

Volume 414 July 2015

OFFICE OF THE BISHOP

JULY 4TH HOLIDAY – The Chancery will be closed on Friday, July 3^{rd} in observance of Independence Day celebrated on Saturday, July 4^{th} .

PARISH REQUEST FORMS FOR THE SACRAMENT OF CONFIRMATION WERE SENT WITH LAST MONTH'S BULLETIN. Special thanks to the pastors who have already turned in their parish forms. If you have not already done so, please note that all parishes are required to return the form by Friday, July 17, 2015 even if Confirmation is not scheduled this year. A schedule will be prepared after all forms are returned with plans for the First Draft to be included with the August SDNB. Please do not finalize plans until you receive the final schedule in September. Thank you to those parishes scheduling Confirmations every second, third or fourth year (based on the size of the class) especially if there are fewer than ten students per year. Pastors are also encouraged to combine parishes within their pastoral assignment. The form can be found in last month's SDNB or on the Diocesan Website.

BISHOP FITZSIMONS MEMORIAL GOLF TOURNAMENT FOR THE BENEFIT OF SACRED HEART JR.SR HIGH SCHOOL - contact Melissa at the Development Office at Sacred Heart Jr/Sr High School (825-4011) if you plan to participate on Friday, July 10, 2015 and also attend the 6 p.m. banquet the evening before (July 9th).

9th ANNUAL CATHOLIC CHARITIES ANNUAL FUND RAISER is scheduled for Sunday, July 12, 2015, 5 pm- at *The Ambassador Hotel* on West Crawford Street in Salina. Watch your mail for more information from Michelle Martin, Executive Director of Catholic Charities. Attached is my letter of support for this important event with more information for you to share with your parishioners.

CATHOLIC CHARITIES ANNUAL COLLECTION is scheduled to be held the weekend of August 8-9, 2015. You will be receiving more information in early July regarding this important collection which helps reach more of our brothers and sisters in crisis situations throughout our diocese as they carry out the mission of our church. Your assistance in promoting this important collection is appreciated.

OTHER IMPORTANT EVENTS IN THE MONTH OF AUGUST:

- ANNUAL DIOCESAN MEN'S CONFERENCE SATURDAY, AUGUST 8, 2015, 8:30 a.m.-4 p.m., St. Mary Queen of Angels Parish, Russell. Refer to the Family Life Office for more information.
- RESPECT LIFE ANNUAL CONFERENCE August 22, 2015 also in Russell at St. Mary Queen of Angels Parish, Russell. Refer to Respect Life Office for more information.

OFFICE OF THE BISHOP (Continued) Updating Parish and Priest Information

July 1 brings us several Priest relocations and the need to update the diocesan website. An online form has been developed for your use in submitting updated information, not only for priest changes, but also Mass and confession time changes and any other parish related assignments.

In order to create a baseline, we are asking for a representative from each parish to go to the link below to input information. For this initial instance we are asking that you complete all of the information that applies to your parish. In the future then, you will only need to submit the information that changed.

http://salinadiocese.org/diocesan-directory/parishes-list/parish-info-mass-time-update

We are also asking that when changes in your information is required, you return to this link or follow the menu structure, **Directory** -> **Parishes** -> **Parish Info/Mass Time Update** to report any changes that you may have.

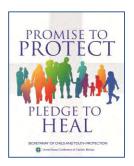
We have also created an online form for Priests to use to update their information. This information will be used only by the Bishop's Office and in updating the Diocesan Directory. Personal emails and phone numbers will not be published in the directory or on the website unless the Priest directs us to do so. Below is the link to update Priest Information.

http://salinadiocese.org/diocesan-directory/priests/priest-info-update

We are also asking that when changes in your information is required, you return to this link or follow the menu structure, **Directory -> Priests -> Priest Info Update** to report any changes that you may have.

OFFICE OF THE CHANCELLOR

ABUSE OF MINORS BULLETIN ANNOUNCEMENTS: All parishes are reminded to place the special bulletin insert in their bulletins quarterly. All parishes are requested to post quarterly (4 x a year) the bulletin announcement below regarding the "Abuse of Minors Pastoral Response Hotline" and to provide Pamela Sullivan, Chancellor, with copies of your parish bulletins for Diocesan files to share with the auditors. Please continue to publish in your parish bulletins quarterly as well as provide Pamela with a copy of your bulletins. **Special thanks and appreciation to those parishes that have been very faithful with this important request!** For those who have not done this, please do take the time to share this important message with your parishioners quarterly and provide copies to Pamela. Kindly email ALL quarterly bulletins to: pam.sullivan@salinadiocese.org or chancery@salinadiocese.org



Abuse of Minors Pastoral Response Hotline - 785-825-0865:

For the safety and the healing of children the Diocese of Salina Provides an Abuse of Minors Pastoral Response Hotline. Calls to this number will be answered by the Diocesan Assistance Coordinator, who will offer to have the Victim's Assistance Coordinator meet with the caller in person, if the caller so desires. Calls are confidential with the following exceptions:

- Any allegation of child abuse concerning those who currently are minors must be reported to the Kansas Protection Report Center (1-800-922-5330) as required by Kansas State Law and Diocesan Policy:
- Any allegation of child abuse including sexual misconduct must be shared with the proper diocesan authorities. Email address: reportabuse@salinadiocese.org
- This bulletin announcement provided by the Diocesan Office of Safety and Security.

CATHOLIC CHARITIES

CATHOLIC CHARITIES 10TH ANNUAL FUNDRIASER

Consider attending the 10th Annual Catholic Charities Fundraiser on *Sunday, July 12,2015at The Ambassador* (formerly The Ramada) in Salina. The doors open at 5:00 PM for the social with dinner being served at 5:30 PM. There is no charge for attending, but reservations are required. Contact Jeanie Warner by phone at <u>785-825-0208</u> Ext. 204 or by email at <u>jwarner@ccnks.org</u> to ensure your seat.

CATHOLIC CHARITIES ANNUAL APPEAL

The 2015 Annual Appeal will be the second weekend in August. Please find below some suggested language to use in your parish bulletins for this event. If you have any questions or need further assistance, please contact Eric Frank by phone at 785-825-0208 or by email at efrank@ccnks.org. We appreciate all your efforts to promote this upcoming event.

Bulletin Announcements

August 1/2

The Catholic Charities Annual Appeal will take place next weekend, August 8 - 9. This collection is crucial for them to sustain their yearly operations and continue this important church ministry. With your support, Catholic Charities puts the Gospel into action by serving the poor and vulnerable throughout the Salina Diocese. Please consider all of the blessings you have been granted in your life as you prayerfully consider making a gift this year. You should soon be receiving a letter from Catholic Charities that includes a remittance form and envelope for you to make a donation next weekend in the collection plate or mail directly to Catholic Charities. *Your support is greatly appreciated.*

If you have any questions, please contact Development Director, Eric Frank, at 785-825-0208 or efrank@ccnks.org.

August 8/9

This weekend is the 2015 Catholic Charities Annual Appeal. Last week, you heard a message from Bishop Weisenburger encouraging your support for this important ministry. You should have also received a letter from Catholic Charities that included an envelope for your donation which you may place in the offering today or mail directly to them. By making a contribution, you are partnering with Catholic Charities to provide a safety net for individuals and families who are struggling. Your support enables them to continue to provide hope to people in desperate situations for another year. Thank you for prayerfully considering a gift. *All support is greatly appreciated*.

If you have any questions, please contact Development Director, Eric Frank, at 785-825-0208 or efrank@ccnks.org.

