



# SDNB

Salina Diocesan News Bulletin <http://salinadiocese.org/home/sdnb>

Volume 421

February 2016

## OFFICE OF THE BISHOP

**CATHOLIC SCHOOLS WEEK** activities the first week of February will keep me on the go as I am looking forward to visiting seven different parishes involving ten schools through February 6<sup>th</sup>. The theme this year is “**Catholic Schools: Communities of Faith, Knowledge and Service**”. Special appreciation to the committed teachers and administrative personnel, as they dedicate their lives to educate the youth of our diocese, in their spiritual as well as educational lives.

**WORLD DAY FOR CONSECRATED LIFE** will be celebrated in the parishes on Tuesday, February 2, 2016 and on the weekend of February 6-7, 2016 in parishes. In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed, symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all peoples. The celebration of World Day for Consecrated Life is transferred to the following Sunday in order to highlight the gift of consecrated persons for the whole Church. **Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.** Go to the USCCB website [www.usccb.org/consecratedlife](http://www.usccb.org/consecratedlife) for more information and resources.

**ASH WENESDAY**, February 10, 2016.

**NATIONAL MARRIAGE WEEK (FEB. 7-14), WORLD MARRIAGE DAY (SUNDAY, FEB. 7) and VALENTINE'S DAY (FEB. 14)** is a collaborative campaign to strengthen individual marriages, reduce the divorce rate, and build a stronger marriage culture, which in turn helps curtail poverty and benefits children. Together we can make more impact than working alone. Please join with others to host special events, launch a marriage class or home group, or place local advertising or news stories during National Marriage Week USA. Information and resources are at <http://www.nationalmarriageweekusa.org>

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**RITE OF ELECTION Sunday, February 14<sup>th</sup>, at Sacred Heart Cathedral, Salina 3:00 p.m. and<sup>2</sup> Sunday, February 21st, St. Nicholas of Myra, Hays, 3 p.m.. Special note THE TIME FOR RITE OF ELECTION ON Feb. 14<sup>th</sup> at the Cathedral was incorrectly listed in the January SDNB. The correct time is 3 p.m. for both locations. I will be sending individual letters again to all candidates.** Please submit the information to the Liturgy Office or you may email Julie Bilson at [julie.bilson@salinadiocese.org](mailto:julie.bilson@salinadiocese.org) no later than Tuesday, 2-9-16 for Salina and Tuesday, 2-16-16 for Hays. See the Liturgy Office section for more detailed information and/or refer to the email from the Bishop's Office to all priests on January 12<sup>th</sup>.

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**BULLETIN INSERTS, HUMAN TRAFFICKING:** Thank you for inserting the January inserts in your bulletins. The February and March inserts can be found in the Dec. 2015 SDNB. Thank you for your continued assistance in promoting an awareness of Human Trafficking during 2016.

## **OFFICE OF THE CHANCELLOR**

It is my pleasure to announce Mrs. Claudia Quezada-Commerford has joined the Chancery staff. Claudia has accepted the position of Administrative Assistant in the Family Life/NFP Office. Claudia has earned a Bachelor of Science in Family Studies and Human Services from Kansas State University. She is also bilingual in Spanish and English.

The days and hours she will be scheduled to work at the Chancery are Tuesday, Wednesday and Thursday, 9:00 a.m. to 3:30 p.m. Claudia's email is [claudia.commerford@salinadiocese.org](mailto:claudia.commerford@salinadiocese.org). When you have a chance to come to the Chancery, please drop by Claudia's office to give her a warm hello.

**COLLECTION LIST:** Enclosed is the list for your 2016/2017 Collection envelopes.

## **OFFICE OF FINANCE**

### **New Form for Diocesan Handbook**

We have revised the request form to spend more than \$10,000 on a building/renovation project in the parish. Please replace page V-17/18 with new form. Thank you!

**SECOND HALF OF PARISH TAX** is now due. Please check the enclosed sheet (blue) to see what amount, if any, is due from your parish(es). Also, please check the total amount due for your parish(es) as amounts may have changed due to Annual Reports received late. Send check to the chancery **Attn: FINANCE OFFICE**.

**CATHOLIC SCHOOL STUDENT SUBSIDY:** The per student subsidy for the 2016-2017 school year will remain at \$80.00 per student. The subsidy is based on the allocation from the Catholic Community Annual Appeal, donations received, and earnings on investments.

## **OFFICE OF SAFETY AND SECURITY**

I am pleased to announce that the Office of Safety and Security has published our first quarterly newsletter called *The Shepherd*. *The Shepherd* will be released January, April, August and December. You will be able to read it on the Catholic Diocese of Salina's Safety and Security webpage under "Documents" and it will be attached quarterly to the SDNB.

The newsletter will be an aid in promoting what the Catholic Diocese of Salina is doing as we continue to create a better Safe Environment Program and reach out to victims of abuse for healing.

Lastly, we welcome any feedback and suggestions of improvement. If you have suggestions and/or information that can benefit and make our program stronger please contact Pamela Sullivan ([pam.sullivan@salinadiocese.org](mailto:pam.sullivan@salinadiocese.org)) or Wendy Backes ([wendy.backes@salinadiocese.org](mailto:wendy.backes@salinadiocese.org)).

A kind reminder from the Safety and Security Office that all youth programs that your parish participates in, whether it be the Boy Scouts, Columbian Squires, etc., are required to follow the policies and protocol of the Safe Environment Program. In other words, all leaders and volunteers who have regular contact with minors must complete the Diocesan protocol which includes submitting to a criminal background check and successfully completing the Virtus on-line training before they begin their service with any and all youth activities.

If you should have any questions regarding the Safe Environment Program please contact Pamela Sullivan or Wendy Backes.

## **OFFICE OF DEVELOPMENT**

### **Catholic Community Annual Appeal – Open the Door to Mercy**

Bishop Weisenburger's pre-recorded audio message is scheduled to be played at all Masses on the weekend of February 6/7. The CCAA letters will be mailed to all registered households the week of February 8<sup>th</sup>. Any pledges that come to the Parish office should be forwarded to the Office of Development at the Chancery. Your Parish office does not need to process these envelopes.

An electronic version of the **Parish Manual** was emailed to all Pastors on January 29<sup>th</sup>. We hope this will be useful to you when doing your bulletin announcements and prayers of the faithful. You should be able to just "cut and paste" directly to your document.

If you have any questions regarding the CCAA, please contact Syndi Larez at [syndi.larez@salinadiocese.org](mailto:syndi.larez@salinadiocese.org) or by calling 785-827-8746. THANK YOU for all that you do to promote the CCAA in your Parish.

