a page.

If your email has changed, contact Katie Greenwood to update it so you receive the important participation package – <u>katherine.greenwood@salinadiocese.org</u>

OFFICE OF DEVELOPMENT (cont.)

Upcoming dates – mark your calendars:

Seminarian collection – August 8 and 9 weekend Annual Seminarian Recognition Dinner – Thursday, August 13 #iGiveCatholic Advance giving begins – Monday, November 16 #iGiveCatholic giving day – Tuesday, December 1

OFFICE OF SAFE ENVIRONMENT

BLUE DIOCESAN POLICY HANDBOOK: Section IV (Safe Environment Program) has been updated. The updated documents will be mailed out to all Priests, Deacons and PLC's so they can update their Diocesan Handbook. Additionally, Principals will receive in the mail Section IV to update their files. Safety Coordinators of all parishes and schools will be *emailed* Section IV, and hard copies will be mailed to them with the Safe Environment Newsletter in August. If you have **not** received the Section IV update in the mail by July 15, please contact the Safe Environment Office 785-827-8746 #24

ABUSE OF MINORS BULLETIN ANNOUNCEMENT: Please use the revised Reporting Abuse Bulletin Announcement (in its entirety) dated 7-2020, in your *parish bulletins AND school newsletters/websites*. This revised announcement includes the new hotline number and website for the Victim Assistance Coordinator (VAC) and information regarding the new Catholic Bishop Abuse Reporting Services. As a reminder, be sure to insert the announcement at least quarterly (July, October, January and April). *WORD and PDF* versions can be found on the Diocese of Salina website. https://salinadiocese.org/safe-environment

After putting the announcement in the bulletin or school newsletter, please mail or email a copy to wendy.backes@salinadiocese.org as they will be put in diocesan files to share with the auditors.

Please continue to be faithful with this request as we continue to Promise to Protect, Pledge to Heal



SAFE ENVIRONMENT NEWSLETTER: Please continue to use The Shepherd newsletter to stay current with information from the diocese, as well as using it as another resource as you continue to provide safe environments to the children and youth in the Diocese of Salina.

ATTENTION SAFETY COORDINATORS: The month of July will go fast and soon you will be preparing for yet another school year, (however that may look). In the next couple of weeks, please sign into CMG and go to your dashboard. There you will see "Certification Expiring within the next 60 days and Background Check Expiring within the next 60 days." Please check to see if any of your employees or volunteers are listed. If they will be volunteering or are employed at your parish or school, please contact them so they can update their training/background check. Normally, once completed their certification is valid for 5 years. If they do not renew their training and background check prior to their expiration date, they are not allowed to minister with minors in your parish until they have completed the training. As a reminder you will need to provide them with their username and password. Please do not have users create new accounts as we want to track all their trainings from their original account.

SAFE ENVIRONMENT NEWSLETTER INFORMATION PACKET – The Safe Environment newsletter information packets will be mailed and/or emailed in August. Included in the newsletter packet will be all the forms each parish and/or school is required to complete and return to the Safe Environment Office here at the Chancery. In addition to the safe environment newsletter packet, you will also be receiving your own personal revised and updated hard copy of Section IV-Safe Environment Program (of the blue diocesan handbook). If you do not receive either of these by August 30, please contact the Safe Environment Office 785-827-8746.

MISCELLANEOUS

RETREAT: Join Dan Burke for an Into the Deep mini retreat to discover the depths of prayer. All are welcome at Our Lady of Perpetual Help Catholic Church, 307 West 13th St., Goodland, from 9:00 A.M. to 1:00 P.M. on Saturday, September 19th. Mass will begin at 8:00 A.M. and registration is at 8:30 A.M. Light breakfast and snacks provided. Register at SpiritualDirection.com/Events for the \$20 early bird special! Register after August 19, 2020 and the cost are \$25 per ticket or \$30 cash or check at the door. See you on Saturday, September 19, 2020!

VILLAGE LIGHTS MINISTRIES CONCERT: My name is Jeanette Brungardt and serve at St. Fidelis in the Religious Ed and Youth Ministry Office. I am so thrilled and we are beyond blessed to have the ability to host Ike Ndolo, Sarah Kroger, and Ricky Vazquez with Village Lights Ministries in an outdoor concert at Victoria City Park. Please see the attached ad and feel free to share with parishioners. There is no fee to attend, however any good will donations can be made to St. Fidelis Church at 601 10th Street, Victoria, KS 67671.