August 15/16

Thank you to everyone who has so generously supported the 2015 Catholic Charities Annual Appeal. Your contribution will allow Catholic Charities to continue to offer hope to individuals and families for another year. If you have not yet contributed, it is not too late to partner with Catholic Charities to serve the poor and most vulnerable within our communities. Please use the return envelope enclosed with your letter from Catholic Charities to mail your donation directly or leave it with your parish office. Thank you again for supporting your neighbors as we reflect upon the thoughts of Pope Francis, "To change the World, we must be good to those who cannot repay us."

If you have any questions, please contact Development Director, Eric Frank, at 785-825-0208 or efrank@ccnks.org.

PARISH DATA SHEETS

Parish Data Sheets for 2015-2016 are attached. Please complete this form and return it to the chancery no later than August 1st. This form is used in the updating of the diocesan directory, formation of mailing lists for various offices, etc. Even if you do not have it fully completed, please send it back with what you have so that all information can be updated in a timely manner. Fall brings us lots of mailings and information to get out and we want to make sure it is going to the correct person.

OFFICE OF LITURGY

- 1. Dates for the 2016 Rites of Election are: Salina-- February 14, at 3:00 Hays- February 21, at 3:00
- 2. If you have need for the ritual for Sunday Celebrations in the Absence of a Priest, a Word document by that title is on the liturgy page of the diocesan web site. You can print this out and put it in a binder to be used at the service.

PASTORAL MINISTRY FORMATION

The Summer Institute is being revived. Mark the date: April 29 to May 1. It will be a weekend experience rather than a weekday one. Two courses will be offered in honor of the Year of Mercy. Fr. Frank Coady will teach "Mercy Celebrated in the Liturgy." It will look at mercy celebrated in baptism, Eucharist, anointing of the sick and the sacrament of reconciliation. Fr. Bob Schremmer will teach "Mercy Celebrated in Christian Life." It will look at the corporal and spiritual works of mercy, celebrated in day-to-day living. There will also be a Spanish course on the corporal works of mercy.

OFFICE OF CONTINUING ED

OCTOBER DAY OF RENEWAL: will be October 15 in Russell. The focus will be on the family. Our speaker is Most Reverend Robert J. Carlson, Archbishop of St. Louis.

JANUARY RENEWAL DAYS: will be January 25-28, 2016.

ANNUAL RETREAT 2016: September 19-22, 2016.

OFFICE OF RELIGIOUS ED and YOUTH MINISTRY

Orientation for new Religious Education Coordinators and Youth Ministers: On Wednesday, July 15th, I will have an Orientation for new people in your parish in the area of Religious Education and Youth Ministry. The meeting will be at the Chancery, 103 N. 9th Street in Salina from 10:00 am – 4:00 pm.

Calendar of Events: Enclosed is a Flyer with the Schedule of Meetings for the Religious Education and Youth Ministry Offices for the Fall of 2015.

NCYC: The due date for the second payment was June 16th. The paper work was also due in the Office at that time. We have a few parishes that have not sent in any payment or forms as of today.

OFFICE OF RELIGIOUS ED and YOUTH MINISTRY(continued)

Engaging Parents – Forming Family Faith

Attention! Attention! Workshop offered that shares effective ways in which parish communities are engaging parents and helping families grow in faith as a family.

This Workshop is designed for all parish, diocesan, and Catholic school leaders whose ministries touch the family – including pastors, deacons, pastoral associates, coordinators of youth ministry, leaders in faith formation and catechists, sacramental preparation leaders, family ministers, service/social concerns leaders, Catholic school principals and teachers.

The Workshop will be held at Immaculate Heart of Mary, Activity Center in the Little Theater, 1805 Vine Street in Hays on September 12 from 8:30 am – 3 pm.

Registration is online ONLY. www.CMDnet.org/EPFF Tab (Family Faith Formation), Drop down (Workshops), Orange box (Workshop Dates and Location), Scroll down (Salina (Hays) Register Now

See flyer enclosed for more details.

(The Diocese of Dodge City and Diocese of Wichita are invited also.)

OFFICE OF NEW EVANGELIZATION

See the enclosed documents related to the 2015 theme of "Evangelization in and through the Family." July 27th is the feast of Ss. Joachim and Anne, grandparents of Jesus. Accordingly, the July materials are resources related to grandparenting. The materials could be included in the weekend parish bulletin, on the parish website, or (in the case of the included background and prayer) formatted into a prayer card to be distributed to parishioners.

OFFICE OF THE PROPAGATION OF THE FAITH

Mission Cooperative presentations are in process through the summer months. Your candid evaluation of the group's organization and presentation in your parish(es) is very helpful in deciding about the group being invited back to our diocese. If you have misplaced the Mission Co-Op evaluation form, please contact Renee Thompson at the chancery.

OFFICE OF RESPECT LIFE

Bulletin Announcements

Are you pro-life but don't know how to talk about the issues? Do your conversations turn into debates and hurt feelings? If so, the Respect Life Office has a conference for you! Justice for All, jfaweb.org, is an organization that teaches people how to talk about abortion in a way to change hearts and minds in an interactive format. In addition, learn how to help someone in a crisis pregnancy, help someone who is suffering from a past abortion, and how to bring pro – life activities to your parish. "Win the Heart: Debate to Dialogue" is on Aug. 22nd in Russell at the St. Mary Queen of Angels Parish. For more information and registration go to www.salinadiocese.org/respectlife. (tri-fold front and back brochure included)

Rachel's Vineyard Retreat-Healing the wounds of abortion one weekend at a time, July 24-26.

Contact: Donetta Robben, coordinator at <u>1-877-447-4383</u> or <u>785.656.0150</u> or

email: rvineyard@salinadiocese.org. Registration deadline is July 15. (See attached document)

OFFICE OF RESPECT LIFE (continued)

THE DIOCESE OF SALINA RESPECT LIFE OFFICE will sponsor a bus trip to the March for Life in Washington, D.C., Jan. 20-24, 2016. The trip includes bus fare, hotel for two nights, Mass, the March For Life, National Shrine of the Basilica of the Immaculate Conception, sightseeing, and the Life is VERY Good Rally, www.arlingtondiocese.org/youth/lifeisverygood.aspx (optional, additional cost) Cost of the trip is \$325 per person. Online Registration will be open mid-July at salinadiocese.org/respect-life, or pick up a form from your parish office. There is a \$50 non-refundable reservation fee. Reservations are due no later than Oct. 1. For more information contact Eric and Jaclyn Brown, 785-650-2474, or respectlife@salinadiocese.org.

CANTERBURY PILGRIMAGES & TOURS will host a "fly" option to the March for Life in Washington, D.C., Jan. 21-24, 2016. This round-trip airfare from Kansas City Airport will include hotel in the Greater D.C. area, breakfast daily at the hotel, participation in the Pro-Life Rally and March, three dinners at restaurants in the greater D.C. area, motor coach transportation, celebration of Mass with others from around the country as well as the other pilgrims from the Diocese of Salina, and sightseeing. Cost for trip starts as low as \$995 per person. For more information or to reserve online visit salinadiocese.org/respect-life, or pick up a form from your parish office.

The 3rd Annual National Day of Remembrance for Aborted Children is Saturday, September 13, 2015. There are many Memorials to the Unborn around our diocese. Consider honoring the memorials of our unborn brothers and sisters by visiting one of these memorials and offering prayers of mourning for the victims of abortion. For more information, visit abortionmemorials.com

Pro-Life Intercessions for Mass

For all expectant families at Mass today: that we might rejoice with them in the gift God brings us through their love; We pray to the Lord:

For families who have grown very old: that we might rejoice in the gift of their presence and cherish their wisdom; We pray to the Lord:

For those tempted to despair by constant pain: that they might join their suffering to the Cross of Christ; We pray to the Lord:

For all whose hearts ache from the sin of abortion: that God will soothe and heal us with the balm of his mercy; We pray to the Lord:

OFFICE OF FAMILY LIFE

SINGLE PARENT NETWORKER: Please distribute the enclosed Single Parent Networker to your Family Life Coordinator.