## **PROPAGATION OF THE FAITH**

**Mission Coop Envelopes:** attached is a spreadsheet with the counts for the number of Mission Coop envelopes ordered by each parish last year's Mission Coop appeals. Please contact Brenda at [brenda.streit@salinadiocese.org](mailto:brenda.streit@salinadiocese.org), or call her at the chancery by March 1<sup>st</sup> to place your order for this year's appeal. These envelopes are provided to you free of charge by the Diocesan Propagation of the Faith Office. We ask that you DO NOT have an envelope for Mission Coop included in your parish packets.

## **PROPAGATION OF THE FAITH cont.**

Next week the Propagation of the Faith Office will complete the annual report for the National Office. If you have any outstanding donations for Mission Sunday, Mission Coop, or Missionary Childhood, please forward them to Brenda as soon as possible.

## **OFFICE OF PRIESTLY VOCATIONS**

**Diaconate Ordination** - April 9. We are excited to be ordaining three men to the diaconate this year: Justin Palmer, Ryan McCandless, and Leo Blasi. All are welcome to join us at Sacred Heart Cathedral at 10:00 a.m. We will have a small reception to follow in the Hall of Bishops.

**Priestly ordination** - June 4, Please put this on your Calendar as Bishop Weisenburger will joyfully ordain Luke Thielan to the priesthood.

Please continue to encourage the young men and women of your parish to be open whatever call the Lord may have for them.

## **OFFICE OF LITURGY**

### **1. REMINDERS THAT MAY HELP as you prepare for the Rite of Election.**

On the morning of the first Sunday of Lent, the parish should celebrate the PARISH CELEBRATION FOR SENDING CATECHUMENS FOR ELECTION AND CANDIDATES FOR RECOGNITION BY THE BISHOP, nos. 530-546 in the RCIA Ritual. Catechumens should sign the Book of Elect during that rite (see no. 539). Parishes whose Rite of Election is celebrated on the Second Sunday of Lent should celebrate the Rite of Sending on that day.

Bring your Book of Elect to the Diocesan Rite of Election. The names of the Elect will be read from this book and presented to the Bishop.

Instructions for the Rite:

- A. The people in the procession are:
  - Catechumens and Candidates
  - Sponsors
  - RCIA Directors
  - Pastors
 They should gather in the parish hall.

Family members and guests are not in the procession. They should go to the church before the ceremony begins.

- B. The front pews are reserved for the people in the procession.
- C. Catechumens/Candidates should sit on the left side of the church; Sponsors, Directors, and Pastors should sit on the right side of the church. Please try to arrange the Catechumens and Candidates in the order that they will be called by the RCIA Director so that the procession will flow smoothly.

D. The RCIA Director comes to the ambo when the name of the parish is called.

S/he calls out the names in this way:

“I present for baptism...(all those names)

“I present for full communion...(all those names)

The Catechumens and Candidates come to the front as the names are being called. They should all leave the pew immediately, not waiting for their names to be called (think liturgical procession rather than graduation ceremony). The Bishop will greet each one individually, after which they return to their seats.

When the Director finishes reading the names, s/he gives the Book of Elect to the Bishop, who signs it.

2. **The Chrism Mass** is at Sacred Heart Cathedral, Thursday, March 17, at 11:30 a.m.

3. **The Easter Vigil** on March 26 should be celebrated no earlier than 8:30 p.m., since it will not be dark before then.

**OFFICE OF RELIGIOUS EDUCATION**

**TOTUS TUUS:** We are planning on having 4 teams of 2 college age women and 2 college age men traveling throughout the diocese to provide TOTUS TUUS in our parishes. The following are openings for this summer:

June 26----July 2-----3 openings

July 17----July 23-----3 openings

July 24----July30-----3 openings

Please call us in the Office if you want a team to come to your parish.

**OFFICE OF YOUTH MINISTRY**

**DIOCESAN CYO CONVENTION:** Our Diocesan CYO Convention will be the weekend of April 9-10, 2016 at St. Mary’s Grade School. South High School is doing some remodeling in their gym and Commons Area this years and is not available for us to use. You parish adult leaders will be receiving a mailing on this event within the next week.

**JUNIOR CYO CAMP:** Our camp is for all present 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders. This camp will be at Rock Springs Ranch on May 28-31, 2016. Seniors and college age students can apply to be camp counselors. Counselors will arrive the evening of May 27<sup>th</sup> for Orientation. Mailing on this event will be sent out to your adult leaders.

**PRAYER & ACTION:** In June we will be in Hays for Prayer & Action. We will have a college week and 3 high school weeks in Hays. In July we will be in Junction City for 3 high school weeks. Registration forms are online in the Youth Ministry Page. These weeks fill up real fast so please get your forms and \$65.00 fee in as soon as possible to reserve your spot.

## **OFFICE OF FAMILY LIFE**

**SINGLE PARENT NETWORKER** is usually relevant for all parents, not just Single Parents. Many of the articles pertain to all parents. Please distribute to your Family Life Coordinator.

**WORLD MARRIAGE DAY:** World Marriage Day will be celebrated **Sunday, Feb. 14** this year. Our Catholic church should make an effort to honor and support married couples living out their sacramental marriages, especially at this time in our culture when the US Supreme Court has ruled to change God's definition of marriage from the covenant of one man and one women. Don't hesitate to ask your Family Life Coordinators to assist with this effort. Included in this mailing is a Renewal of Vows, Intercessions and a Blessing for Couples. Additional liturgical aides, special activities and ideas for celebrating the day can be found on the World Marriage Day website <http://wmd.wvme.org>.

**2016 MEN'S CONFERENCE TO BE HELD IN HAYS** this year not Russell. This year's conference speaker is Curtis Martin. He is known worldwide and it is felt that because of his popularity we need a larger venue. So on Saturday, August 13, the Men's Conference will be at **Immaculate Heart of Mary Parish in Hays** instead of St. Mary Queen of Angels Parish in Russell. *Additional information regarding the Men's Conference will be forth coming, but for now reserve the date of August 13th for this year's Men's Conference, and note that it will be held in Hays.*

### **ENGAGED ENCOUNTER DATES FOR 2015-2016**

Feb. 19-21, 2016 - Capuchin Center for Spiritual Life-Victoria  
 Apr. 22-24, 2016 - Capuchin Center for Spiritual Life-Victoria  
 June 10-12, 2016 - Capuchin Center for Spiritual Life-Victoria

### **GOD'S PLAN FOR A JOY FILLED MARRIAGE SEMINAR DATES FOR 2015-2016**

Feb. 20, 2016 - St. Nicholas Parish-Hays  
 Feb. 20, 2016 – St. Thomas More-Manhattan  
 Mar. 5, 2016 - Our Lady of Perpetual Help-Concordia  
 Apr. 9, 2016 - Our Lady of Perpetual Help-Concordia  
 June 18, 2016 - Our Lady of Perpetual Help-Concordia

**BULLETIN INSERTS AND HANDOUTS :** Make Lent Count and Lenten Calendar are enclosed.

## **OFFICE OF RESPECT LIFE**

**Kansans for Life** has developed a church bulletin project entitled "**In the beginning**". It follows the development of a child named "Chris" in the womb. The bulletin messages begin on March 15<sup>th</sup> to prepare for Feast of the Annunciation on March 25<sup>th</sup> and ends near Christmas on December 20<sup>th</sup>. It mirrors the fetal development of Jesus Christ. This is a great way to spread the pro-life message while honoring the child Jesus. The bulletin announcements can be found at <http://www.kfl.org>

## **OFFICE OF RESPECT LIFE cont.**

**Save the Date!** Respect Life Conference will be August 27<sup>th</sup>, 2016 in Russell, KS. The National Committee for a Human Life Amendment will be the keynote speaker. We will also have Michael Schuttloffel, Executive Director of the Kansas Catholic Conference. More information to come!

