PARISH CONTACT Check list

Prior to the Arrival of the Team

- Promote the program via flyers, announcements, mailings to youth, calling tree, personal invitations, etc.
- Communicate that youth bring lunches during the week. Decide if parish will host a cook-out and treats on Friday. If yes, then coordinate food, set-up, and clean-up details. (Suggest men’s club or women’s club or High School Youth Group might help.)
- Find separate housing families for men and women on team. (Close to the parish site if possible). Arrange for meals to be provided on Saturday evening and Sunday noon at these homes if possible.
- Arrange host families to provide supper at 5:30 p.m. on Sunday, Monday, Tuesday, ‘Friday is optional’. (Different families than those providing housing) Sunday meal could be brought to the parish facility instead of at a host family.
- Arrange for lunch providers to bring noon meals on-site for the team on Monday through Friday.
- Arrange for snacks and drinks to be prepared and served for the day program and available for the evening program.
- Find on-site volunteers to help during the day program (at least 1 adult on-site during day program).
  Note that this does not mean that the same person has to do this for the entire day or even more than one day. It simply means there must be at least one adult available on-site at all times. Also find volunteers to help with child care if you are choosing to provide it before 9:00 am and after 3:00 pm.
- Find high-school adult volunteers to help with 1st & 2nd grade classes (1 volunteer for every 7 youth) and other classes if they are large in number.
- Schedule priest(s) for Adoration and Reconciliation Tuesday at 8:30 pm for Jr/Sr High school. (Recommend 1 priest / 10 youth) Arrange for Reconciliation available before mass each day.
- Parish coordinators should also consider the various liturgical needs (i.e. sacristan, music, extraordinary communion ministers, etc...) that may need to be arranged in advance.
- Organize and promote the parish potluck, including help to set up and clean up - remember this is for the Whole parish, not just for those parents with youth in the program.
- Arrange for water hoses, water key (if needed), large barrels or trash cans, and/or stock tank or plastic pools to be available Friday afternoon.
- Arrange for CD player, candles, Crucifix, DVD player, and cloth for high school program.
- Team has contacted the parish at least one week prior to arrival. If not, then call Sister Barbara Ellen at 785-827-8746.
- Host final preparation meeting before the event to hand out volunteer duty/information sheets and be sure everyone knows the “what, where, and when”. All volunteers should have the Child Lures Prevention training using the online CMG Training and background checks for all new persons at the time.

Arrival and Weekend

- Team arrives at parish at least one hour prior to Saturday evening Mass
  - Meet parish contact person, short tour of facilities and supplies
  - Team may need a place to change clothes for Mass
  - Meet priest and discuss talking at Mass after Communion
  - Arrival at housing host families usually does not occur until Saturday evening after Mass (or after the evening meal if it is not at the housing host family)
- Reserve site facilities for the team and help them set up if possible.
  - The team usually spends most of Sunday afternoon setting up and having a team meeting at the parish
  - The team will need access to the facilities and a copy machine.
- Schedule parish preparation meeting with Team, Parish Contact, Pastor, and possibly core team.

During the Week

- Register participants and provide name tags for them.
- Arrange for Chapel / Church to be available during team prayer times, program prayer/liturgy times, and for 1st/2nd grade Church tour.
- Pre-plan the Thursday evening high school social activity.
- Collect Parental Release Forms for the Grade School Program Water Activities and the Jr/Sr High Thursday evening activity.
- If necessary, meet with team at 3:00 p.m. after the day program to discuss any issues or needs.
- Arrange for payment of program deposit in spring and final payment later to the Diocese of Salina, Office of Religious Education.
Volunteers and Safe Environment

Each parish should assign one person to be the “parish coordinator.” The coordinator will work with the Office of Religious Education and make arrangements in advance for the team’s arrival to ensure the week runs smoothly. Duties are described throughout this guidebook and listed on page 18.