MEN NEED TO REGISTER FOR THE MEN'S CONFERENCE: The men of the Diocese need to be encouraged to register for the upcoming Men's Conference on Saturday, August 8, at Russell, St. Mary Queen of Angels Parish. A registration deadline of July 28 has been set to help in planning for materials, food, confessions, etc. Registration will be taken up to and including the day of the conference. However an additional \$5.00 fee will be assessed after the July 28 deadline. Remember the best tool for recruiting is personal invitation – so invite your family, friends and coworkers.

NATURAL FAMILY PLANNING TRAINING: If you have couples interested in teaching Natural Family Planning, who you think would be good teachers, please have them contact the Diocesan Family Life/NFP office. We have information on trainings for several different methods: Couple to Couple (CCL), August 21-23 in Des Moines, Iowa; Family of the Americas (FAF), August 28-30 in Wichita, Kansas and Creighton Model, October 24-31 in Omaha, Nebraska. The diocese will cover the total cost of their training.

CELEBRATIONS TO HONOR MARRIED COUPLES HAVE BEEN CHANGED FROM SATURDAY TO SUNDAY: Please inform your parishioners that Anniversary Masses this year are on Sunday so couples can fulfill their Sunday obligation while celebrating their Anniversary. If you have any questions please contact the Family Life/NFP Office, familylife@salinadiocese.org or 785-827-8746-Ext. 40.

St. Elizabeth Ann Seton Parish, Salina, 3 p.m., Sunday, October 11, 2015 Immaculate Heart of Mary Parish, Hays, 3 p.m., Sunday, October 18, 2015

DIVORCED CATHOLIC WEBSITES: "The Catholic Divorce Survival Guide" is a weekly DVD program by Rose Sweet. After viewing the DVD, participants have questions to discuss on the topic presented that week. The various topics of concern to divorced Catholics that are presented in the program are: Getting your Bearings, Finding Right Direction, Getting Through Anger, Finding Perfect Peace, Learning to Forgive, Dealing with Your Family, Handling Money Wisely, Finding Perfect Power, Seeing God in Romance, Relearning How to Date, Loving All Church Teachings. This program is available for check out by any parish and could easily be used to form a group from a cluster of parishes. If interested in checking out materials contact familylife@salinadiocese.org or call 1-785-827-8746, Ext. 40.

Another good website for anyone that is experiencing or has experienced a divorce is divorcedcatholic.com This website is designed to help divorced Catholics by providing information, programs, resources and encouragement. A resource especially helpful to divorced Catholics is an email of uplifting and faith filled commentary called "Daily Inspirations". It can be subscribed to at www.divorcedcatholic.com Your parishioners can truly benefit from the encouragement in this daily email.

CATHOLICSEXUALITY.COM Don't miss this <u>new tool</u> for chastity education.

<u>www.catholicsexuality.com</u> website sponsored by The St. Augustine Foundation promotes the Church's Teaching on Catholic Sexual Morality. The website offers more than 80 videos, most of which are 3-5 minutes long. At the end of each video are questions to see if the viewer understood the basic message of the video. The website is helpful for parents to teach <u>sex education to their children</u>. It is useful for priests and teachers to use as <u>discussion starters</u> in their chastity education classes.

Visit the website for yourself and note the testimonies of nine medical Doctors who changed their practice from prescribing contraception to NFP only.

ENGAGED ENCOUNTER DATES FOR 2015-2016

November 6-8, 2015 - Capuchin Center for Spiritual Life-Victoria Feb. 19-21, 2016 - Capuchin Center for Spiritual Life-Victoria Mar. 11-13, 2016 - Capuchin Center for Spiritual Life-Victoria Apr. 22-24, 2016 - Capuchin Center for Spiritual Life-Victoria June 10-12, 2016 - Capuchin Center for Spiritual Life-Victoria

OFFICE OF FAMILY LIFE (continued)

GOD'S PLAN FOR A JOY FILLED MARRIAGE SEMINAR DATES FOR 2015-2016

Aug. 29, 2015 - Our Lady of Perpetual Help-Concordia

Sept. 12, 2015 - Immaculate Heart of Mary Parish-Hays

Oct. 3, 2015 - Our Lady of Perpetual Help-Concordia

Dec. 5, 2015 - Our Lady of Perpetual Help-Concordia

Mar. 5, 2016 - Our Lady of Perpetual Help-Concordia

Apr. 23, 2016 - Our Lady of Perpetual Help-Concordia

June 18, 2016 - Our Lady of Perpetual Help-Concordia

CALENDAR & CONTACTS—Please find enclosed your updated copy showing Engaged Encounter, God's Plan For A Joy-Filled Marriage, Marriage Encounter, Retrouvaille, Beginning Experience and Young Adult Beginning Experience Dates and Contacts for the Salina, Dodge City, Wichita, and Kansas City Dioceses (revised June 29, 2015 green). Since Retrouvaille is no longer available in the Wichita Diocese, Dates and Contacts for Retrouvaille in the Omaha and Denver Arch Diocese have been included.

BULLETIN INSERTS OR HANDOUTS: Family Traditions for Summer and Fourth of July are enclosed.

OFFICE OF INFORMATION TECHNOLOGY

Recently, the Chancery has begun using Zoom Web Conferencing. Zoom is a web solution that offers the ability to hold one to one or group video meetings that can be used across all platforms; Windows, Mac, iOS and Android. All that is required is a computer with Internet access and a webcam, speakers and microphone. Some users may find that a headset with microphone will provide a better user experience. You will also need to sign up for an account, which is free. That can be done by going to https://www.zoom.us/signup. It is hoped that all priests will set up an account for themselves as well one for their parish.

Here is a link to an overview of the service, https://www.youtube.com/watch?v=g2bUs7v-wWE.

The Chancery has six "meeting rooms" available for its use. These rooms have the ability of hosting 25 connections. During these sessions, the presenter has the ability to share their screen for presentations. While these six "meeting rooms" hosted by the Chancery are a paid service, anyone who has created an account can have "one to one" meetings for free. It is hoped that using the Zoom Web Conferencing service we can reduce travel time, reduce expenditures and decrease the amount of time away from your parishes.

Client Applications can found and downloaded at https://www.zoom.us/download. Tutorials and videos for the service can be found at https://support.zoom.us/hc/en-us and https://support.zoom.us/hc/en-us and https://support.zoom.us/hc/en-us and https://support.zoom.us/hc/en-us and https://support.zoom.us/hc/en-us and https://support.zoom.us/hc/en-us/webcam-us/webc

Presently, four of the rooms are slated for use by the Bishop's Office, the Curia and offices of the Chancery, Two have been assigned to Catholic Schools. Initially, scheduling will be done by the IT Office. That can be

OFFICE OF INFORMATION TECHNOLOGY(continued)

accomplished by sending an email to Jeff Easter at <u>jeff.easter@salinadiocese.org</u>. As use increases and people become more comfortable with the system, this process may change.

Once Priests and parishes create accounts, please go to https://salinadiocese.formstack.com/forms/zoom_info to submit your Zoom acount information for use in making meeting invitations.

Please contact Jeff with any questions that you may have.

MISCELLANEOUS

New Email address for Deacon Tom Koerner is deacon@ruraltel.net

New mailing address for Fr. Larry Letourneau is: 655A Georgetown Ct., Salina, KS 67401

New Email address for Fr. Gale Hammerschmidt is pastor@saintxparish.org

In honor of the 10th anniversary of the bishops document Co-Workers in the Vineyard of the Lord, our diocese is celebrating Lay Ecclesial Ministry on September 13 at Sacred Heart Cathedral, Salina. Please send the names of your Parish Life Coordinators (past and present), Pastoral Associates/Assistants, Directors of Religious Ed, Directors of Liturgy and Music and Youth Directors to Rosie Rundell, 731 Pierre, Manhattan, KS 66502 or formation@sevendolors.com. Please furnish the dates of their ministry if you can. More details in the future.