These names will probably sound familiar to those who attended NCYC this past year and in years past! These artists were the praise and worship house band at NCYC in 2019. They also have a very significant following as Catholic and Christian artists. The message they are bringing is amazing. Throughout this whole planning and collaboration process we, the booking agency, the production company, the sound and lights guy, and myself, have felt the Holy Spirit throughout it all. We are filled with an immense joy to bring this to our community and the surrounding communities! If you cannot join us, please pray for this event and all of those involved. Please encourage your youth to attend. We hope you can join!

AUGUST 2020

Sunday		Monday		Tuesday	Wednesday	Thursday	Friday	Saturday
								1
S		3 School Admin. Mtgs., Chancery		4 School Admin. Mtgs., Chancery	5	6	7	8
Supreme Convention K of C		Supreme Convention K of C		Supreme Convention K of C	Supreme Convention K of C	Supreme Convention K of C		Annual Seminarian Collection
9		10		11	12	13	14	15
	Annual Seminarian Collection			Curia, Group B				Men's Conference,
Vocations	Vocations BBQ, Hays			Clergy Health & Retirement Board mtg.	Jesu Caritas	Jesu Caritas		I.H.M.P., Hays
Seminarian End of Summer Gathering		Seminarian End of Summer Gathering		Seminarian End of Summer Gathering	Seminarian End of Summer Gathering	Seminarian Recognition Dinner	Runnin Revs, 6 pm, Hays	Assumption of the Blessed Virgin Mary
16		17		18	19	20	21	22
Confirmation, 10:30 am Clay Center						Catholic Charities FEMA training		
Rural Life Day, Clay Center								
23	Confirmation, 8:30 am, Washington	24		25	26	27	28	29
	Confirmation, 11 am, Hanover 30		31					Woman's Conference, (SDCCW), Christ the King, WaKeeney

Diocesan Calendar Dates July 1, 2020 - June 30, 2021

Office of the Bishop

Aug. 2-6 138th Supreme K of C Convention,

Washington, D.C.

Nov. 15-20 USCCB mtg., Baltimore, MD May 1-2 State K of C Convention, Topeka May 11 Religious Sisters Mass/Luncheon,

Sacred Heart Cathedral

June 16-18 USCCB mtg., Denver CO

Priest Council Meetings

Nov. 5

March 19

Continuing Education of Priest

Sept. 14-17 Clergy Retreat, Wichita

Jan. 11-14 Clergy Renewal Days, Wichita

Jesus Caritas

Aug 12-13 Salina

Oct. 7-8 Wichita w/Kansas Catholic Conf.

TBD Location TBD

TBD Kansas City

Catholic Schools

Aug. 3-4 Admin. Meeting - Chancery

Teachers' Institute Nov. 13 Jan. 31-Feb. 6 Catholic Schools Week Feb. 13 Teachers' Renewal Day

Clergy Health and Retirement Board

Aug. 11 **Board Meeting** May 18 Annual Lunch & Mtg.

May 19 Annual Lunch & Mtg.

Youth Ministry

June/July **Prayer & Action** Nov. 18-21 NCYC, Indianapolis TBD **CYO Convention** Jr CYO Camp May 29- June 1

Family Life

Vocations July 19-25 NFP Awareness Week

Men's Conference, I.H.M.P.--Hays Aug. 15 Seminarian Recognition Dinner Oct 18 Anniv. Mass, Cathedral, Salina Ordination to the Priesthood Oct 25 Anniv. Mass, Hays, St. Nicholas

> Feb. 14 World Marriage Sunday April 18-24 Infertility Awareness Week

Aug 10-13 Sem. End of Summer Gathering Aug. 13 June 5

Diocesan Calendar Dates July 1, 2020 - June 30, 2021

Finance Council Meetings

Curia Meetings

General

March 7

April 21

April 23

Stewardship and Development

Sept. 10 March 25 Dec. 3 June 3 Feb. - March Bishop's Annual Appeal

Respect Life

Group A - July 14 and Oct. 6 Group B - Aug. 11 and Nov. 3 Group C - Sept. 8 and Dec. 1 October Respect Life Month Jan. 28-30 March for Life, D.C.