The parish coordinator cannot possibly do everything by him or herself. As such, we strongly recommend having a few high school students and/or adults to assist throughout the week. At the pastor’s discretion, teens may earn credit for volunteer hours.

There should be at least two adults present in the building at all times when the program is in session. Volunteers can assist the coordinator by setting up drinks and snacks, cleaning the kitchen, sweeping the floors after breaks and lunch, helping those who may become ill, and doing anything else the coordinator may ask.

Volunteers should also be utilized in the classrooms, as Totus Tuus will be unable to provide more than one team member in each classroom. For safe environment purposes, please have at least one volunteer per room. Three volunteers per room would be ideal - one to stay in the classroom with the teacher; two to accompany kids together out of the classroom when necessary.

During training, team members will be given the following safe environment guidelines in regard to the classrooms. If you cannot get volunteers for the classrooms, please make sure these guidelines are being followed. If there is no window in the classroom door, the door must be open. If there is a window in the door, the window is not to be obstructed. Totus Tuus takes the safety of children seriously. Thank you for your assistance in this matter.

No child should ever leave a classroom unattended. If a child has to leave in the middle of a class for any reason, at least one (preferably two) volunteer(s) should accompany the child(ren) to his/her destination.

Volunteers should not be alone with youth in the bathroom, but should instead wait outside in the hall for them. If it is necessary to go into the bathroom with a child, there should be two volunteers present.

Classroom volunteers who are being disruptive will be asked to report to the parish coordinator.

The team leader will meet with classroom volunteers Monday morning at 8:30 a.m. to explain their responsibilities during the week. The parish coordinator should also attend this meeting.

All volunteers should read, sign, and observe the Code of Ethical Standards for Volunteers and the Policy on Suspected Abuse of Children from the Catholic Diocese of Salina. Additionally, all volunteers must have their background investigated, to assure that there is no history of a sexual crime with children or young people. There should also be an adult present with volunteers who are under 18.

Volunteers over the age of 18, MUST have completed the online CMG Connect Program on the Prevention of Child Sexual Abuse. A confirmation of their viewing and background check must be signed by the parish coordinator or preferably, by the pastor and sent to the Office of Religious Education.

It is the responsibility of the parish coordinator to make sure the volunteers have met these diocesan criteria.
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Totus Tuus - “Totally Yours”

Totus Tuus is a Catholic youth program dedicated to sharing the Gospel and promoting the Catholic faith through catechesis, evangelization, Christian witness, and Eucharistic worship. The goal of Totus Tuus is to help young people develop their relationship with Jesus Christ so that there is an intimate friendship whereby He may lead them to the Father by the power of the Holy Spirit. To accomplish this, we emphasize a devotion and love for our Lord in the Eucharist and for Mary our Mother. We strive to help young people to understand their faith through catechesis so that they may live it in today’s world. We do this in such a way that it is fun for both teachers and youth alike. A Totus Tuus teacher helps to make the faith real to the youth as a way of life and love.

The program calls upon college students and seminarians from across the United States to carry out this mission. Those hired are trained and put onto teams of four (two men and two women). In addition to communicating our faith and translating it into daily life, we also strive to foster Christian vocations. It is our firm belief that an individual’s vocation, their calling from God, can only be heard and responded to if that person is living a Christian life. We strive to foster this, first and foremost, in our teachers by providing them with an understanding of the faith, a strong prayer life, and an opportunity to witness to their faith.

Our Mission

The mission of Totus Tuus is to inspire in young people a true longing for holiness, a deep desire for daily conversion, and an openness to their vocation by constantly challenging them to give themselves entirely to Christ through Mary by continually strengthening their prayer lives in imitation of her.

The Five Marks of Totus Tuus

1. Proclamation of the Gospel...to arouse faith.
2. Explanation...examination of the reasons for our beliefs.
4. Celebration of the Sacraments...especially Holy Eucharist and Confession.
5. Active witness of the Missionary Nature of the Catholic Church.