August 2015

Sun	ıday	Mon	ıday	Tuesday	Wednesday	Thursday	Friday	Saturday
								1
2		3		4 Supreme K of C Convention Philadelphia Clergy H&R Board 1 PM	5 Supreme K of C Convention Philadelphia	6 Supreme K of C Convention Philadelphia School Admin. meeting	7 School Admin. meeting	8 Diocesan Men's Conference- Russell 8:30-4:00
9		10 Seminar of Sumn Gatherin	ner	11 Seminarian End of Summer Gathering	12 Seminarian End of Summer Gathering	13 Seminarian End of Summer Gathering	14 Engaged Encounter, Wichita	15 Engaged Encounter, Wichita
16Rural Life Day Bird City EE Wichita Sr. Barbara Ellen 50 th Jubilee- SH Cathedral 3:00		17		18	19	20	21	Respect Life Conference- Russell 8:45-4:00
23	30	24	31	25	26	27	28	29



103 N. Ninth P.O. Box 980 Salina, Kansas 67402-0980

July, 2015

Dear Father or Parish Life Coordinator:

I am writing to remind you of the upcoming Catholic Charities Annual Appeal the weekend of August 8-9. Catholic Charities will again be mailing letters containing self-addressed return envelopes directly to parish households which are targeted to arrive about August 1, the weekend before the actual appeal. Encourage parishioners to bring these envelopes to Mass the weekend of August 8-9 or to mail them directly to Catholic Charities in Salina. Please forward all envelopes quickly and unopened to Catholic Charities following the collection.

At our June retreat, you should have received a note from Michelle Martin regarding this appeal along with some extra envelopes, pledge cards and my recorded audio message (in both English and Spanish). I would like for you to play my recorded message the weekend prior to the appeal during your masses August 1-2. Please let your congregation know that you have extra envelopes and pledge cards for those who need them and make those items readily available the weekend of the appeal on August 8-9.

Throughout the Salina Diocese there continues to be individuals and families struggling with poverty who fall through the safety net of our governments our social services system. Catholic Charities strives to catch those people and provide them the Gift of Hope. They assist with the Church's ministerial role of serving the poor and rising in defense of the vulnerable members of our society by providing things like: emergency assistance with rent and utilities; counseling; money management classes; pregnancy support services; adoption assistance; legal immigration services; food; hygiene items; and help with payday and title loans.

There is still much work to be done in this ministry, so I urge you to offer your personal support for the Catholic Charities Annual Appeal. By partnering with Catholic Charities, we can reach more of our brothers and sisters in need and carry out the mission Jesus has given our Church. Remember it is a privilege for us to respond generously.

Sincerely yours in Christ,

Most Reverend Edward J. Weisenburger

+ Edward f. Weisenburger

Bishop of Salina

Parish Data 2015-2016

E-mail Address:

2015-2016	Parish:
Parish E-mail Address:	Religious Education Coordinator
	Name:
Parish Website:	Address:
Pariah Fay #:	City, State, Zip:
Parish Fax #:	Telephone: E-mail Address:
Parish Phone #	L-man Address.
Parish Council Chairperson	Budget/Finance Commission Chairperson
Name:	(refer to Diocesan Policy Handbook pages V, 9-10)
Address:	Name:
City, State, Zip:	Address:
Telephone:	City, State, Zip:
E-mail Address:	Telephone:
	E-mail Address:
Pastoral Associate (not applicable to all)	
Name:	Adult CYO Sponsor (Grades 9-12)
Address:	Name:
City, State, Zip:	Address:
Telephone:	City, State, Zip:
E-mail Address:	Telephone:
	E-mail Address:
Liturgy Chairperson	
Name:	Respect Life Coordinator
Address:	Name:
City, State, Zip:	Address:
Telephone:	City, State, Zip:
E-mail Address:	Telephone:
	E-mail Address:
RCIA Coordinator/Director	
Name:	Family Life/Christian Service Chairperson
Address:	Name:
City, State, Zip:	Address:
Telephone:	City, State, Zip:
E-mail Address:	Telephone:
	E-mail Address:
Development/Stewardship Chairperson	
Name:	Stewards of Hope Committee Chairperson
Address:	Name:
City, State, Zip:	Address:
Telephone:	City, State, Zip:
E-mail Address:	Telephone:
	E-mail Address:
Safe Environment Coordinator:	
Name:	
Address:	
City, State, Zip:	
Telephone:	

Town:

Full Parish Council Membership for year? Yes No
Names of Parish Council members to continue for one more year:
Names of Parish Council members to continue for two more years:
Names of newly elected/appointed members of Parish Council:
Names of Stewards of Hope Committee members (4 yr. term):
Please complete and return to:
Chancery Office Attn: Renee Thompson PO Box 980

Please remember to notify the Chancery immediately of any changes!

