



2025 NCYC Novena to the Holy Spirit

Day 1 – Thursday, November 13

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us.

Through Baptism, your Love, the Holy Spirit, completely consumed us, filled us, and united us to Jesus. We want to be like him in everything we do. We ask for the power of the Holy Spirit to help us. On this first day of our prayer, we ask for the gift of Wonder and Awe in Your Presence. Help us to stand in awe of your presence living within us by a daily pursuit of holiness. Help us to behold the wonder of your image that is within every person we meet. Help us to radically devote ourselves to the sacramental life, the living encounters with your Son, Jesus.

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.
Through Christ our Lord.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...



Day 2 – Friday, November 14

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. Through Confirmation, you completed our Baptism. Your Life, the Holy Spirit, flows in us and gives us power to live as Jesus. When temptations come at us, arise inside of us, or flood our thoughts, we have a greater power. We ask for the power of the Holy Spirit to help us. On this second day of our prayer, we ask for the gift of courage. When living as a disciple of Jesus gets hard and we feel like we can't do it on our own, give us your power, the power of the Holy Spirit. Help us to maintain our faith even in the hardest times.

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Let us pray.

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Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 3 – Saturday, November 15

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. Through Penance, you restore us to an eyelash-to-eyelash relationship with you. You poured out your Holy Spirit for the forgiveness of sin through the church's ministry. We acknowledge that you have made us for yourself and that we are restless until we find our place in you. In our restlessness, we become selfish, self-centered, and ignore you and the needs of others. We need the Holy Spirit to convert us. On this third day of our prayer, we ask for the gift of right judgment. Help us to know ourselves and to know you. Help us to judge our thoughts and our words, what we do, and what we fail to do by the thoughts, words, and actions of Jesus. May we always seek to be like him.

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Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 4 – Sunday, November 16

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. Through the Anointing of the Sick, you are close to us, even in the suffering we feel in our bodies and minds. Our bodies are sacred and holy, and you care for them. We have seen that you have the power to heal, and you have the power to transform. When we are in the middle of our suffering, we want it to just be over. On this fourth day of our prayer, we ask for the gift of understanding. It is easy for us to ask, "Why?" But we look to your Son Jesus, and we look to the Holy Spirit to unite us to him. He lived a human life. He suffered human pain. He died a human death. He also rose from that death and gives a path through our suffering. With understanding that all things work for good for those who love God and are called by him, we wait on you to restore us to everlasting life.

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Let us pray.

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by the light of the Holy Spirit,
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Through Christ our Lord.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 5 – Monday, November 17

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. Through the Matrimony, you give us a living example of the love you have for your church. You have sacrificed everything for the church because this is what love does. If we are called to marriage, we ask for your Holy Spirit to prepare us for our spouses and us for them. On this sixth day of our prayer, we ask for wisdom. Help us to take on the mind of Christ, especially as we discern our vocation. When faced with the questions of “who are you calling me to be” and “to whom are you asking me to serve,” gift us with the wisdom we need to choose the path that will lead us and those we love to heaven.

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Let us pray.

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by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
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Through Christ our Lord.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 6 – Tuesday, November 18

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. Through Holy Orders, your Holy Spirit raises up men to lead us into a deeper relationship with you and with your holy church. Your son, Jesus, the eternal priest, is the Word made flesh. On this sixth day of our prayer, we ask for the gift of knowledge. May our lives be more centered on the Word that has been entrusted to your church and that is preached to us by those who have been ordained. We pray that you deepen their knowledge of the Word in scripture and tradition, and may we respond with all our hearts to the Word that we receive.

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Let us pray.

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by the light of the Holy Spirit,
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Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 7 – Wednesday, November 19

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. When the bread and wine are brought to the altar, your sacred minister asks for the Holy Spirit to transform those gifts into the Body and Blood of your Son, Jesus. May we who eat his flesh and drink his blood be filled with the Holy Spirit and become one body under the lordship of Jesus Christ. Transform us into Love. May Love burn away everything within us, about us, and around that is not Love. Let Love burn everything away until there is only Love. On this seventh day of our prayer, we ask for the gift of reverence. May we revere the Eucharist and revere its power to transform us. In this reverence, may we surrender to you as you are reconciling all things to yourself in Christ Jesus, your Son and our Lord.

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Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
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Through Christ our Lord.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 8 – Thursday, November 20

God, our Father, at the Burning Bush, you told Moses that you hear our cries. You know what we go through. You see what weighs us down. Because of this, you come to rescue us. You fulfilled this promise in your Son, Jesus. In him, you have united yourself to us and saved us. You have brought us to this moment where we seek you with greater intensity through the sacraments and open our hearts wide to the outpouring of your Holy Spirit. May the sacraments make us holier and convert us away from the works that are against your will. Through the Holy Spirit working and dwelling in us, may we have all the gifts of the Holy Spirit: wisdom and understanding, right judgment and courage, knowledge and reverence, and wonder and awe in your presence. Father, may we be better Christians. Change us to be more Christ-like. Flood and fill our world with the Holy Spirit. May your Kingdom come, and your will be done.

Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.
Send forth your Spirit and they shall be created,
and you shall renew the face of the earth.

Let us pray.

O God, who have taught the hearts of the faithful
by the light of the Holy Spirit,
grant that in the same Spirit we may be truly wise
and ever rejoice in his consolation.
Through Christ our Lord.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Day 9 Friday, November 21

(Novena Concludes with the Consecration to the Holy Spirit)

Come, O Divine Spirit, fill our hearts with your heavenly gifts of the Holy Spirit: wisdom and understanding, right judgment and courage, knowledge and reverence, and wonder and awe in your presence that we may surrender ourselves to you.

May we faithfully submit ourselves to your inspiration

And may we merit to be united eternally with you in the love of the Father and the Son.

Amen.

Our Father ...

Hail Mary ...

Glory be to the Father ...

Act of Consecration

On my knees before the great multitude of heavenly witnesses, I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity, the unerring keenness of Your justice, and the might of Your love.

You are the Strength and Light of my soul.

In You I live and move and am.

I desire never to grieve You by unfaithfulness to grace,

and I pray with all my heart to be kept from the smallest sin against You.

Mercifully guard my every thought and grant that I may always watch for Your light, listen to Your voice, and follow Your gracious inspirations.

I cling to You and give myself to You and ask You, by Your compassion, to watch over me in my weakness. Holding the pierced feet of Jesus and looking at his five wounds, and trusting in his Precious Blood, and adoring his opened side and stricken heart, I implore You, Adorable Spirit, helper of my infirmity, to keep me in Your grace that I may never sin against You. Give me grace, O Holy Spirit, Spirit of the Father, and the Son, to say to You always and everywhere, Speak Lord, for Your servant is listening.

Amen.