Totus Tuus joins the Church in her proclamation of the Gospel to arouse faith in the youth of the Catholic Diocese of Salina. Ready with “an explanation...for the reason for your hope” (1 Peter 3:15), Totus Tuus catechists expound upon the reasons for our beliefs and share their personal testimonies with the young people.

Pope Paul VI wrote, “Modern man listens more willingly to witnesses than to teachers, and if he does listen to teachers, it is because they are witnesses” (Evangelii Nuntiandi, 41).
Totus Tuus calls upon college students and seminarians from the Catholic Diocese of Salina and across the United States to carry this mission to every young person they encounter in the parish program. Students are hired for their energy, enthusiasm, love for the faith, commitment to spiritual growth, ability to work with a team and a desire to work with youth.

Parish catechists are grouped into teams of four, each consisting of two men and two women, and are invited to a different parish every week for seven weeks, where they conduct a week long “parish mission,” teaching and inspiring the parish’s first through twelfth grade youth.

Additionally, the daily schedule of the Totus Tuus catechist revolves around the Mass, the Sacraments, and prayer. A summer given entirely to God and the young people of the Catholic Diocese of Salina would not be possible otherwise.

The Five Pillars of Totus Tuus

**The Eucharist** has pride of place in the Totus Tuus schedule, for both team members and participants. Prayer ---the Liturgy of the Hours, the Rosary, the Angelus, the Chaplet of Divine Mercy, and Adoration of the Blessed Sacrament --- provides the structure, but the celebration of the Holy Sacrifice of the Mass is the “source and summit” of the daily schedule.

Totus Tuus catechists and counselors will lead the young people to Jesus for a week; however, Mary will lead them to Jesus for a lifetime. Therefore, Totus Tuus promotes **Marian devotion**. Meditation on the mysteries of the rosary, we come to see how Mary always leads us to her Son. Praying with her and to her, we hear her say to us, “Do whatever He tells you” (John 2:5).

An authentic catechesis, rooted in an orderly and systematic explanation of God’s revelation of Himself through the person of Jesus Christ, provides the foundation of the program’s teaching. Totus Tuus instructs young people in the basic tenets of the Catholic faith to cultivate both a firm intellectual grounding and a solid relationship with Jesus. All of our teaching aims to help young people grow in the understanding of, strengthen their faith in, and, most importantly, develop an intimate friendship with Jesus Christ.

Totus Tuus strives to foster Christian vocations by encouraging young people to begin discerning God’s call in their life to be married, a priest, a religious, or single. Team members sign a “covenant” in which they promise to be open to and actively discern God’s will for them. Because they are striving to live an authentic Christian life and are actively discerning their vocation, they can better help the youth to do the same.

Finally, Totus Tuus demonstrates that one can be a faithful Catholic and still have fun. Morning “pump up,” silly skits and songs, recess, water fights in the parishes infuse the element of fun in the program.

**FRIDAY’S WATER FIGHT**

**Five Pillars of Totus Tuus**

1. The Eucharist
2. Marian Devotion
3. Catechetical Instruction
4. Vocation Discernment
5. Fun

---

**FRIDAY’S WATER FIGHT**
Totus Tuus is very proud to celebrate over twenty-one years of teaching over 125,000 youth. This program was founded in the Diocese of Wichita and is continuing to spread across the country. The foundation behind what is taught is formed by an authentic catechesis. This catechesis is rooted in an orderly and systematic initiation into, and explanation of God’s revelation of Himself through the person of Jesus Christ. This revelation, stored in the depths of the Catholic Church’s Sacred Tradition and in Sacred Scripture, is constantly communicated from one generation to the next by a living, active tradition.

The methodology, structure, content, and enthusiasm of Totus Tuus is concerned not only with teaching the faith, but also setting on fire the hearts and lives of our teachers. Students and seminarians are hired for their energy, enthusiasm, love for the faith, commitment to spiritual growth, ability to work with a team, and desire to work with youth. The result of this has been the formation of young adults within the Church who are continuing to uphold and live their Catholic faith.