Salina, KS 67402-0980

Calendar of Events 2015

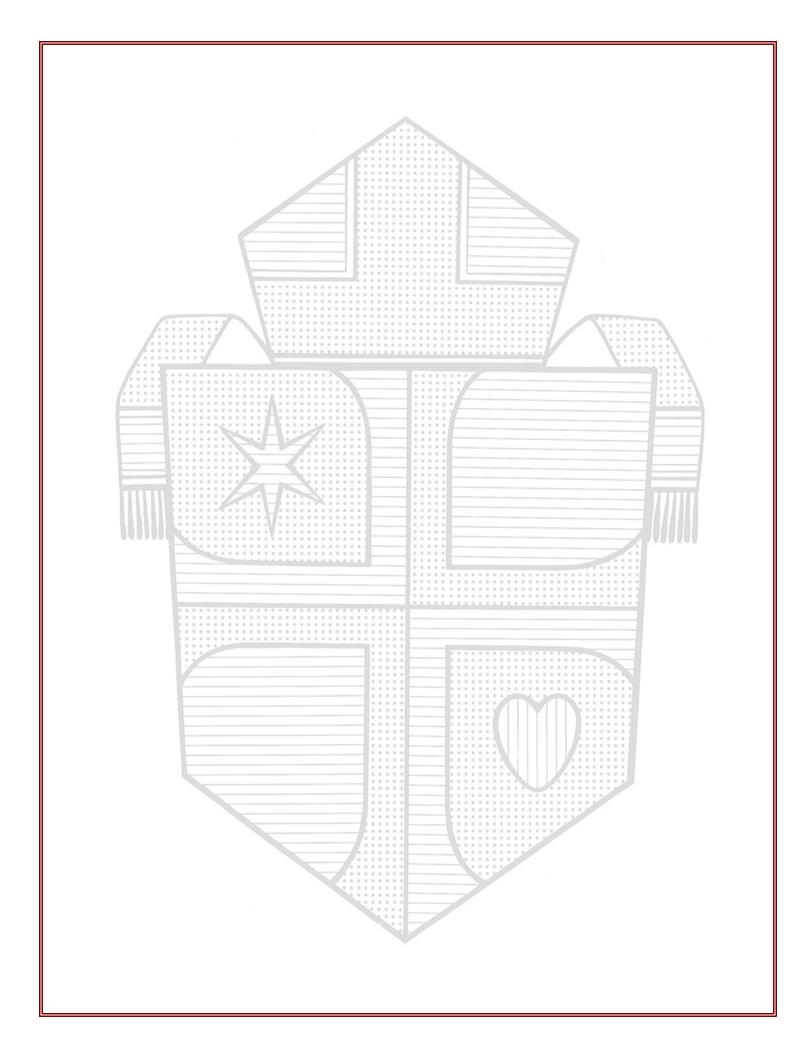
DIOCESE OF SALINA RELIGIOUS EDUCATION AND YOUTH MINISTRY OFFICE

•	<u>July 15</u>	Orientation for "New" Religious Education Coordinators & Youth Ministers 10 am - 4 pm @ Chancery - Salina
		To all T pin & Chancery Samu
♦	<u>July 25</u>	Totus Tuus Team Evaluation Meeting
		1 pm - 3:30 pm @ Chancery - Salina
•	July 26	Prayer and Action Team Evaluation Meeting
•	<u>July 20</u>	1 pm - 3:30 pm @ Chancery - Salina
♦	September 1	NCYC Adult Chaperone Meeting (West Vicariate)
	//	7 pm @ Sacred Heart Church - Colby
•	September 2	NCYC Adult Chaperone Meeting (West Central Vicariate)
·	<u> </u>	7 pm @ Immaculate Heart of Mary Church, Hays
♦	September 8	NCYC Adult Chaperone Meeting (East Vicariate)
		7 pm @ St. Thomas More Church - Manhattan
♦	September 10	NCYC Adult Chaperone Meeting (East Central Vicariate)
		7 pm @ Chancery
•	September 12	"Engaging Parents - Forming Family Faith" - Speaker: Joan Weber
•	September 12	Immaculate Heart of Mary Church - Hays
•	November 2	Religious Education Coordinator Meeting
•	November 2	1 - 3:30 pm @ Sacred Heart Church - Colby
		1 - 3.30 pm & Sacred Heart Church - Colby
♦	November 3	Religious Education Coordinator Meeting
		9 - 11:30 am @ Sacred Heart Church - Plainville
*	November 5	Religious Education Coordinator Meeting
		9 - 11:30 am @ St. Thomas More Church - Manhattan
*	November 5	Religious Education Coordinator Meeting
•	1.0.5	6:30 - 9 pm @ Chancery - Salina
•	November 19-21	NCYC - National Catholic Youth Conference for High School Students
•	110101111011111111111111111111111111111	grades 9-12. @ Indianapolis, Indiana
	Diama of Cali	Delicion Education 0 V and Maria Com

Diocese of Salina 103 N. 9th Street Salina KS 67401 **Religious Education & Youth Ministry Office**

Phone: (785) 827-8746 Fax: (785) 827-6133

Email: barbcsj@salinadiocese.org



SAVE THE DATE!

The Center for Ministry Development is excited to announce our new workshop series for 2015:

ENGAGING PARENTS FORMING FAMILY FAITH



Saturday, September 12, 2015 Diocese of Salina

This workshop will share effective ways in which parish communities are engaging parents and helping families grow in faith together.

"How precious is the family as the privileged place for transmitting the faith!"

Pope Francis, July 26, 2014 Angelus

This workshop will provide leaders with:

- ▶ A better understanding of today's parents;
- ▶ Strategies for reaching out to parents and ways to support them in deepening their own faith;
- ▶ The Church's vision for family from Scripture, Church teachings, the Synod on the Family, Pope Francis;
- Strategies to strengthen family faith at home and in the parish;
- Ways to involve parents in faith formation, sacramental preparation, and youth ministry;
- Strategies for engaging families through technology;
- ▶ Strategies for motivating families to do service and outreach together.

The workshop is designed for all parish, diocesan, and Catholic school leaders whose ministries touch the family—including pastors, deacons, pastoral associates, coordinators of youth ministry, leaders in faith formation and catechists, sacramental preparation leaders, family ministers, service/social concerns leaders, Catholic school principals and teachers.

Cost of the workshop is \$54, which includes handouts and lunch. For more information or to register, click on the link below and follow the instructions:

Engaging Parents Workshop - Diocese of Salina



Take courage, it is I; do not be afraid."

Rachel's Vineyard Retreats is for anyone who has suffered loss due to abortion.

Serving mothers, fathers, siblings, grandparents, former abortion workers – anyone who agonizes over their role in an abortion decision. It doesn't matter if your abortion was yesterday or 40 years ago.

We can help.



Rachel's Vineyard Retreats healing the pain of abortion one weekend at a time

Next retreat is July 24-26
1-877-I-GRIEVE or 1-877-447-4383
rachelsvineyard@salinadiocese.org
CONFIDENTIAL

For posters or brochures,
please contact:
rachelsvineyard@salinadiocese.org

Sponsorship Card

I/We like to sponsor:	Name of Individual I would like to sponsor:			
\$to go towards:	Your Name:			
☐ Seminarian/Priest	Address:			
Individual	City:Sta	State:	Zip:	Phone:
General Fund				
Other	$_ \ \square \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ $			

General donations will go to funds needed to cover bus cost, hotel costs, or other expenses toward the trip to Washington DC. 2015. Thank you for your support!! Checks payable to: Diocese of Salina-Respect Life; 103 N 9th Street; Salina, KS 67401

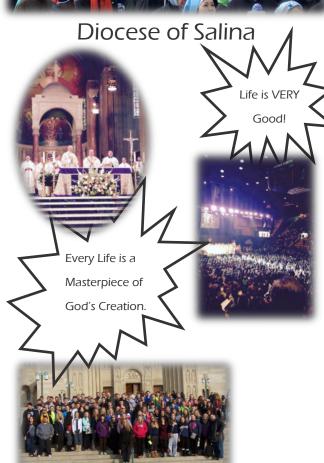
RESPECT LIFE "GOD'S SACRED GIFT"

Diocese of Salina Respect Life Office

Eric and Jaclyn Brown 785.650.2474 Jaclyn 785.639.1979 Eric respectlife@salinadiocese.org

March For Life





Diocese of Salina Respect Life Office



Trip Includes:

Bus Fare

Hotel for two nights

Mass

March For Life

Sightseeing

Optional (Additional cost):

Life is VERY Good Rally (check out website)

http://www.arlingtondiocese.org/you th/lifeisverygood.aspx



January 20

Buses: Depart from Salina, KS early afternoon. Pick up option in Hays, KS.

January 21

Hotel: Arrive at Comfort Inn, 1201 13th St NW, 202.682.5300

Life is VERY Good Evening Rally

(LiVG): (Optional, tickets must be purchased by Oct. 1) Patriot Center, George Mason University, 4500 Patriot Circle, Fairfax, VA 22030

January 22

Life is VERY Good Morning Rally

(LiVG): (Optional, tickets must be purchased by Oct. 1) Patriot Center, George Mason University, 4500 Patriot Circle, Fairfax, VA 22030. Includes lunch provided by Chick-Fil-A.

Mass: Join fellow Kansans for Mass for those not attending LiVG rally

Rally: 12:00pm at the Mall followed by the

March for Life: 1:00pm will move along Constitution Avenue to the Supreme Court

Sightseeing: Evening to explore DC

January 23

Mass: Basilica of the National Shrine of the Immaculate Conception

Sightseeing: at the Mall

Departure: in late afternoon to return home

FINAL PAYMENT DUE DECEMBER 1!

Reservation Form

Reserve online, salinadiocese.org/respect-life, or mail reservation form and <u>\$50 non-refundable reservation fee by OCTOBER 1st DEADLINE</u> to: Diocese of Salina-March for Life, 103 North Ninth Street, Salina, KS 67401.

City: _ Email:

Address:

Zip

<u>Life is Very Good Rally</u> (additional cost)

Morning-\$15 x ___

YES, I/We will attend

School/Youth Group:

salinadiocese.org/youth-ministry and return to youth sponsor).

(Must complete Forms B,

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D, and HIPPA

Total: \$

wish to share a room with

January 21 - 24, 2016

MARCH for LIFE

DIOCESE of SALINA

Washington, D.C.