### **Pro-Life Intercessions for Mass**

**For our nation**, that the values of life and liberty may truly be our watchwords;

We pray to the Lord

**For those who are mentally disabled**, that we might cherish the gifts God has given them, and in their lives hear the voice of our loving God; We pray to the Lord

**For every person who suffers from violence**, and especially for women whose pain breaks their hearts, that through the intercession of she whose heart was pierced with a sword, they might know peace and strength; We pray to the Lord

**For those who mourn the death of a child**, that they may be given the strength and courage to face the future, and that they may be understood and blessed; We pray to the Lord

## **MISCELLANEOUS**

The 10th anniversary of the annual **Women's Spirituality Conference** is Saturday, March 12, in Manhattan, KS. See enclosed brochure.

The "**Summer Institute**" has been resurrected. The event will now take place on a weekend - April 29, 30, May 1 at the Spiritual Life Center in Wichita. Registration forms will be coming.

### **UPDATES FOR THE DIRECTORY:**

1. New Receptionist, Executive Secretary for the Propagation of the Faith Office, Register, and Office of Deacons; email – [brenda.streit@salinadiocese.org](mailto:brenda.streit@salinadiocese.org); [receptionist@salinadiocese.org](mailto:receptionist@salinadiocese.org), [newspaper@salinadiocese.org](mailto:newspaper@salinadiocese.org) - Brenda Streit – pgs. 4 & 5
2. New Executive Secretary for the Office of Family Life – Claudia Commerford; email: [claudia.commerford@salinadiocese.org](mailto:claudia.commerford@salinadiocese.org) & [familylife2@salinadiocese.org](mailto:familylife2@salinadiocese.org) – pgs. 5 & 7.
3. New Mass time for St. Columba Church, Elmo – Saturday 6:30 pm (1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup>) – pg. 58
4. New Director of Admissions for Conception Seminary College – Brother Luke Kral, O.S.B. , email: [luke@conception.edu](mailto:luke@conception.edu) – pg. 94
5. New Seminarian – Robert (Bob) Schroeder – Conception Seminary College [bschroeder@conception.edu](mailto:bschroeder@conception.edu) – pg. 94
6. Website for Immaculate Conception of the Blessed Virgin Mary Parish – Solomon [Immaculateconceptionsolomon.org](http://Immaculateconceptionsolomon.org) – pg. 49



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**CONFIRMATION LITURGY PLAN – DIOCESE OF SALINA**

**Updated February 2016  
By Bishop Edward J. Weisenburger**

Parish	City	Parishes Joining (if any)
Date	Time	Number of Candidates
Contact Person		Daytime Phone # or email

The Bishop would like to meet with the candidates prior to Mass. \_\_\_\_\_  
(Time and Place)

**INTRODUCTORY RITES**

Welcome statement at Beginning of Mass?     Yes    No     By Whom? \_\_\_\_\_  
Will incense be used during the Mass?         Yes    No

**LITURGY OF THE WORD**

First Reading: \_\_\_\_\_ Psalm: \_\_\_\_\_  
Second Reading: \_\_\_\_\_  
Gospel - Proclaimed by: \_\_\_\_\_  
(Normally the pastor)

**Reminder: The Bishop meets for 20 minutes with the confirmandi and one adult sponsor before Mass. That twenty-minute meeting should be scheduled so that it ends 15 minutes before the Mass begins. Parents, sponsors, and other adults are not permitted in the meeting with the confirmandi and one adult sponsor. Please always have name badges on confirmandi, no individual cards to the pastor, etc. Young ladies should be reminded that if their hair cascades over the name badge it would not be readable.**

**RITE OF CONFIRMATION**

Presentation of the Candidates: By whom? \_\_\_\_\_  
General Intercessions \_\_\_\_\_

**LITURGY OF THE EUCHARIST**

Musical Mass Setting: \_\_\_\_\_ Communion Meditation    Yes    No

**CONCLUDING RITES**

(Names and reasons for thanks should be included on this return form so they may be included in the presider’s copy. Keep extremely brief) Comments: \_\_\_\_\_

**Please note: It is not appropriate to use recorded music in the liturgy. Please choose music that the assembly knows and will sing. If a worship aid is prepared, appropriate information must be noted. Permission to reprint words and/or music must be obtained and paid for by the parish.**

Photos will follow liturgy:     Yes    No    Location: \_\_\_\_\_

Reception Following Liturgy:    Yes    No     Cake & Punch    Lunch    Dinner  
Location: \_\_\_\_\_

**Please return this completed form to the Office of the Bishop, PO Box 980, Salina, KS 67402-0980 no later than seven (7) working days prior to scheduled Confirmation date along with the candidates’ letters to the Bishop. Refer to the Diocesan Handbook Section VI, Pages 1B - 8B.**

# THE SHEPHERD

"Then I will give you shepherds after my own heart, who will lead you with knowledge and understanding."

~Jeremiah 3:15



Diocese of Salina Safe Environment Newsletter

January 2016

## First Edition!

Welcome to the first edition of *The Shepherd*-The Office of Safety and Security's quarterly newsletter. You will receive a copy of this newsletter via email and will find it on the Diocese of Salina's Safe Environment webpage. This newsletter will be an aid in promoting what the Diocese is doing as we continue to create

better Safe-Environment programs and reach out to victims of abuse for healing. Even the best Safe-Environment programs cannot operate alone, they must be connected to the environment it strives to make safe.



*~We are our children's shepherds.*

*Our efforts to right the wrong of child sexual abuse and to protect the life and dignity of our children are not just about safety, but about our faith.*

## As a Community of Faith

We believe that the prevention of child sexual abuse begins with each person. Increased awareness and willingness to take action are steps each of us must take to suppress child abuse in our society.

Let *The Shepherd* be a way for you to connect and build relationships with leaders in your parish, school, community and Diocese as we work together in creating for children the kind of environment Christ teaches about in his gospel.