Development Advisory Board

July 28
Girl Scout Sunday Oct. 6
Administrative Professional's Day Jan. 26
Boy Scout Sunday April 20

Catholic Charities

July 18 Annual Fundraiser-Virtual
Sept. 3 Board Meeting
Nov. 12 Board Meeting
TBD Board Meeting
TBD Board Meeting
TBD Board Meeting
TBD Board Meeting

Special Days & Feasts August 15 A

Assumption of Mary Nov. 1 All Saint's Day Dec. 8 **Immaculate Conception** Feb. 17 Ash Wednesday March 28 Palm Sunday April 1 **Holy Thursday** April 2 Good Friday April 3 **Holy Saturday** April 4 Easter Sunday Pentecost Sunday May 23

Propagation of the Faith

Oct. 18 World Mission Sunday
April 11 Earliest date Mission Coop
appeals can begin

Diocesan Collections

Seminarian Annual Collection Aug. 9 Sept. 13 Holy Land Oct. 4 Peter's Pence Oct. 18 World Mission Sunday Nov. 15 Catholic Charities Annual Appeal Nov. 22 **Human Development** Dec. 13 **Retired Religious** March 14 **Catholic Relief Services** April 25 **Catholic Home Missions**

<u>Liturgy</u>

Feb. 21 Rite of Election, Hays
Feb. 28 Rite of Election, Salina
March 25 Chrism Mass, S.H. Cathedral

Rural Life

Aug. 16 Rural Life Day, Clay Center
March-TBD Rural Life Winter Seminar
May 15 St. Isidore's Day

Parish Data Town: Parish: 2020-2021 Parish E-mail Address: **Religious Education Coordinator** Name: Parish Website: Address: City, State, Zip: Parish Fax #: Telephone: E-mail Address: Parish Phone # **Parish Council Chairperson Budget/Finance Commission Chairperson** (refer to Diocesan Policy Handbook pages V, 9-10) Name: Address: Name: City, State, Zip: Address: City, State, Zip: Telephone: E-mail Address: Telephone: E-mail Address: Pastoral Associate (not applicable to all) Adult CYO Sponsor (Grades 9-12) Name: Address: Name: City, State, Zip: Address: Telephone: City, State, Zip: E-mail Address: Telephone: E-mail Address: Liturgy Chairperson Name: **Respect Life Coordinator** Address: Name: City, State, Zip: Address: Telephone: City, State, Zip: Telephone: E-mail Address: E-mail Address: **RCIA Coordinator/Director** Name: Family Life/Christian Service Chairperson Address: Name: City, State, Zip: Address: Telephone: City, State, Zip: E-mail Address: Telephone: E-mail Address: Development/Stewardship Chairperson **Evangelization Committee Chairperson** Name: Address: Name: Address: City, State, Zip: Telephone: City, State, Zip: E-mail Address: Telephone: E-mail Address: Safety Coordinator: Name: Address:

City, State, Zip: Telephone:

E-mail Address:

Names of Parish Council members to continue for one more year:						
Names of Parish Council members to continue for two more years:						
Names of newly elected/appointed members of Parish Council:						

Please complete and return to:

Chancery Office Attn: Brenda Streit PO Box 980 Salina, KS 67402-0980

Please remember to notify the Chancery immediately of any changes!

ORDER FORM

ANNUAL LITURGY RESOURCES FOR 2021

Bill to:		
Address:		
ATTN:		
		(Please indicate quantity)
Lector Workbook	\$ 10.75 each	
Source Book	\$ 12.50 each	
At Home With the Word At Home With the Word Large Print	\$ 8.25 each \$ 9.75 each	
Small Liturgical Calendar (pk of 25)	\$10.00 pk	
Poster size Liturgical Calendar	\$ 7.25 each	
Laminated Poster size Liturgical Calendar	\$ 12.50 each	
Daily Prayer	\$ 9.75 each	
ORDO	\$ 16.00 each	

Return to:

Liturgy Office PO Box 825 Salina KS 67401



Live the truth and beauty of God's plan for married love!

Creation overflows with God's life and love! Make no mistake about it—God made you and our world out of His great love! Let's consider how this truth includes marriage. And let's take a look at how the methods of Natural Family Planning (NFP) honor the truth and beauty of God's plan for married love.

It's about love.

From the beginning, God created Adam and then a suitable partner for him, Eve. The first human relationship ever created was that of marriage! "This one, at last, is bone of my bones and flesh of my flesh" (Gen. 2: 23). The two give themselves to each other to become one. Giving of one's self to the other is a hallmark of marriage—there is no "I" in marriage, but "We." It is part of God's plan for the good of humanity. That is because marriage reflects the love of God—permanent, faithful, and fruitful. And, with the coming of our salvation in Jesus, marriage reflects the love of Christ for His Church.