Thursday, January 21 Departure from Kansas City Airport for Washington, D.C. Upon arrival, we will visit the Capitol Building, and the National Archives, home of the Declaration of Independence which declares that we "...are endowed by our Creator with certain unalienable rights among which are life, liberty, and the pursuit of happiness..." Also on view at the National Archives is the Constitution of the United States, the Bill of Rights, and an image of the Ten Commandments engraved in bronze on the floor. We'll proceed to our hotel for check-in. Afterwards, we'll gather with thousands of our fellow Catholics to celebrate Mass at the Basilica of the National Shrine of the Immaculate Conception, the largest Catholic Church in the United States, and the 8th largest church building the world! Dinner, evening at leisure.

Friday, January 22 Following breakfast, we will gather together for morning Mass at the Nativity Parish. Afterwards, we will join thousands of pro-life participants from across the country in a peaceful demonstration for the sanctity of all life. We will then rally at the National Mall before heading down Constitution Avenue and ending with another rally at the steps of the Supreme Court of the United States, the sight of the landmark decision legalizing abortion. We will end the day with a visit to our Congressman on Capitol Hill (if available) to discuss the Right to Life issues. Dinner, evening at leisure.

Saturday, January 23: After breakfast, we'll visit the National Shrine of St. John Paul II and Cultural Center. Inside, we'll view a world-class exhibit tracing the life, papacy, and teachings of St. John Paul II, We'll also spend time in the Reliquary Chapel, where there will be time to not only view, but venerate the many unique relics the center has on display. Depending on time, we'll attend morning Mass together as a diocese, (TBD). Following a break for lunch, we visit the Franciscan Monastery and Holy Land of North America exhibit. This unique monastery offers a scale model of the Holy Land in Jerusalem, giving you an opportunity to enjoy the Holy Land without leaving the U.S. We'll also have time to admire the grounds and gardens that surround this beautiful monastery. We'll finish the day by visiting the Washington Memorial, which is filled with references to our Creator. Dinner, evening at leisure.

Sunday, January 24: Following breakfast we'll check out of the hotel and celebrate Mass at the Basilica of the Immaculate Conception. Time permitting (pending airline departure) we'll visit Arlington National Cemetery and view the *Changing Of The Guard* at the Tomb of the Unknown Soldier. Encouraged and inspired by the lives of those who came before us, we begin our return trip home.

Per Person Cost:

Pilgrimage option #1: 3 nights / 4 days

Single: \$1,245⁰⁰

Double: \$1,095⁰⁰

Triple: \$1,045⁰⁰

Quad: \$995⁰⁰

Includes:

† Round-trip airfare from Kansas City Airport
† Hotels in Greater D.C. area † Breakfast daily at the hotel
† Participation in the Washington Pro-Life March on January 22, 2016
† 3 Dinners at restaurants in the greater D.C. area
† Luxury Motor Coach Transportation while in Washington, D.C.

† Assistance of a Canterbury Pilgrimages Representative

† Sight-seeing options in the greater Washington, D.C.

Canterbury Pilgrimages & Tours, Inc.

CANTERBURY PILGRIMAGES & TOURS RESERVATION AGREEMENT

Event: March for Life 2016 Travel dates: January 21 - 24, 2016 Pilgrimage Code: MFL2016SALINA

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yrs of age) this form must be	signed by his/her parent / guardian	1
	Date	

Pilgrimage Terms & Conditions:

Itineraries: Itineraries are prepared and scheduled in advance according to the best information available at the time and are subject to change by the date of the pilgrimage.

Pricing: Canterbury Pilgrimages & Tours Inc. reserves the right to adjust pricing should the following occur; (1) Rise in Airfare due to higher fuel costs etc. (2) Rise in ground costs due to increases in hotel charges, bus fares, fees, taxes and other costs due to the fluctuating value of the U.S. dollar against foreign currency.

Deposits and final Payments: A deposit of \$250.00 per person is required to hold your reservation of which \$200.00 is non-refundable* (May be refundable under travel insurance conditions). Final payment is due 75 days prior to departure date. Payment can be made by check / credit card. Phone 800.653.0017 to make a credit card payment.

Cancellation fees: If cancellation in writing is received by Canterbury Pilgrimages & Tours Inc. more than 75 days prior to departure all payments made toward the price of the tour will be refunded, less a \$200.00 processing fee. For cancellations received less than 75 days prior to departure, the initial deposit of \$250.00 plus any applicable charges imposed by the airlines, hotels, and bus companies on Canterbury Pilgrimages & Tours will be non-refundable. Please note that the amount may vary with each pilgrimage and the vendors we work with. Canterbury Pilgrimages & Tours Inc. retains the right to cancel any pilgrimage up to the departure date in which case all funds received will be returned with-in 10 business days.

Baggage: Please follow the general rule of traveling light - If you cannot carry it do not bring it. Passengers are permitted one piece of luggage per person. Baggage handling is included for one suitcase per person only, whenever possible, in the cost of the pilgrimage. The airlines for international flights will not allow a suitcase exceeding 50 pounds (subject to change), if over 50lbs., the fees can be costly. On inter-European flights, which are not directly connected to a transatlantic flight the baggage weight limit is lower. We will provide you with this information in the final travel documents. Baggage handling is not available on any of the trains. Every effort will be made to handle luggage carefully, however Canterbury Pilgrimages & Tours Inc. will not assume any liability for lost or damaged luggage or items inside luggage carrier. (Travel insurance may apply)

Travel insurance: We strongly recommend the purchase of travel insurance (personal accident / trip cancellation / baggage insurance). Canterbury Pilgrimages & Tours Inc. cannot accept responsibility for accidents, trip cancellations, or handling of baggage not under our control. All categories of insurance may be purchased from Canterbury as provided by Allianz Travel Insurance.

Gratuities: Gratuities to porter for luggage and servers for meals are included in pilgrimage price. The customary gratuity to motor coach chauffeur, tour host, local guides, chambermaids, etc., is not included in tour price and should be extended on an individual, and voluntary basis. Items such as room service, laundry, telephone calls, etc., are not included.

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Priests and Deacons

Please bring your vestments to con-celebrate Mass with Bishop Weisenburger.

High School students and Respect Life Parish Coordinators are highly encouraged to attend.

For more information, visit www.salinadiocese.org/respect-life jfaweb.org

Questions? Eric and Jaclyn Brown respectlife@salinadiocese.org 785.650.2474



DEBATE to DIALOGUE

August 22, 2015 Russell, KS St. Mary, Queen of Angels 8am-3:30pm

If you could learn to change hearts and save lives...

...would you?

~ Justice For All, (JFA)

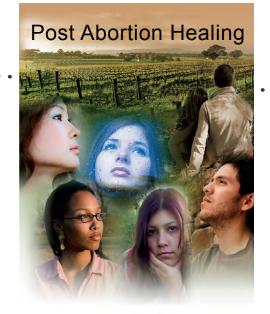
Justice For All

Are you pro-life but don't know how to talk about the issues? Does your conversation turn into a debate and hurt feelings? Do you feel intimidated talking to others about abortion, because you are not sure how to respond to their reasoning? How do I respond to someone who has been raped? Justice For All will teach how to engage others about the topic of abortion and turn it into a productive dialogue rather than an angry debate. Through this interactive workshop, mentors will simplify the issue as well as teach and model skills that will help the participant learn how to talk to others about abortion in a way that changes hearts and minds.

Can you move abortion from a debate to a dialogue?

former Archbishop of Denver, says "I have met with Justice For All and give my support for their mission in changing minds and hearts of the young on the most critical issue facing our society today. The medical and emotional consequences of abortion are shown in a loving and noncondemning manner."

Archbishop Chaput,





Rachel's Vineyard of the Salina Diocese Coordinator, Donetta Robben, will speak on why women choose abortion and the three major ways they deal with it. She will also touch on how abor-

tion affects men and others in the family. There will be some role plays on how to talk to someone who brings up their abortion.