It is in the Sacraments, especially in the Eucharist, that Christ Jesus works most fully for the redemption and sanctification of all mankind. We realize that Totus Tuus asks a lot of our priests who are already very busy, and for their presence and participation in the program we are eternally grateful. We have found over the years that celebrating and participating in the sacraments on such an intimate level has a tremendous effect on the children. We strive to help the children to participate fully and actively in the liturgy and consider this an integral part of our program.

It is the responsibility of the Parish Contact to arrange the liturgical and sacramental events with the priest. Since the Eucharist is the source and the summit of the Christian life, Totus Tuus encourages the daily celebration of Holy Mass at 11:30 a.m. We also suggest that opportunities for the Sacrament of Reconciliation be made available every day before Mass, beginning at 11:00 a.m. This schedule can be adapted to meet the needs and special circumstances of your parish.

The oldest students will be sent to Reconciliation on Monday and younger grades as the week progresses. If your parish has many young people involved in the program, the pastor may find it helpful to invite a fellow priest to assist.

The youth will participate in serving, bringing up the offertory gifts, and proclaiming the readings and petitions. Totus Tuus team members will lead the children in a few songs during Mass; therefore, it is not necessary to ask the liturgists to be there, although they are certainly welcome.

The team will prepare the children for Mass and Reconciliation, and they will practice the songs as well. The children will be expected to behave during Mass—and at all times during the week. Their Friday afternoon schedule depends on it!

If a priest is unable to preside at the Mass at any point during the week, the team will bring the children to the church to pray the Rosary, Mid-day Prayer, or the Stations of the Cross.

Children’s Adoration will be a part of the grade school schedule. If your parish has a perpetual adoration chapel, we will take the kids there. If not, the children will be taken to the Church during this time. This will be led by the team and involvement from the pastor is completely optional.

### Our Method

**Mass and Reconciliation**

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### What’s the Price?

Below is the cost to a parish for hosting a team.

<table>
<thead>
<tr>
<th>Number of Teams</th>
<th>Cost</th>
<th>* Max. Youth Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 team (4 persons)</td>
<td>$1,350.00</td>
<td>90 Youth</td>
</tr>
<tr>
<td>2 teams (8 people)</td>
<td>$2,250.00</td>
<td>180 Youth</td>
</tr>
</tbody>
</table>

* “Maximum youth served” applies only to those youth served through the Grade School Program.

**Deposit**

Each parish must pay a deposit fee of $500 to reserve a date and a team. This fee must be mailed at the same time as the Parish Registration Form (pg 15) and be sent in by April 20, 2018. After this date the deposit will be non-refundable. A Parish Contact Information Booklet will be mailed which gives instructions for the week’s activities. Parishes will be scheduled on a “first come first serve” basis.

**Balance**

Parishes are asked to remit the balance to the Office of Religious Education the week after the program ends in their parish.

**Mail payments to:**

Office of Religious Education  
e/o Karen Taylor  
P.O. Box 825  
Salina, KS  67401
Junior and Senior High School Program

Totus Tuus also offers evening instruction for junior and senior high school youth (grades 7 - 12) during the week. We have found that vibrant, faithful, college-aged teachers can effectively impact the youth at this age. Two reasons have been noticed: the close proximity of age and the ability to establish mentor relationships (i.e. big brother or big sister). The Totus Tuus Junior and Senior High School Program includes instruction, small group discussions, quiet meditation, prayer, and fellowship. The team teaches in such a way as to continually offer a dialogue in which each person feels respected in his or her most basic dignity. While the junior high students will join the senior high students for the evening program, their classes will remain separate.

Sunday:  * Welcome / The Luminous Mysteries  
Monday:  * The Apostles Creed  
Tuesday:  * Social Time / Living as a Man / Woman of God  
Wednesday:  * Chosen / Meditation / Adoration and Confession  
Thursday:  * 7:30 pm - 9:45 pm Evening Social

Schedule and Activities

The evening sessions for Totus Tuus will include the Junior High along with the Senior High students. Junior High youth are those presently in the 7th or 8th grades for the 2017-2018 school year.