The methods of NFP honor and even have the potential to protect and strengthen a married couple's ability to reflect God's love. That is because NFP requires communication and cooperation between husband and wife. NFP methods, which are rooted in science, make use of education and behavioral change for achieving and avoiding pregnancy. When learned and used correctly, they are an effective means of responsible parenthood.

As a couple learns about their combined gift of fertility and understands the best time to either conceive or postpone conceiving a baby, they are better able to discern God's plan for their marriage. If delaying a pregnancy, they will abstain from the marital act. They then will do nothing to harm God's gift of fertility. The use of NFP often requires self-sacrifice as the spouses explore other ways to show affection for each other when periodically abstaining to postpone pregnancy. As they work together, a husband and wife will find that this may deepen their emotional and spiritual intimacy as spouses.

It's about life.

God created men and women in His image—male and female. Human sexuality is part of God's plan. It is woven into the fabric of each man and woman. Human sexuality carries within it the two-fold powers of love and life. The essential nature of this two-fold truth should be appreciated and respected.

In marriage, husband and wife deepen their love for one another through celebrating the truth of their sexual union. The marital embrace is a spousal gift with a two-fold purpose; to draw the spouses closer together, to be unitive and to be procreative, to be life-giving.

Procreation is the Lord God's awesome invitation and a sacred duty for husband and wife to share in His creative power! Sometimes a couple is unable to have children through no fault of their own. Their challenge is to offer their marital love as a blessing in the community in service to others.

Marriage is the foundation to build families—children are "the supreme gift of marriage" (*Gaudium et spes*, no. 50), and marriage creates a secure home for children. God's procreative invitation to husband and wife extends past pregnancy and calls parents to steward their children: to nurture them, to teach them to love God and neighbor.

The Church has always understood that God wants parents to be open to life and to care for their children. To be a parent is a life-long vocation! It is why the Church can say that married couples receive "a kind of consecration" in their marital duties (*Gaudium et spes*, no. 48).

NFP methods support God's gift of procreation because they value new life. Unlike contraception, which exists to deny human fertility, NFP respects natural fertility. NFP education enables husband and wife to understand their window of fertility—when they are most likely to become pregnant—and therefore, can also be used to help them achieve a pregnancy besides postpone one. NFP respects God's power of life. Contraception cannot do that!

It's about freedom.

Free will is one of God's gifts to men and women. When God created humanity, He made the human person as a "rational" being—who can initiate, control, and decide how to act (see the *Catechism of the Catholic Church*, no. 1730). Freedom of conscience is a gift from God that allows each person to grow in maturity and to be able to love Him and neighbor freely. At the same time, the Catholic faith tells us that true freedom can only be found when we choose to love God. Freedom, therefore, is not the arbitrary ability to do whatever we'd like at any time.

True freedom is the ability to recognize the good and do what is right. If a person chooses to live a life in which he or she makes choices only thinking of his/her own happiness and fails to do the good to which God calls him or her, the person creates a type of prison for themselves (see Catechism, no. 1740). Doing what is right in life often requires personal sacrifice for a greater good than one's own desire or pleasure. And, this good is liberating!

As applied to marriage, the decisions of spouses can either build up or tear down the heart of a marriage. How the spouses exercise their individual freedom within the marriage cannot be made in isolation but must be made in recognition of each other's needs, that of their children, extended family, and other obligations and responsibilities outside the home.

Healthy marital communication is especially important regarding conjugal relations. Sin affects us all. It is deceptive. Sin can twist the good of the marital embrace.

Spouses can be selfish in how they treat each other. Wholesome inter-mutuality that is rooted in the love of God and each other strengthens a couple's marriage. Spouses need to support each other in striving to honor God's design by rejecting anything that can injure their marital love. It is the reason why the Church opposes contraception. It strikes at the heart of marital love.

The methods of NFP provide useful information on the woman's fertility cycle. NFP helps a husband and wife determine whether their lovemaking may result in bringing a new life into the world. The practice of daily charting the wife's signs of fertility can spark deep conversation about God's plan for their marriage. The practice of NFP can promote mutual growth in self-mastery, foster emotional, and spiritual maturity, and lead to a more authentic life lived in the freedom of God's design.

It's about gift.