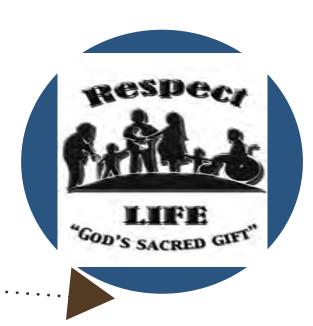
Robben holds a Master's Degree in History. Her undergraduate work was in Communications with a journalism emphasis. She has minor degrees in History and Political Science. She is the author of *Where is my Rainbow? A unique glimpse into the soul of a woman's abortion choice.* Robben is also the founder and Executive Director of Divine Mercy Radio in Hays and Great Bend.

Respect Life in Parishes

How can we increase the awareness of the Sanctity of Life in our parishes and communities? Eric and Jaclyn Brown, Respect Life Coordinators for the Diocese of Salina, will share ideas and encourage parishes to contribute their successes.

Diaper/Clothing Drive

We will host a diaper/clothing drive for local pregnancy centers in our diocese. We encourage everyone to donate a package of diapers and/or gently used maternity clothes for pregnant women.



Office of New Evangelization Parish Activity Suggestions July, 2015

2015 is the year to recognize evangelization in and through the family. As we celebrate the feast of Saints Joachim and Ann (traditionally known as husband and wife, the parents of Mary, and grandparents of Jesus) on July 26th, it is an opportunity to reflect on the role of grandparents in the faith-sharing life of the family.

About Saints Anne and Joachim

Tradition tells of these two saints:

Joachim and Anne were both were descendants of David. Joachim was a pious man, devout in the Jewish faith. He regularly gave to the poor and to the synagogue. Anne and Joachim spent twenty years in prayer, asking for the gift of a child, especially since the Jewish community looked on infertility as a sign that God disfavored them. They endured many years of heartbreak and community disapproval, including the rejection of Joachim by the high priest.

Joachim withdrew to the desert where he fasted and did penance for forty days. The angel Gabriel then appeared to Joachim, promising him and his wife a child. Joachim returned to Jerusalem and embraced Anne with great joy. She too had to been visited by Gabriel. Anne and Joachim's prayers were answered by the birth of Mary.

After her birth, Anne and Joachim consecrated Mary to God at the temple of Jerusalem and she spent much of her childhood there. While Anne and Joachim knew their daughter was going to be special, they were surely amazed. Writings by the Saints tell that Anne and Joachim were awed by the child's holiness and wisdom.

There was an ancient belief that a child born of an elderly mother who had given up hope of having offspring was destined for great things. So was born a daughter, Mary, Mother of God.

Prayer to Saints Joachim and Anne

Saints Anne and Joachim, Good parents of the Blessed Virgin Mary, grandparents of our Savior, Jesus Christ,

When life seems barren, help us to trust in God's mercy.

When we are confused, help us to find the way to God.

When we are lost in the desert, lead us to those whom God has called us to love.

When marriage seems lifeless, show us the eternal youth of the Lord.

When we are selfish, teach us to cling only to that which lasts.

When we are afraid, help us to trust in God.

When we are ashamed, remind us that we are God's children.

When we sin, lead us to do God's will.

You who know God's will for husband and wife, help us to live chastely.

You who know God's will for the family, keep all families close to you.

You who suffered without children, intercede for all infertile couples.

You who trusted in God's will, help us to respect God's gift of fertility. You who gave birth to the Blessed Mother, inspire couples to be co-creators with God. You who taught the Mother of God, teach us to nurture children in holy instruction. You whose hearts trusted in God, hear our prayers for (*mention your requests here*.)

Our Father... Hail Mary ... Glory be ...

God of our ancestors, you gave Saints Anne and Joachim the privilege of being the parents of Mary, the mother of your incarnate Son. May their prayers help us to live in hope and to attain the salvation you have promised to your people. We ask this through Christ our Lord. Amen

Grandparenting resources in print and online

Publicize grandparenting resources related to the special challenges faced by grandparents raising grandchildren (these are secular book titles, but may be helpful)

- To Grandma's House, We... Stay by Sally Houtman, MS;
- Finding the Right Spot: When Kids Can't Live with Their Parents by Janice Levy;
- When I Miss You by Cornelia Maud Spelman;
- All Families Are Special by Teresa Flavin.

Publicize the online resource of the Catholic Grandparents Association (based in Ireland, but possibly with helpful resources): http://www.catholicgrandparentsassociation.org/

Single Parent **Networker**



A publication of the Family Life Office of the Archdiocese of Omaha, Nebraska

Volume 24 Issue 7 (Also available in Spanish)

July 2015

Job Loss and the Affect on Children

Losing a job or steady income can affect the adult who is no longer working, but also affects the children in the home. Often adults get so distracted in their own grief over job loss children's feelings, thoughts and concerns go unrecognized.

Parents who lose work are often stressed, angry, disappointed and worried. They also worry about how to talk to their children about this difficult topic.

Be patient, understanding and encourage kids to ask questions.

Many parents want to spare their children the harsh reality, but it is always best to be honest. It is far worse for children to hear about a parent losing a job from someone else. This only intensifies feelings of panic, anxiety, and anger.

- Listen to children
- Answer their questions
- Provide age appropriate information:

For Children Under 5: Be simple and concrete. Children at this age are most concerned about their personal safety and need assurance that they will be

cared for. They need to know that the job loss was not their fault and they have done nothing wrong.

For Children ages 6-9: They are concerned with right and wrong and may have trouble understanding that job loss may be unfair. Provide information as they ask for it.

For Children ages 10-12: Can put facts together in more complicated ways and can understand everyday effect of job loss. Can contribute ideas to budget planning.

For Teenagers: Capable of understanding the consequences of the job loss and can discuss issues in more detail. They understand the more subtle effects as well. Can be helpful in problem solving. Fears that they won't be able to go to college are common at this age. Discussions are important.

• Job loss is scary for children. They depend on their parents or guardians for emotional security. When adults are tense, upset, and inattentive, much of this feeling of security is gone. Communication is key when it comes to talking to children

about job loss and how it will affect them.

- Change in income can mean lifestyle changes for the entire family. There is less money to spend, so it is important to make decisions about spending what money is available. It also may mean a move to a new location to find employment, away from friends and extended family, school and familiar routines.
- There may be less family time. Also the other parent may now need to work a second job, start work or pick up extra hours, which is more change.
- People who are not ashamed to express fears, anxieties, and sorrows and willing to seek help from others, deal with crisis the most successfully. Children who see their parents exhibit this behavior will be more likely to cope with stress as adults", according to Debbie Richardson, OSU, Parenting Specialist.
- Maintain household routines as much as possible.
- Keep major changes to a minimum, although some may be unavoidable.

- Help your children by helping yourself first.
- Recognize symptoms of stress including: sleeplessness, digestive disturbances, headaches, angry outbursts, appetite changes.
- Eat balanced meals and get enough rest and exercise to discharge energy.
- Help children to focus on the positive aspects of their lives.
- Help them to see they are not the only family affected and perhaps they can talk with other families and find out how they are coping and what is helping them.
- Reassure children by letting them know you're taking action and job hunting.
- Involve children in helping out at home, with babysitting, household chores, but don't make them think they are responsible for supporting the family.
- Be a model for your children on how to solve problems, how to deal with a crisis and how to make decisions. When they see you handle a situation with confidence they learn that they too can handle life's' challenges.
- Assure kids that losing jobs affects many people and it is a temporary situation, not a major disaster.
- Don't depend on your children for emotional support. Sharing too much can cause undue stress in them.
- Spend time together doing low-cost or no-cost activities. Some families take this opportunity and spend quality family time together, that they did not have prior to the job loss. Remember kids love down time with parents and just time to hang out. Those times can be priceless. They will remember the time with you long after they will have forgotten about the job loss.