Notice: The Junior and Senior High School Program begins on Sunday and concludes on Thursday evening. The Junior High students will have a separate class session from the Senior High students. This will allow the teachers to maintain an atmosphere and discussion that is appropriate for both age groups.

Each retreat session runs from 7:30 p.m. until 9:45 p.m. with a 15 minute refreshment break at 8:30 p.m. We ask the parish to supply the refreshments Sunday, Monday, and Tuesday evenings.

On Wednesday evening, the youth have Exposition of the Blessed Sacrament. During the same time, each youth is afforded the opportunity to receive the Sacrament of Reconciliation. Thus a priest (or priests) will be needed from 8:30 - 9:30 p.m.

It would be helpful to have the following supplies for the high school sessions: a chalkboard/dry erase board, CD player, bibles, 5-7 votive candles, a large crucifix and a decorative cloth.

Concluding the week of retreat sessions, Thursday evening, the team will be spending time in fellowship with the youth. Activities for Thursday evening may include, going out for pizza and bowling, going to a parishioner’s home for a cookout, etc. This is a great chance for the teachers to truly establish a mentor relationship. Students are responsible for the cost of the outing, usually no more than $5.

Grade School Program

The Grade School Program that Totus Tuus provides is designed for children who are presently in first through sixth grades in the 2017-2018 school year. The Grade School Program runs Monday through Friday.

The students are encouraged to be clear and consistent in their faith. They are shown how to view their Lord as a Father. This personal relationship gives them the confidence to be Christ’s witnesses in the world around them. Finally, Totus Tuus endeavors to show the youth that a humble and courageous desire to know God must be based upon a steadfast and disciplined life of prayer combined with the reception of the sacraments.

Facilities

In order for the Grade School Program to run smoothly, the teachers ask for one large hall or room for their main assemblies. (This same room can be used as a lunchroom if necessary.) If the group is large, it is helpful to provide a microphone for the main speaker.

The size of the student body and number of teachers assigned to each parish will determine how much classroom space is needed. For one team this will usually mean having three or four other classrooms available for use.

Each classroom should have a chalkboard or a dry erase board. Also, for the 1st and 2nd grade classroom, crayons and paper will be needed. It is ideal to have a large enough room to have some empty space near the board for the children to gather on the floor, as well as tables set up with chairs for their activities. Team members will set up the rooms.

Of course, the church must be available for Mass and confessions everyday. If possible, the team might take the students into the Adoration Chapel, if there is one, on Thursday afternoon. If there is not one, the church would suffice.

Snacks/Recess

While classes comprise a large part of the day, Totus Tuus is not school and makes sure that the kids have FUN, too! Therefore, we have a short bathroom break in the morning, recess and “cool down” after lunch, and a short snack break in the morning OR afternoon.

We ask the parish to provide drinks throughout the day. Water is a necessity, but we also encourage other drinks such as lemonade or Kool-Aid. The children will need drinks set out for them at three points during the day: at 12:15 p.m. lunch, after recess at 1:10 p.m. and during snack break. (10:00 am OR 1:50 p.m.) We also ask that the parish provide snacks (ie. crackers, fruit, veggies, granola bars, trail mix) at the snack break. We ask that your parish volunteers have the snacks and drinks ready to go 5 minutes before each break.