God is love. In His great love, God created men and women in His image to share His divine life. When our first parents turned away from Him, God sought them. "For God so loved the world that He gave His only Son so that everyone who believes in Him might not perish but might have eternal life" (John 3:16).

Every human life is a gift from God, and, in turn, like our Heavenly Father, together we are gift to each other. We cannot fully discover who we are as persons "except through a sincere gift" of ourselves to each other (see *Gaudium et spes*, no. 24). Human beings are able to be fully human only when we reach out to our neighbor to form a network of loving relationships of life and love. We are all sons and daughters of the one family of God!

Marriage is a particularly unique gift from God. Marriage is not "the effect of chance or the product of evolution of unconscious natural forces; it is the wise institution of the Creator to realize in mankind His design of love (*Humanae vitae*, no. 8). God designed marriage to bring a man and a woman together in the one-flesh union that Scripture so eloquently teaches (Gen. 2:24). It is because of marriage that families come to be.

Today, we are fortunate to live in a time where human reproduction is well understood. The reliable methods of NFP stand upon solid research about male and female physiology. NFP science has confirmed the fertile signs of the woman's menstrual cycle and marked the parameters of a man and a woman's combined fertility, which creates the fertile window. NFP can be a moral means to either achieve or postpone a pregnancy. And, for women, NFP charting can provide insight into the health of her reproductive system. With so good a gift in our world, why not learn more about these healthy and ethical methods that support God's plan for married love? Visit usccb.org/nfp. And remember "live the truth and beauty of God's plan for married love!"



Live the truth and beauty of God's plan for married love!

lt's about love. It's about life. It's about freedom. It's about gift.

FertilityCare Practitioners

Aurora

Megan Lyon, RN, BSN, FCP 316-573-3104 mlyon.cmfcs@gmail.com

Colby

Tina Schrick, RN, BSN, FCP 785.462.6845 schricktina@gmail.com

Colby

Breanna McLemore, RN, BSN, FCP 308.631.9561 bremclemore20@gmail.com

Concordia

Lindy Meyer, CFCP 785.614.0831 lindymeyerfcp@gmail.com

Ellis/Hays

Samantha Baker, FCP 785.639.3285 sjmeitl@gmail.com

Great Bend/Hays

Jaclyn Brown, FCP 785.650.2474 jkfeldt@hotmail.com

Manhattan

Lori Harlan, FCP 785.532.8072 Iharlan@gmail.com

Salina

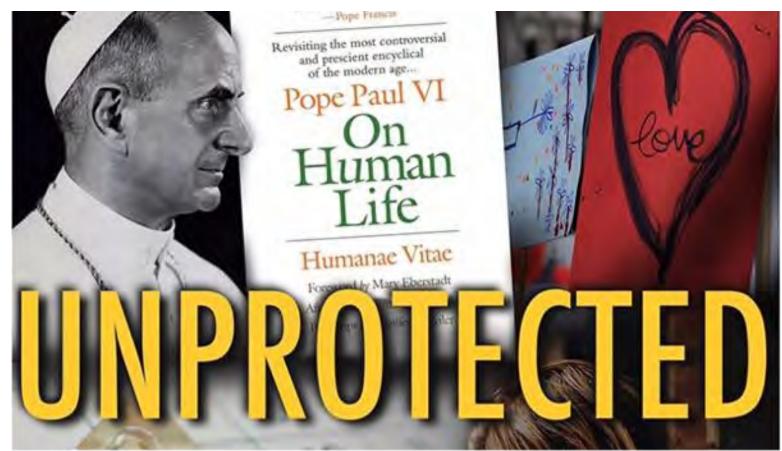
Maria Rapp, FCP 785.827.7779 drmaria@cwcks.com

<u>FertilityCare Physician</u>

Salina

Amy Hogan, MD, CFCMC 785.404.1603 onebodywellnesscenter.com





NFP AWARENESS WEEK MOVIE NIGHT

JULY 19 - 7:30PM

KENNEDY BUILDING EAST OF ST. JOSEPH CHURCH 215 W 13th St, Hays, KS

FREE ADMISSION WITH DISCUSSION TO FOLLOW

BRING YOUR OWN DRINKS AND SNACKS

PARENTAL DISCRETION ADVISED NO CHILDREN UNDER 13 YEARS OF AGE

A Pope, the Pill, and the Perils of Sexual Chaos



SOLEMNITY OF THE ASSUMPTION

ASS WITH

IMMACULATE HEART OF MARY CHURCH
1805 VINE STREET - HAVS

TALKS BY

MASTER OF CEREMONIES



Bishop Vincke







Patrick Coffin & Fr. Andy Hammeke Fr. Gale Hammerschmidt REGISTER ONLINE @ SALINADIOCESE.ORG BY AUGUST 1ST