## **Abuse of Minors Pastoral Response Hotline:**

**785.825.0865**

For the safety and the healing of children, the Diocese of Salina provides an Abuse of Minors Pastoral Response Hotline. Calls to this number will be answered by the Diocesan Assistance Coordinator.

Calls are confidential with the following exceptions:

- Any allegation of child abuse concerning those who currently are minors must be reported to the Kansas Protection Report Center  
800.922.5330  
as required by Kansas State Law and  
Diocesan Policy:
- Any allegation of child abuse including sexual misconduct must be shared with the proper Diocesan authorities.

**[reportabuse@salinadiocese.org](mailto:reportabuse@salinadiocese.org)**



**Diocese of Salina**

**PO Box 980**

**Salina, KS 67402-0980**



A message from:

**Bishop Edward J. Weisenburger**

I am pleased to announce that the Catholic Diocese of Salina has excellent news to share with you. I am very pleased to report I have received a letter from our auditors which states, "Based on the results of our recently performed on-site audit of the Diocese of Salina, the Diocese has been found compliant with all audited Articles within the *Charter of the Protection of Children and Young People* for the 2014-2015 audit period."

We will not have a on an on- site audit next year, but will still have to submit all of the data for the annual paper audit. Therefore, please remember to continue keeping your statistics on how many trained, how many background checks were completed, how many bulletin announcements were published, etc. As usual this information will be due at the middle or end of June.

**Know the Warning Signs of Abusers**

- Goes overboard with physical touching.
- Bends established rules, encourages youth to break their parents rules.
- Takes photographs of children for no apparent reason.
- Showers a child with gifts or special attention.
- Tries to spend time alone with a child.
- Shows preference for a particular child or adolescent.
- Tries to meet up with the child outside of school or church.
- Sends personal messages to a student through text, phone calls or emails, etc.
- Provides alcohol, druges or pornography to minors.
- Prefers the company of children and youth over the company of adults.



*Remember...*

- ◇ Background checks must be done BEFORE a new hire or accepting a new volunteer.
- ◇ Background checks for clergy, employees and volunteers must be renewed every 5 years.
- ◇ VIRTUS on- line training should be completed at the same time of doing the ESR background check.
- ◇ At THIS time you only need to do the VIRTUS on-line training once.



Look for the next edition of *The Shepherd* in April.

# OFFICE OF SAFETY AND SECURITY

**Pamela Sullivan**  
Director of Safety and Security Office  
785.827.8746  
chancellor@salinadiocese.org

**Anne Kresin**  
Victim Assistance Coordinator  
785.825.0865

**Wendy Backes**  
Assistant Director of Safety and Security Office  
785.827.8746  
wendy.backes@salinadiocese.org

**WE PROMISE TO PROTECT  
AND PLEDGE TO HEAL**





## March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Finance Council 4 pm	4	5 Catholic Relief Sunday
6 Catholic Relief Sunday Confirmation 10:30 am, St. Francis-Norton Confirmation 3 p.m. St. Joseph, New Almelo Girl Scout Sunday	7	8	9	10	11 Conception Board of Regents 11-12	12
13 Year of Mercy Celebration-Basilica of St. Fidelis-Victoria 3 p.m.	14	15	16	17 Chrism Mass 11:30 S. H. Cathedral	18	19 Palm Sunday weekend
20 Palm Sunday Weekend	21	22	23	24 Holy Thursday	25 Good Friday Holy Land Collection  Chancery Closed	26 Holy Saturday
27 <b>Easter Sunday</b>	28	29	30	31	<b>Notes:</b>	

**March 2016**

**Expenditure Request Form to Spend More than \$10,000 on a Building/Renovation Project  
Diocese of Salina**

Send Completed Form to: Bishop of Salina, P.O. Box 980, Salina, KS 67402-0980

From: Pastor \_\_\_\_\_  
Parish \_\_\_\_\_  
Address \_\_\_\_\_

Present Debt of Parish \$ \_\_\_\_\_  
Parish funds invested with the diocese \$ \_\_\_\_\_  
Parish funds not invested with the diocese \$ \_\_\_\_\_

We, the undersigned, hereby request permission to expend the sum of \$ \_\_\_\_\_ for the purpose of \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(use reverse side of page for additional space.)

We will finance the project in the following manner:

\$ \_\_\_\_\_ from a parish fund drive presently in progress  
\$ \_\_\_\_\_ from a withdrawal of parish invested funds with the diocese  
\$ \_\_\_\_\_ from parish money currently on hand in the parish  
\$ \_\_\_\_\_ by obtaining a loan from the Diocese  
\$ \_\_\_\_\_ from an insurance indemnification and/or grant

**IF OBTAINING A LOAN FROM THE DIOCESE:**

We propose to repay the loan requested from the Diocese by making monthly payments of \$ \_\_\_\_\_ so that the total amount will be repaid by \_\_\_\_\_.  
(Month                      Date                      Year)

**IF WITHDRAWING FROM FUNDS INVESTED WITH THE DIOCESE:**

We would appreciate the check to be sent to the parish  
\_\_\_ As soon as possible  
\_\_\_ At a later date when the parish sends a letter requesting the check.

We assure you that the sum stated above will cover the total cost of the project and/or purpose as we have explained it to you, and we do not envision necessary additional costs in the foreseeable future to make it acceptable for our purpose or need.

Date \_\_\_\_\_, 20\_\_

Pastor \_\_\_\_\_

Parish Finance Council

Parish Pastoral Council

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PARISH TAX - 7/1/2015 THRU 6/30/2016