For lunch the children will bring sack lunches, but volunteers may be needed to prepare drinks. After lunch is a recess break. Team sports are encouraged; therefore children are invited to bring Frisbees, gloves, bats, and balls. The snack break will require volunteers.
The Totus Tuus program has divided the four pillars of the Catechism of the Catholic Church into a six-year cycle. To complement the Catechism cycle, Totus Tuus adds a four-year cycle dedicated to the mysteries of the Rosary. In 2018, Totus Tuus will cover:

**Theme:** The Mystery of Salvation

**Mysteries:** The Luminous Mysteries

**Monday**
- **Class #1** The Baptism of the Lord
- **Class #2** I Believe  A Profession of One Faith
- **Class #3** I believe in God, the Father almighty, Creator of Heaven and Earth... And in Jesus Christ, His only son, our Lord.
- **Class #4** Saint Study: Gr 1-2: John Paul II  Gr 3-4: Julie Billiart  Gr 5-6: St. Teresa Benedicta of the Cross (Edith Stein)

**Tuesday**
- **Class #1** The Wedding Feast at Cana
- **Class #2** He was conceived by the Holy Spirit and born of the Virgin Mary.
- **Class #3** He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into Hell; on the third day He rose again from the dead; He ascended into heaven and is seated at the right hand of the Father.
- **Class #4** Saint Study: Gr 1-2: Julie Billiart  Gr 3-4: St. Teresa Benedicta of the Cross  Gr 5-6: John Paul II

**Wednesday**
- **Class #1** The Proclamation of the Kingdom
- **Class #2** From thence He will come to judge the living and the dead.
- **Class #3** I believe in the Holy Spirit.....
- **Class #4** Saint Study: Gr 1-2: Church tour  Gr 3-4: John Paul II  Gr 5-6: Julie Billiart

**Thursday**
- **Class #1** The Transfiguration
- **Class #2** The Holy Catholic Church, the communion of saints...
- **Class #3** The forgiveness of sins...
- **Class #4** The resurrection of the body... And life everlasting. Amen.  Children’s Adoration

**Friday**
- **Class #1** The Institution of the Eucharist
- **Class #2** Our Mission to Serve: Stewardship and Vocations

We encourage this to be a parish-wide event. This gathering gives the team the opportunity to meet with families and other parish members. This is an excellent opportunity to meet parents and for them to get to know the teachers, where they are from, etc. During the evening the Team Leader will introduce the team and explain a little about the history and mission of Tutus Tuus. To close the night, the team will lead the children in some songs for the parish.

**Friday Afternoon**

On Friday, we follow the usual schedule through lunch, but then it is modified to allow for “fun time” on Friday afternoon. Students still bring their lunches, or some parishes like to take this opportunity to have a “cook out” (usually hot dogs and chips). After lunch there will be no formal classes.

At 1:10 p.m. on Friday afternoon, the parish coordinator will be given several options for activities that the students can participate in. In the past, a human sundae has been done prior to the water games. This is still a choice, but the other options that students can participate in would lend itself to a more service theme. They would include, but are not limited to: Creating cards for shut-ins of the parish, decorate reusable grocery bags filled with non perishable items to be donated at Catholic Charities, create an upbeat, get well book for residents at the local hospital, write letters to those deployed overseas from the parish, etc.

The water games are scheduled to begin at 1:45 p.m. Friday afternoon’s festivities can be held in a nearby park or recreation area, or just in a large, open area (the parking lot will suffice) on your church grounds. After lunch there will be a water-balloon toss and a “water fight” for which students can bring water guns, squirt bottles, buckets, etc. By about 2:40 p.m. the water fight ends and students help the team clean up the area.

The parish is asked to provide water hoses and wading pools or a stock tank, etc. Parishes may also choose to provide popsicles, ice cream, or other treats at the conclusion of Friday afternoon.

Another Friday afternoon Totus Tuus tradition is the “human sundae.” If the students have behaved well throughout the week, they are allowed to choose one team member to become a human sundae. The children are asked to bring sundae toppings; the team member will be considered the ice cream. The sundae usually happens before the balloon toss and water fight.

The day is closed, as is every day, with songs and prayer.

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**Parish Potluck Supper**

The parish is asked to sponsor a potluck supper for the children, their families and parishioners on **Wednesday** evening. The potluck supper should begin at 5:30 p.m. and wrap up around 7:00 p.m. so as to allow time to prepare for the high school class. Once again, this activity and the time are suggested; the day and time can be adapted to meet the needs of each individual parish.