INTO THE DEEP

Finding Peace through Prayer

Our Lady of Perpetual Help Catholic Church 307 W. 13th St. | Goodland | KS 67735 Saturday, September 19, 2020 I 9:00 AM to 1:00 PM Mass at 8:00 AM



Dan Burke

Do you want to transform your prayer life?
Speaker and writer, Dan Burke is coming to
Our Lady of Perpetual Help Catholic Church!
Dan provides three powerful talks on the
secrets of the saints and how to deepen
your prayer life. Join us for a life-changing
mini-retreat! Register online –
SpiritualDirection.com/Events.

Avila Foundation

JULY 2020 Page 1

THE SHEPHERD

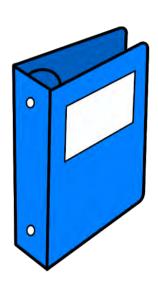
Safe Environment Office - Catholic Diocese of Salina

UPDATED SAFE ENVIRONMENT PROGRAM

"I am the good shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep"

~John 10: 14-15

by Wendy Backes-Safe Environment Program Coordinator



The updated Safe Environment Program (Section IV of the blue diocesan handbook) was sent out to all Priests, Principals, PLC's, and Deacons in the parishes and schools in Diocese of Salina. This new update included a revised policy reflecting the 2018 charter revisions from the USCCB. In addition, this update detailed two new third-party reporting systems; one for bishops in regard to the Policy for Response to Allegations of Abuse or Misconduct by Bishops, the other, a reporting system for standard cases. Both of these systems have new and distinct hotline numbers and websites for reporting suspected abuse. The Safe Environment Program also includes other documents to enhance and carry out our mission; promise to protect, pledge to heal. Please be sure to take note of all the changes in the program, and particularly, the upto- date contact information on how to report abuse. **Safety**Coordinators, I will be emailing you a pdf of the update, and will be

mailing hard copies with the Safe Environment Newsletter in August.



To create a safe environment for children is of greatest importance for the Church, and everyone in the Church is responsible for ensuring that this exists.

Protecting God's Children: It's Everyone's Job





Any allegation of the abuse of a minor, may be reported to the Kansas Protection Report Center 800.922.5330 KBI Crime Hotline 800.572.7463

or
ClergyAbuse@kbi.ks.gov
The Diocese of Salina fully
participates in all criminal
investigations related to
abuse perpetrated by a member
of the clergy or other church official.

For the safety of children and healing of those who have suffered abuse, the Diocese of Salina provides Hotline: 866.752.8855 #1067 Website: www. reportandprotect.com Email: reportabuse@salinadiocese.org

Website: www. reportandprotect.com Email: reportabuse@salinadiocese.org Reports will be responded to promptly by the Victim Assistance Coordinator.

"Rescue me, Lord, from my foes, for I seek refuge in you." - Psalm 143:9



Safe Environment Office Diocese of Salina To report an incident of sexual abuse and related misconduct by a Bishop or Religious Superior currently or in the past, the Catholic Bishop Abuse Reporting Services provides
Hotline: 800.276.1562
Website: reportbishopabuse.org

All reports are confidential with the exception of those involving the abuse of minors which will be immediately reported by the Diocese to the proper authorities, as required by Kansas State Law and Diocesan Policy.

JULY 2020 Page 2

CHANGES IN THE WORLD

by Wendy Backes- Safe Environment Program Coordinator

As we are faced with the many challenges in our world, especially in our own families during this global pandemic, let us too remember in our prayers, those victims and survivors of abuse, and also pray for those children who may not be safe in their own homes, as we continue to navigate through these difficult times.

Oh Lord, send forth your spirit and renew the face of the earth.

NEW LOOK

by Wendy Backes- Safe Environment ProgramCoordinator

After 5 years with the same format, it was time to give The Shepherd newsletter a new look. Even though the newsletter looks different, the purpose is the same. It continues to be an aid in promoting what the diocese is doing to continue to create stronger safe environment programs in our parishes and schools, and assists in supporting and providing outreach to victims of abuse. Let The Shepherd newsletter be an avenue to connect and build relationships with leaders in your parish, school, and community as we continue to work together in creating for children the kind of environment Christ teaches about in his gospel.