PARISH	PARISH-TAX DUE	PARISH-TAX PAID	PARISH-TAX PAID	PARISH TAX DUE
Salina, Cathedral	\$28,634.00	\$17,533.06		\$11,100.94
Salina, St. Elizabeth	\$27,530.00	\$13,765.00		\$13,765.00
Salina, St. Mary's	\$27,190.00	\$13,595.00		\$13,595.00
Abilene	\$11,798.00	\$5,899.00		\$5,899.00
Angelus	\$2,335.00	\$2,335.00		\$0.00
Antonino	\$2,691.00	\$2,691.00		\$0.00
Atwood, Sacred Heart	\$8,023.00	\$8,023.00		\$0.00
Aurora	\$1,699.00	\$849.50		\$849.50
Beardsley	\$2,423.00	\$2,423.00		\$0.00
Belleville	\$6,846.00	\$3,423.00		\$3,423.00
Beloit	\$7,875.00	\$3,937.50		\$3,937.50
Bird City	\$1,578.00	\$789.00		\$789.00
Brookville	\$825.00	\$412.50		\$412.50
Catherine	\$4,075.00			\$4,075.00
Cawker City	\$3,626.00	\$3,626.00		\$0.00
Chapman	\$7,114.00	\$3,557.00		\$3,557.00
Clay Center	\$11,245.00	\$5,622.50		\$5,622.50
Clifton	\$3,228.00	\$1,614.00		\$1,614.00
Clyde	\$6,292.00	\$3,146.00		\$3,146.00
Colby	\$11,858.00	\$11,858.00		\$0.00
Collyer	\$2,782.00	\$1,391.00		\$1,391.00
Concordia	\$18,465.00	\$9,232.50		\$9,232.50
Cuba	\$1,140.00	\$570.00		\$570.00
Damar	\$4,526.00	\$2,263.00		\$2,263.00
Dorrance	\$2,022.00	\$2,022.00		\$0.00
Downs	\$2,951.00	\$2,951.00		\$0.00
Ellis	\$4,424.00	\$2,212.00	\$2,212.00	\$0.00
Ellsworth	\$7,149.00	\$3,574.50		\$3,574.50
Elmo	\$1,210.00	\$605.00		\$605.00
Esbon	\$2,680.00	\$2,680.00		\$0.00
Glasco	\$2,450.00	\$2,450.00		\$0.00
Goodland	\$11,681.00			\$11,681.00
Gorham	\$3,830.00	\$3,830.00		\$0.00
Grainfield	\$3,691.00	\$1,845.00		\$1,846.00
Greenleaf	\$1,998.00	\$599.00		\$1,399.00
Grinnell	\$3,219.00	\$1,609.50		\$1,609.50
Gypsum	\$851.00	\$851.00		\$0.00
Hanover	\$6,761.00	\$3,380.50		\$3,380.50
Hays, St. Joseph	\$36,664.00	\$18,332.00		\$18,332.00
Hays, St. Mary	\$52,044.00	\$17,348.00		\$34,696.00
Hays, St Nicholas	\$20,395.00	\$10,197.50	\$10,197.50	\$0.00
Herington	\$4,247.00	\$2,123.50		\$2,123.50
Herndon	\$3,897.00	\$3,897.00		\$0.00
Hill City	\$6,873.00	\$3,436.50		\$3,436.50
Holyrood	\$1,766.00	\$1,766.00		\$0.00
Hope	\$2,338.00	\$1,169.00		\$1,169.00

**PARISH TAX - 7/1/2015 THRU 6/30/2016**

<b>PARISH</b>	<b>PARISH-TAX DUE</b>	<b>PARISH-TAX PAID</b>	<b>PARISH-TAX PAID</b>	<b>PARISH TAX DUE</b>
Hoxie	\$8,965.00	\$8,965.00		\$0.00
Junction City	\$13,541.00	\$6,770.50		\$6,770.50
Kanopolis	\$3,996.00	\$3,996.00		\$0.00
Leoville	\$2,734.00			\$2,734.00
Lincoln	\$3,787.00	\$3,787.00		\$0.00
Logan	\$3,005.00	\$1,502.00		\$1,503.00
Manhattan, St. Isidore	\$26,559.00	\$13,279.50		\$13,279.50
Manhattan, St. Thomas	\$44,151.00	\$21,940.00		\$22,211.00
Manhattan, Seven Dolors	\$27,146.00	\$15,564.88		\$11,581.12
Mankato	\$1,816.00	\$1,816.00		\$0.00
Miltonvale	\$1,605.00	\$802.50		\$802.50
Minneapolis	\$6,278.00	\$3,139.00		\$3,139.00
Munden	\$1,211.00	\$605.50		\$605.50
Munjor	\$4,761.00	\$2,380.50		\$2,380.50
New Almelo	\$2,286.00	\$2,286.00		\$0.00
Norton	\$7,983.00	\$3,991.50		\$3,991.50
Oakley	\$6,074.00	\$6,074.00		\$0.00
Oberlin	\$3,838.00	\$3,838.00		\$0.00
Ogden	\$1,330.00	\$1,330.00		\$0.00
Osborne	\$5,053.00	\$2,526.50		\$2,526.50
Park	\$4,751.00	\$2,375.50		\$2,375.50
Phillipsburg	\$5,435.00	\$2,717.50		\$2,717.50
Plainville	\$2,263.00	\$2,263.00		\$0.00
Russell	\$10,397.00	\$5,200.00		\$5,197.00
St. Francis	\$2,693.00	\$1,346.50		\$1,346.50
Schoenchen	\$2,963.00	\$2,693.00		\$270.00
Seguin	\$1,785.00	\$1,785.00		\$0.00
Selden	\$2,550.00			\$2,550.00
Sharon Springs	\$3,758.00			\$3,758.00
Smith Center	\$3,397.00	\$1,698.50		\$1,698.50
Solomon	\$4,929.00	\$4,929.00		\$0.00
Stockton	\$5,118.00	\$5,118.00		\$0.00
Tipton	\$3,332.00	\$3,332.00		\$0.00
Victoria	\$19,534.00	\$9,767.00		\$9,767.00
Vincent	\$2,125.00	\$2,125.00		\$0.00
Wakeeney	\$6,193.00	\$3,096.50		\$3,096.50
Walker	\$3,023.00	\$3,023.00		\$0.00
Washington	\$5,122.00	\$2,561.00		\$2,561.00
Wilson	\$5,810.00	\$5,810.00		\$0.00
	\$658,236.00	\$369,869.44	\$12,409.50	\$275,957.06