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**2018 Curriculum: 1st - 6th**

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- **Class #3** The forgiveness of sins...
- **Class #4** The resurrection of the body... And life everlasting. Amen.  Children’s Adoration

**Friday**
- **Class #1** The Institution of the Eucharist
- **Class #2** Our Mission to Serve: Stewardship and Vocations
### Daily Schedule

The following is a suggested schedule for use during the week of Totus Tuus. *This schedule can be adapted to meet the needs of a particular parish.*

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 a.m.</td>
<td>Rise</td>
</tr>
<tr>
<td>7:00 a.m.</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 a.m.</td>
<td>Morning Prayer (Lauds), Rosary, and Silent/Meditative Prayer</td>
</tr>
</tbody>
</table>

#### 1st - 6th GRADE PROGRAM

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 a.m.</td>
<td>Prayer / Pump Up</td>
</tr>
<tr>
<td>9:20 a.m.</td>
<td>CLASS PERIOD #1</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Rest room Break / Snack Break</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>CLASS PERIOD #2</td>
</tr>
<tr>
<td>10:45 a.m.</td>
<td>Music Preparation for Mass</td>
</tr>
<tr>
<td>11:00 a.m.</td>
<td>Mass Preparation</td>
</tr>
<tr>
<td>11:05 a.m.</td>
<td>Individual Classes to Confession</td>
</tr>
<tr>
<td>11:30 a.m.</td>
<td>MASS</td>
</tr>
<tr>
<td>12:15 p.m.</td>
<td>Lunch / Recess</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Water Break / Skit</td>
</tr>
<tr>
<td>1:15 p.m.</td>
<td>CLASS PERIOD #3</td>
</tr>
<tr>
<td>1:50 p.m.</td>
<td>Rest Room Break / Snack Break / TT Theatre</td>
</tr>
<tr>
<td>2:10 p.m.</td>
<td>CLASS PERIOD #4</td>
</tr>
<tr>
<td>2:40 p.m.</td>
<td>Review / Closing / Prayer</td>
</tr>
<tr>
<td>3:00 p.m.</td>
<td>DISMISSAL</td>
</tr>
</tbody>
</table>

#### TEAM

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:15 p.m.</td>
<td>Clean-up/Set-up for next day/Team Meeting</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Evening Prayer (Vespers) and Chaplet of Divine Mercy</td>
</tr>
<tr>
<td>4:00 p.m.</td>
<td>Team Recreation</td>
</tr>
<tr>
<td>5:30 p.m.</td>
<td>Supper</td>
</tr>
</tbody>
</table>

### JUNIOR & SENIOR HIGH SCHOOL PROGRAM

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 p.m.</td>
<td>Introduction/Review</td>
</tr>
<tr>
<td>7:45 p.m.</td>
<td>SESSION #1</td>
</tr>
<tr>
<td>8:15 p.m.</td>
<td>SESSION #2</td>
</tr>
<tr>
<td>8:45 p.m.</td>
<td>BREAK</td>
</tr>
<tr>
<td>9:30 p.m.</td>
<td>Night Prayer (Compline)</td>
</tr>
<tr>
<td>9:45 p.m.</td>
<td>DISMISSAL</td>
</tr>
</tbody>
</table>

### Prayers/ Curriculum

#### PRAYERS

While the team is at your parish, and even before they arrive, we recommend recruiting adults to pray for and provide spiritual assistance to the team, the youth, the coordinators and volunteers, and the pastor of your parish. This is a great way to involve parishioners who don’t have school-aged children attending Totus Tuus.

Ask the daily Mass goers, members of the Altar Society, the Knights of Columbus or indeed anyone you can think of - to commit to daily or weekly prayer for the team, the participants, and the program. They can pray in whatever way they like: offer Masses, holy hours, rosaries, chaplets; intercede with petitionary prayer; recite the traditional memorized prayers; offer a day of fasting - the possibilities are as numerous as your parishioners.