Along with the new look of the newsletter, we have updated the name of the office. It is now called the Safe Environment Office. The updated name ties together our purpose as we are committed to maintaining safe environments for children to learn, pray and grow. The Safe Environment office is now under the direction of Kim Hoelting, the director of Human Resources. I will be working closely with Kim in regard to background checks for new employees in the diocese and will continue my other job duties as Safe Environment Program Coordinator. Additionally, the Diocesan Assistance Coordinator is now referred to as the Victim Assistance Coordinator (VAC). The role of the VAC (Maria Cheney), has been elevated. The VAC is the *first* person you should contact if you have any questions or concerns related to boundary violations, when and if you should report suspected child abuse, or if you just need someone safe to talk to.

Should you need any further information, regarding any of the changes, please do not hesitate to contact us!

Wendy Backes
Safe Environment
Program Coordinator
785.827.8746 #24
wendy.backes@salinadiocese.org

Maria Cheney
Victim Assistance
Coordinator
866.752.8855 #1067
reportabuse@salinadiocese.org

Kim Hoelting
Human Resources
Director
785.827.8746 #28
kim.hoelting@salinadiocese.org



JULY 2020 Page 3

IDEAS FOR NURTURING AND PROTECTING CHILDREN DURING CRISIS

www.childmind.org

As the coronavirus crisis pandemic continues, we are all struggling to keep our children healthy, safe and occupied, often juggling work responsibilities and obligations at the same time. We face stress, fear, anxiety and pressure. But, through all of this, we must still remain vigilant to the importance of keeping our children safe; at home (and for some, that might not be a safe place right now), in our churches, and in the community. As we continue to adapt to this difficult and unprecedented time, here are some suggestions for keeping children safe in our own homes.

Keep routines in place.

Setting and sticking to a regular schedule is key. Try to make sure kids still have some structure, like getting up and going to bed around the same time every day.



Consistency and structure are calming during times of stress.



Be creative about new activities.

Incorporate new activities into your routine, like doing puzzles, having game night or a maybe a baking contest.

Manage your own anxiety. Keeping your own worries in check will help

Keeping your own worries in check will help your whole family navigate this uncertainty a little more easily.

For those moments when you do catch yourself feeling anxious and you are feeling overwhelmed, step away, take a break, go outside, take a deep breath, get a cup of coffee.

Stay in touch virtually.

Keep your support network strong, even when you are only able to call or text family and friends. Socializing plays an important role in regulating your mood and helping you stay grounded. And the same is true for your children.

Let your children Skype or FaceTime Grandma, technology can help kids feels closer to relatives they can't see at the moment.

Keep kids in the loop- but keep it simple.

Talking to children in a clear responsible way about what is going on is the best way to help them understand. Keep in simple, there is no reason to volunteer information that might worry them.



Limit consumption of news.

Staying informed is important, but it's a good idea to limit consumption of news and social media that has potential to feed your anxiety, and that of your children.

Turn the TV off and mute or un-follow friends or coworkers who are prone to sharing panic-inducing posts.

Excercise.

Take a bike ride, go the park, take a family walk, go on a scavenger hunt.



Accept and ask for help.

Not all families handle crisis in the same manner. It is okay to ask for help from a professional, neighbor or family member. We are in this together, and we want people and families to remain safe and healthy.

Sometimes the path of least resistance is the right path.

Be reasonable and kind to yourself and to your children. You may need to relax some household rules for awhile. This is a unique situation in our lives, and trying to hold ourselves to pre-covid standards may not work right now.

Make Plans.

In the face of events that are out of our control, it is important to be proactive about what you *can* control. Making plans helps to visualize the near future. Assign tasks to your children, ("you pick where we get *take out* tomorrow night"), making them feel a part of the plan can be reassuring to them.



WY Y I I / A

IKE NDOLO • SARAH KROGER

RICKY VAZQUEZ

WITH A MESSAGE BY: DOM QUAGLIA

JULY 10 - 7:30PM VICTORIA CITY PARK

Hosted by St Fidelis Church

y y FU



Bring your own lawn chair and cooler with preferred beverage. Free food, drinks, & children's games beginning at 6 P.M. Food while supplies last!

Good will donations can be made to St. Fidelis Church