OSV Consignee Code	New Order for 2015 appeal	Church Name	Address	City, State, Zip
SAKS10038	300	St. Andrew's	311 S. Buckeye	Abilene KS 67410
SAKS10000	50	Our Lady, Help of Christians	c/o 210 W 13th St.	Antonino KS 67601
SAKS10039	300	Sacred Heart	508 N. Railroad	Atwood KS 67730
SAKS10001	0	St. Peter's	112 Kansas Ave	Aurora KS 67417
SAKS10018	150	St. Edward's	1827 Q Street	Belleville KS 66935
SAKS10051	450	St. John the Baptist	622 E. Main	Beloit KS 67420
SAKS10002	50	St. Catherine's	1681 St. Joseph St.	Catharine KS 67627
SAKS10007	0	St. Michael's	210 E 6th ST.	Chapman KS 67431
SAKS10022	0	SS. Peter and Paul	730 Court St.	Clay Center KS 67432
SAKS10023	100	St. John the Baptist	204 N. High	Clyde KS 66938
SAKS10041	150	Sacred Heart	585 N. French	Colby KS 67701
SAKS10046	350	Our Lady of Perpetual Help	307 E 5th St.	Concordia KS 66901
SAKS10004	50	St. Mary's	611 Division	Downs KS 67437
SAKS10040	200	St. Mary's	703 Monroe St.	Ellis KS 67637
SAKS10024	200	St. Bernard's	911 N. Kansas	Ellsworth KS 67439
SAKS10025	200	Our Lady of Perpetual Help	307 W 13th	Goodland KS 67735
SAKS10008	100	St. Mary's, Help of Christians	135 3rd St.	Gorham KS 67640
SAKS10032	0	St. Agnes	266 Cedar	Grainfield KS 67737
SAKS10009	75	Immaculate Conception	3rd and Monroe	Grinnell KS 67738
SAKS10047	75	St. John the Baptist	114 S. Church St.	Hanover KS 66945
SAKS10042	0	St. Nicholas of Myra	2901 E 13th St.	Hays KS 67601
SAKS10054	500	St. Joseph's	210 W 13th ST.	Hays KS 67601
SAKS10055	0	Immaculate Heart of Mary	1805 Vine St.	Hays KS 67601
SAKS10059	0	Comeau Catholic Campus Center	506 W 6th	Hays KS 67601
SAKS10019	150	St. John's	712 N. Broadway	Herington KS 67449
SAKS10026	250	Immaculate Heart of Mary	110 N. 10th Ave.	Hill City KS 67642
SAKS10027	125	St. Frances Cabrini	924 N 17th St.	Hoxie KS 67740
SAKS10049	400	St. Francis Xavier	218 N. Washington	Junction City KS 66441
SAKS10020	80	St. Patrick's	206 N 5th	Lincoln KS 67455
SAKS10010	100	St. John's	203 E Main	Logan KS 67646
SAKS10050	400	St. Thomas More	2900 Kimball	Manhattan KS 66502
SAKS10056	600	Seven Dolors	731 Pierre	Manhattan KS 66502
SAKS10011	100	St. Isidore's	711 Denison Ave.	Manhattan KS 66502
SAKS10021	120	St. Theresa's	422 N. Commercial	Mankato KS 66956
SAKS10012	80	Immaculate Conception	216 Cherry	Minneapolis KS 67467
SAKS10013	50	St. Francis of Assisi	883 Moscow St.	Munjor KS 67601
SAKS10029	50	St. Joseph's	28035 St. John St.	New Almelo KS 67645
SAKS10028	200	St. Francis of Assisi	108 S. Wabash	Norton KS 67654
SAKS10030	300	St. Joseph's	625 Freeman Ave	Oakley KS 67748
SAKS10003	0	St. Paul's	C/O 625 Freeman Ave	Oakley KS 67748
SAKS10035	200	Sacred Heart	210 E Washington	Oberlin KS 67749
SAKS10014	150	St. Aloysius	203 N Elm	Osborne KS 67473
SAKS10031	230	Sacred Heart	202 S. Cottonwood	Park KS 67751
SAKS10015	100	SS. Philip and James	690 S. 7th St.	Phillipsburg KS 67661
SAKS10043	0	Sacred Heart	206 N Washington	Plainville KS 67663
SAKS10045	100	St. Mary's	28 N. Kansas St.	Russell KS 67665
SAKS10037	0	St. Elizabeth Ann Seton	1000 Burr Oak Lane	Salina KS 67401
SAKS10052	200	Sacred Heart Cathedral	118 N. 9th St.	Salina KS 67401
SAKS10057	0	St. Mary, Queen of the Universe	230 E Cloud	Salina KS 67401
SAKS10006	50	St. Anthony's	c/o 210 W 13th St.	Schoenchen KS 67601
SAKS10036	0	Sacred Heart	205 S. Mission	Selden KS 67757
SAKS10016	100	Holy Ghost	403 N. Main St.	Sharon Springs KS 67758
SAKS10017	100	Immaculate Conception	3599 Field Rd	Solomon KS 67480
SAKS10005	75	St. Francis of Assisi	625 S. River St.	St. Francis KS 67756
SAKS10044	80	St. Thomas	722 Main St.	Stockton KS 67669
SAKS10033	150	St. Boniface	308 Gambrinus	Tipton KS 67485
SAKS10053	200	St. Fidelis	601 10th St.	Victoria KS 67671



SAKS10058	<b>300</b>	Christ the King	412 N. 9th St.	Wakeeney KS 67672
SAKS10048	<b>150</b>	St. Augustine's	410 B Street	Washington KS 66968
SAKS10034	<b>180</b>	St. Wenceslaus	2811 Ave. D	Wilson KS 67490

# Single Parent Networker



ARCHDIOCESE of OMAHA  
**CENTER for  
FAMILY LIFE**  
FORMATION

A publication of the Center for Family Life Formation of the Archdiocese of Omaha,

Volume 25 Issue 2

February 2016

## When Does My Child Need Help?

You are in the best position to know when your child needs help. No one else spends as much time, in as many situations, with your child as you do. No one else has witnessed all the changes over time and the behaviors “behind closed doors.”

Yet it can be difficult to know when your child needs help. First of all, it’s an unpleasant thought that we’d like to avoid. Many parents ignore what they suspect or know for months or years. They hope it “is a stage” or “will pass” or attribute problematic behaviors wholly to circumstances, such as a new school or a divorce.

Other parents truly don’t recognize problems even when they are fairly obvious. Sometimes this is because the exact same issue your child is struggling with is one that you or someone in your family lived with as a child (or still battles). When this is the case, it can create a “blind spot” or cause you to make comments like “Oh there’s nothing wrong with him, he’s just like his uncle John.”

This doesn’t mean you’re a bad parent. But it does mean you now need to deal with your discomfort and anxiety and do what needs to be done. You need to educate yourself, pick up

the phone, and bring a professional onboard.

All children are different and there is no one list that I can give you to know for sure if your child needs treatment. I would suggest two guiding principles.

- (1) Look for changes. When your child begins to act differently or starts to struggle with tasks that used to be easier, this is a red flag. When a child’s mood changes and seems to “get stuck” in a bad place, this is an alert that they need help.
- (2) Play it safe and check it out. A reputable professional has no interest in seeing problems where none exist. It is much better to be told there is nothing to worry about than to miss something that could have been fixed. There is not much worse than regretting a lost opportunity to help your child.

So while there is no universal, one-size-fits-all list, here are some signs to watch for. If you observe these, please act now and seek help before the problems get worse. It’s like any other problem. Fixing it

when it’s small is much easier than when it’s big and has grown other complications. (And with human problems, there are always complications when problems are ignored. Self esteem and confidence plummet, school or work performance deteriorates, friendships and relationships disappear, and even our health can suffer.)

With a younger child, look for the following common signs of potential emotional, behavioral or developmental problems:

- Decline in school performance or poor grades.
- Withdrawal from activities, friends or family.
- Refusal to take part in family or school activities.
- Making excuses not to go to school.
- Frequent tummy aches and sore throats.
- Inability to make friends or enjoy play.
- Frequent rebellion or opposition to authority.
- Frequent aggression or regular temper tantrums.
- Significantly increased whining or clinging.