Remember listening is as important

as talking. Everyone needs someone to listen to them, and children are no exception. Listen to the children's thoughts and feelings and respond with concern and understanding. This is crucial for families going through tough times.

Used with permission by: Lisa Athan MA Grief Specialist Executive Director of Grief Speaks www.griefspeaks.com



Forgiveness

To forgive
Is not to forget

To forgive

Is really to remember
That nobody is perfect
That each of us stumbles
When we want so much to
stay upright
That each of us says things
We wish we had never said
That we can all forget that
Love is more important than
being right.

To forgive

Is really to remember
That we are so much more
Than our mistakes
That we are often more kind and
Caring, that by accepting
Another's flaws, can help us
Accept our own.

To forgive

Is to remember
That the odds are pretty good
That we might soon need to be
Forgiven ourselves
That life sometimes gives us
More than we can handle
gracefully

To forgive

Is to remember That we have room in Our hearts to begin again And again, and again.

-Author Unknown

Parenting Pointers

631. July 3: 7 Mistakes It's ok to let your kids make.
Let them fail a test.
Let them forget their practice equipment
Let them leave their homework at home.
Let them forget their lunch.
Let them wear dirty socks
Let them miss a target.
(from a Family Minute with Mark Merrill) http://www.familyminute.com/

632. July 10: Celebrate Pope Francis' encyclical, *Laudato Si*, by making a family decision to save energy. No, this doesn't mean everyone stays home and sleeps.

633. July 17: As your children mature and become emerging adults the way you share your faith must mature also. "Share your faith struggles, not just your certainty." (Parenting Your Adult Child) Their questions may deepen your faith. That is good.

634.July 24: July 26 is Parent's Day. We don't need another card or gift giving holiday, but honoring the effort that parents make in raising children is important. Don't buy anything today, but ask your children what they think is the hardest part of being a parent. Listen.

635. July 31. For many people, summer is a good time to do recreational reading. What was your favorite book as a child? If your child is old enough you've probably already read it together. Talk about why it was your favorite.

"Used with permission by Susan Vogt, www.SusanVogt.net"



I'm Bored!!!

Schools out and kids are home all day. Are you hearing this common cry, "I'm Bored!!"? Here are ideas that may help.

TREASURE HUNT: Before you leave for work, hide some treasure or treasures around the house. Draw a map guiding your child to clue #1 and so on or write out clues leading them to the next clue. The clue could include a math problem or a puzzle that will lead them to the next clue. Make the clues challenging but not so complicated that the child will lose interest. Leave a note on the counter with instructions to open it at a certain time of the day. The treasure could be a book they have been wanting or a game the family will enjoy playing on family night or a special treat.

MYSTERY PICNIC: Plan a family outing that includes a picnic. Ask each person to pack a "mystery" lunch for another person. If you are doing this activity with a group of your friends, you may wish to pick names to pair people up.

When you arrive at your picnic spot have each person tell why the packed the lunch items for the person they were paired with.

Bring along fun activities to do as a group after you have enjoyed your "mystery" lunch.



Celebrate Independence

July is a wonderful time to celebrate freedom and independence. What's keeping you from being independent and celebrating life to its fullest? Perhaps it's an old habit or the same old way of looking at the same old problem. We do have a choice of how we choose to live life and look at our situations. Begin today to make steps toward independence, happiness and contentment in your life. Here are few suggestions to help you get started towards

celebrating life to the fullest.

- ⇒ Plan personal time every day and be sure it is something that is relaxing for you.
- ⇒ Take a long walk, and admire the beauty of nature.
- ⇒ Read your favorite book or magazine; even if it is for only 15 minutes
- ⇒ Watch TV or close your eyes and listen to your favorite songs
- ⇒ Budget a gift for your self;
- ⇒ Dinner out with a friend
- ⇒ Manicure or pedicure
- ⇒ Take a class or join a club
- ⇒ Take a day trip somewhere you haven't visited in a while.

Keep healthy! Try to stay away from fatty foods, get enough sleep. Exercise and encourage children to join in.

Affirm your self for all the good things you are doing. Be proud of yourself and your accomplishments.



A Prayer About Vacation

Father, all good things
come from you,
And we thank you that we are able to take a
vacation.

We thank you for these days ahead when we will enjoy new places and new people and new fun.

Please help us to be kind and thoughtful of each other, so that we can all relax and get to know each other better.

Keep us safe, Father, and protect our home and those we love.

Please take special care of the people who must work while we celebrate on our vacation.

Amen

FOURTH OF JULY



"AND FOR THE SUPPORT OF THIS DECLARATION, WITH A FIRM RELIANCE ON THE PROTECTION OF DIVINE PROVIDENCE, WE MUTUALLY PLEDGE TO EACH OTHER OUR LIVES, OUR FORTUNES, AND OUR SACRED HONOR."

(From the Declaration of Independence)

WAYS TO CELEBRATE THE GIFT OF FREEDOM AT HOME

- Write letters of thanks from your family (have children sign too!) to local public servants who work hard to preserve America's democracy.
- Decide as a family how you can help with local efforts to welcome refugees who seek freedom in this country.
- Contribute time or money to a group that works to protect the rights of the poor, the unborn, older persons, the terminally ill or other persons whose rights are violated.
- Pray the following prayer at meal or bed time.

A Prayer for all Leaders of the World



Lord, bless our leaders around the world today and help them all to strive for freedom for their people. Bless those people who are persecuted for their belief in You, and give them peace in their painful times. Bless those people who hunger and thirst for earthly and spiritual nourishment. May our prayers and actions, moved by the Holy Spirit, bring about Your Kingdom of peace and justice.

We pray for our distant relatives in lands presently unsafe due to war, poverty or natural disaster. We thank you God, for the freedoms given to us in this country, and pray for others to someday soon enjoy them also. We ask all of this in Jesus' name. Amen.

A Prayer for the Fruits of Freedom: Peace and Justice for All

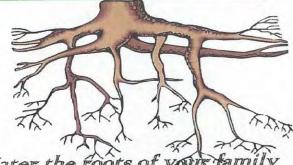
God, source of all light, we are surrounded by the darkness of injustices experienced by Your people: the poor, who are hungry and who search for shelter, the sick who seek relief, and the downtrodden who seek help in their hopelessness.

Lead us in Your way to be light to Your people. Help our family to be salt for our community as we share your love with those who are not free. Amen.

(Adapted from "Communities of Salt and Light," U.S. Catholic Bishops.)

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Water the foots of your family

Spend time together this summer celebrating faith and family.

Start some new family traditions this summer. Traditions create memories that feed the roots of the family tree.

- CHOOSE AT LEAST ONE FAMILY WORK PROJECT each summer that everyone can help with, like painting the shutters, planting and harvesting a garden, repainting and decorating a room in the house. Make a list in early summer of what needs to be done, who can do each part, and a finish deadline. Celebrate the completed project by taking pictures for your family album and inviting friends over to see your finished product.
- MUSIC IN THE PARK. Attend a summer concert or play in the park, if your community sponsors such events. Arrive early and take a picnic supper, including a blanket on which to sit.
- ☼ FAMILY TALENTS. Learn a new skill as a family, like juggling, playing golf or tennis, canoeing, cooking, or doing cross stitch. Do it together throughout the summer. Each year think of something simple and fun to add to your family talents list.
- ☼ JOIN THE READING CLUB at your local library. Involve the whole family in reading books together on the porch or patio, in the park or in the family room with no TV turned on!
- VISIT LOCAL BUSINESSES that give tours to children, like a bottling plant, an automobile assembly line, the airport or city water works.
- ☼ LETTER WRITING. Have each child adopt one out of town relative to write letters to every other week during the summer vacation. Keep a copy of the letters you send as a record of summer happenings. Letter writing knits families together across the miles and keeps writing skills sharpened over summer break.

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