- Odd, repetitive behaviors.
- Increase in fears or worrying.
- Sleep disturbance including insomnia, sleeping too much.
- Many more nightmares, or night fears.
- Hyperactivity, inability to settle down.
- Intentionally hurting themselves or animals.
- Any talk of suicide.

**In an older child or teenager, be on the alert for any of these signs:**

- Decline in school performance or poor grades.
- Withdrawal from activities, friends, family.
- Substance (drug & alcohol) use.
- Skipping school.
- Running away or threatening to run away.
- Destructive behaviors such as vandalism.
- Inappropriate sexual behaviors.
- Sleep disturbance.
- Mood swings.
- Excessive irritability or temper.
- Chronic worrying or fears.
- Frequent bursting into tears or tearing up.
- Frequent rebellion or opposition to authority.
- Appetite changes including eating too little or too much or any food rituals.
- Intentionally hurting themselves.
- Threats to others.

- Any talk of suicide.

Debra Moore, Ph.D., Retired Psychologist & Coauthor (with Dr. Temple Grandin) of **The Loving Push: How Parents and Professionals Can Help Spectrum Kids Become Successful Adults**



This Valentine's Day and all year long celebrate and teach **LOVE** at home in simple ways.

**TEACH LOVE BY FORGIVING**

Forgiveness is the only way to heal the hard feelings that develop in a family when conflicts grow out of control.

Special problems arise whenever families are divided.

Resentment resulting from separation or divorce sometimes deprives children of loving examples of forgiveness. While feelings of anger are understandable, it is unfair to burden children with these feelings because to do so teaches bitterness.

The parent who cannot forgive is exposing the child to negative expressions of hostility and revenge. Better to share one's grief or rage with a friend, a clergyman or counselor than a child who cannot comprehend.

Source: *Faith and Fest in Family*  
©Archdiocese of Omaha 2004

## Parenting Pointers

662. Feb. 5: Ash Wednesday is February 10. Prepare for Lent by talking with your family about how this can be a time of generosity and mercy (forgiveness). For the next 7 weeks, I'll give you ideas about how your family can live more simply. Use this week to think of your own.

663. Feb. 12: Week 1: Letting go of stuff I don't need to fill another's need is a foundational Christian virtue. Is there one toy or amusement that I'm willing to pass on to someone who would appreciate it? (a younger sibling, a neighbor, a stranger...)

664. Feb. 19: Week 2: It's still pretty cold in the northern hemisphere. Does your household have an extra pair of gloves, a scarf, boots, a coat, a blanket that you could take to a homeless shelter, Goodwill, etc. Do it this week.

665. Feb. 26: Week 3: Assuming that everyone in your family has enough clothes, have each person pick one piece of clothing that you wear indoors to give away.

Used with permission by Susan Vogt, [www.SusanVogt.com](http://www.SusanVogt.com)



## AM I SAYING YES?

As the Lenten season approaches, we are invited to live anew. What does that mean, live anew? Lent is not just about penance it is about changing our life so that we can live in the fullness of life our heavenly Father has planned for us.

What will your path be this Lenten season? Will you take the path of least resistance or the one that will require you to stretch and strain a bit?

Talk with your children about the best thing you ever did during Lent. Encourage them to choose something special to do that may launch them into a lifetime habit.

Plan time each night, at the dinner table or at bedtime, to talk about your day and how your Lenten commitment is leading you to that life everlasting with God. In doing so you will be saying YES and supporting each other in your efforts to deepen your Lenten observances.



Dear Lord, Help us to count our blessings.

Give us eyes to see and ears to hear your presence in every moment of our days. May shared laughter and shared tears bring our family close together—and closer to you.

Amen

## Family Ideas for Lent

Include your children in the brainstorming for ideas to do as a family for Lent. Here are some that may be helpful.

1. Everyone in the family fast from all electronics for one day a week.
2. Pick one bad habit that needs to be worked on and concentrate on changing it.
3. Reframe from buying anything unnecessary during Lent.
4. Do a service activity together as a family, visit those in a nursing home who have no one to visit them. When going through a drive through pay for the car behind you and then talk about the hungry and homeless with your children.
5. Pick a parish mission and attend it as a family. Check parish bulletins in your area to find the one that best suits the whole family.
6. Fill a bag to donate, have everyone go through their closets and contribute. Clothes, toys etc.
7. Say the rosary as a family.
8. Pick a saint for Lent. Have each member of the family do research and learn about this saint together.



“Every day I need you, Lord, but this day especially I need some extra strength to face what ever is to be..... This day more than any other day I need to feel you near, to fortify my courage and to overcome my fear. By myself, I cannot meet the challenge of the hour. There are times when human creatures need a higher Power to help them bear what must be borne.

And so, dear Lord, I pray that you will hold on to my trembling hand and be with me today.”

-Saint John XXIII

# Lenten Calendar

**ASH  
WEDNESDAY**  
Make Lenten  
resolutions  
and sacrifices.

**THURSDAY**  
Do a good  
deed.

**FRIDAY**  
Be especially  
obedient today.

**SATURDAY**  
Cut your TV  
time down by  
2 hours today.

<b>1st SUNDAY</b> Be attentive at Church today. Read MARK 1:12-15	<b>MONDAY</b> Read PSALM 51	<b>TUESDAY</b> Give up something you enjoy eating just for today.	<b>WEDNESDAY</b> Say an extra prayer today.	<b>THURSDAY</b> Visit someone who is lonely.	<b>FRIDAY</b> Send a card to someone who needs cheering up.	<b>SATURDAY</b> Pray for all people who are in the hospital.
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<b>2nd SUNDAY</b> Give extra money you saved to the poor.	<b>MONDAY</b> Smile at everyone you meet today.	<b>TUESDAY</b> Read MATT. 23:1-2	<b>WEDNESDAY</b> Get up extra early to pray.	<b>THURSDAY</b> Go out of your way to help someone today.	<b>FRIDAY</b> Read MATT. 21:33-43. 45-46	<b>SATURDAY</b> Do an extra chore CHEERFULLY today.
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<b>3rd SUNDAY</b> Offer your Mass and Holy Communion for family members.	<b>MONDAY</b> Pray for the homeless.	<b>TUESDAY</b> Be extra nice to everyone you meet today.	<b>WEDNESDAY</b> Give old clothes to the needy.	<b>THURSDAY</b> Read LUKE 11:14 28	<b>FRIDAY</b> Forgive someone who hurt you.	<b>SATURDAY</b> Do something extra nice for a family member.
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<b>4th SUNDAY</b> Pray for all people who are out of work.	<b>MONDAY</b> Visit someone who is sick.	<b>TUESDAY</b> Read JOHN 5:1-16	<b>WEDNESDAY</b> Clean up your neighborhood. Pick up trash near home/work.	<b>THURSDAY</b> Tell someone you LOVE them today.	<b>FRIDAY</b> Read JOHN 7:1-2, 10, 25-30	<b>SATURDAY</b> Pray for the sick today.
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<b>5th SUNDAY</b> Do something together with your family	<b>MONDAY</b> Donate food to the hungry.	<b>TUESDAY</b> Read a book to a child today.	<b>WEDNESDAY</b> Read JOHN 8:31 42	<b>THURSDAY</b> Be nice to someone you don't like.	<b>FRIDAY</b> Read a story about a Saint today.	<b>SATURDAY</b> Let someone else choose the TV programs today.
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<b>PALM SUNDAY</b> Listen closely to the PASSION OF CHRIST at Mass.	<b>MONDAY</b> Give up watching TV today	<b>TUESDAY</b> Read JOHN 13:21-33. 36-38	<b>WEDNESDAY</b> Read PSALM 22:2-6. 23-25	<b>THURSDAY</b> Attend the Mass of the Lord's Supper.	<b>FRIDAY</b> Pray the STATIONS OF THE CROSS.	<b>SATURDAY</b> Read ROMANS 6:3-11
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**EASTER  
SUNDAY**  
Rejoice in the  
resurrection of  
the Lord.  
GO TO MASS!

# Happy Easter!!!

## Make Lent Count

That is a good way to think of Lent. By giving things up or doing something spiritual, we aren't engaged in an effort to make ourselves special; we are engaged in an effort to get close to Christ.

Here is a list of things you might consider:

### Ideas for Adults

#### Fasting

Skip lunch one day a week.

Skip meat an extra day – or two – a week.

Give up alcoholic beverages.

Give up soda – even diet soda.

Give up all desserts.

Don't buy anything except groceries and absolute necessities.

Fast from listening to talk radio or music in the car.

#### Prayer

Begin – or begin again – the daily Rosary.

Meditate for 10 minutes a day – *Magnificat* offers a wonderful daily meditation.

Attend Stations of the Cross, Divine Mercy devotions or Eucharistic adoration.

Start a nightly habit of spiritual reading.

Read the Compendium of the Catechism (just four pages a day will allow you to finish it in Lent).

#### Almsgiving/Charity

Volunteer to deliver food to the poor.

Join the social-concerns committee at your parish.

Make a significant donation to a deserving charity with each Lenten paycheck.

Forgive someone, and tell him or her you want to patch things up.

Say a kind word to everyone you meet.

Pay one significant compliment – or more – to each of your children every day.

Offer to watch the children of a new mother or a single parent one day a week throughout Lent.

Visit an elderly friend or relative.

### For Children and Teens

For younger folks, don't be afraid of the adult ideas. But if none will work for you, try these:

Look for and address a need in your house every day.

Start asking, "Is there anything else I can do?" after you do what your parents ask.

Turn off your phone except for specific times at home.

Give up video games. Yes – entirely – throughout Lent (except Sundays)!

Send a note to each grandparent, aunt, uncle and godparent during Lent.

Make a new friend outside your "crowd."

Be a friend to a shy person.

Give up that bad place, person or thing.

Choose a favorite toy, book or piece of clothing and give it away before Easter.

## A SAMPLE RENEWAL OF VOWS

The Celebrant invites the remainder of the congregation to pray in silence as married couples renew before God their sacred matrimonial commitment to each other.

### **Celebrant:**

"Dear Friends, on your wedding day, you stood before the Church's minister and the community, and solemnly vowed your love. On this World Marriage Day, you stand before the community of faith as a reminder of the great beauty of the Sacrament of Covenant of Matrimony."

"You stand before your children who reflect the life and love you have given to them through Your marriage."

"You stand before those who are living the single vocation in the Church. Your marriage vows complement their lives of commitment and service to the Lord's call."

"You stand before widows and widowers who recall the love and commitment given to their spouse."

"You stand before us as witnesses to the married love which Christ abundantly blessed on your wedding day. I invite you now to renew the promises you made in mutual and lasting fidelity."

### **Couples (repeat after the celebrant):**

Husbands: "I have taken you and take you again \_\_\_\_\_, to be my wife. I promise to be true to you in the good times and in bad, in sickness and in health. I will love you and honor you all the days of my life."

Wives: "I have taken you and take you again \_\_\_\_\_, to be my husband. I promise to be true to you in the good times and in bad, in sickness and in health. I will love you and honor you all the days of my life."

### **Celebrant:**

"You have renewed your marriage vows before the Church. May the Lord in His goodness strengthen your commitment and fill you with His blessings. Amen"

"Bow your heads and pray for God's blessing."

"May God the almighty Father, give you joy. (Response) Amen"

"May the only Son of God have mercy on you and help you in good times and in bad. (Response) Amen"

"May the Holy Spirit always fill your hearts with love. (Response) Amen"

"And may Almighty God bless you all, the Father and the Son and the Holy Spirit. (Response) Amen"



## SAMPLE GENERAL INTERCESSIONS (Husband and Wife to deliver)

**Celebrant:** Let us join in prayer for our special anniversary couples and for all married couples on this World Marriage Day, knowing that God hears us whenever we pray.

(Response): Lord, make us one.

**Husband:** That all husbands may have the wisdom and courage to help their wives grow and develop their talents, to become all God wants them to be. We pray to the Lord.

**Wife:** That all wives among us have the knowledge and the will to encourage their husbands to grow and fulfill all the rich potential that lies within them. We pray to the Lord.

**Husband:** That we may receive the gifts of patience, imagination and understanding in our relationship with our children in these changing times. We pray to the Lord.

**Wife:** That all couples may be delivered from the dangers of boredom and routine which can erode the deepest love relationship. We pray to the Lord.

**Husband:** For the courage to overcome fear and reveal ourselves more openly and honestly through more intimate communication. We pray to the Lord.

**Wife:** That all our relatives, friends and neighbors may experience the joy of family love. We pray to the Lord.

**Husband:** That all the families on earth may have the resources they need to lead happy, healthy and prayer-filled lives. We pray to the Lord.

**Celebrant:** Father, you love us so much that you gave us your only Son. Grant that all who are in the union of marriage may reflect the beauty of your love and share it with others. We ask this through Jesus Christ our Lord. Amen.

## SOLEMN BLESSING AT END OF MASS

**Celebrant:** "Bow your heads and pray for God's blessing."  
"May God the almighty Father, give you joy. (Response) Amen"  
"May the only Son of God have mercy on you and help you in good times and in bad. (Response) Amen"  
"May the Holy Spirit always fill your hearts with love. (Response) Amen"  
"And may almighty God bless you all, the Father and the Son and the Holy Spirit. (Response) Amen"