#### TOTUS TUUS CURRICULUM

The Sacred Scriptures and the *Catechism of the Catholic Church* provide the foundation of the catechetical instruction of the Totus Tuus Summer Catechetical Program. The 2018 curriculum will focus on The Apostles’ Creed and The Luminous Mysteries.

Consequently, Totus Tuus has divided the four pillars of the *Catechism* into a six-year teaching cycle:

- **Year One:** The Mystery of Salvation
- **Year Two:** The Apostles’ Creed
- **Year Three:** The Sacraments
- **Year Four:** The Commandments
- **Year Five:** The Virtues
- **Year Six:** Prayer and the Our Father

To complement this six-year cycle, Totus Tuus follows a four-year cycle dedicated to the mysteries of the Rosary:

- The Joyful Mysteries
- The Luminous Mysteries
- The Sorrowful Mysteries
- The Glorious Mysteries
**The Team**

Each of the Totus Tuus teams will consist of two men and two women. The teachers are chosen based upon their commitment to the Catholic faith, desire to teach the faith, love of children, energy and enthusiasm, and for their leadership abilities. In order to run a week of Totus Tuus smoothly, the teachers adhere to a well-defined schedule which has as its foundation and backbone a structured prayer life.

**Arrival/Setup**

The team *arrives the Saturday* afternoon prior to the week of teaching. Please inform the team leader if members of the team will be *speaking at the Masses* that weekend. Speaking at Mass is an excellent opportunity to publicize the coming week with a brief presentation about Totus Tuus. Often this presentation will help bring in more youth to participate in the week’s program.

The team should *meet with the parish contact, pastor (if available), and/or parish life coordinator* for a formal meeting and touring of the facilities on Saturday evening or Sunday afternoon. The schedule for the week will be discussed at this time. The team will set up the facilities on Sunday afternoon. Due to the early morning and late night scheduling of events, parishes have found it more convenient to provide the team leader with keys to the facility. If you choose not to do this, then please make sure the team leader is aware of who will have facility keys for the week.

**Host Families**

Because the teachers are “out on the road” we ask that the parishes find host families to provide *sleeping arrangements*, a morning *continental breakfast* and possibly snacks to refuel. The team needs two “host homes,” one for the men and one for the women. *Men and women are to be housed separately.* It is easier for the team and the parish if the host homes are close to the parish. The *interaction at host homes is very valuable for both the teachers and the families.* However, because of the team’s schedule, it is important to stress that occasionally the teachers may be late getting home due to team meetings. Also, teachers may not always be present at the host families’ homes in the afternoons due to planning and setup.

Housing of team members takes place from their arrival Saturday afternoon/evening until their departure the following Friday evening or Saturday morning. Each team will provide their own transportation to and from the parish. It is good to give a detailed description or map of the location of the families that will be hosting the team as well as those who will be providing the evening meals.

**Meals**

Plan to provide all of the team’s meals while the team is in your parish with the exception of Thursday supper. Sunday after Mass and/or lunch with a host family is “team time” a necessary time of rest and recreation for the team. Because the schedule for the week and the entire summer is so demanding, and, to observe Sunday as a day of rest, the team will have “down time” on Sunday afternoons for rest, recreation, fellowship, and to prepare for the coming week.

- The host family provides a continental breakfast at 7:00 a.m. Please inform the host family that cereal, fruit, or toast is sufficient.
- Lunch for Saturday and Sunday can be at the host families’ homes. Supper on Saturday should be scheduled for as early after Mass as possible. It would be ideal if the parish coordinator could host dinner on Saturday evening, as that would give everyone a chance to meet. If this is not possible, please find a host family who can have them for dinner.
- Lunch for Monday - Friday should be provided by a parish family or the parish at 12:15 p.m. Volunteers assisting in the kitchen can prepare the lunch or the team can fix sandwiches from food brought in. Buffet style works best, and whoever is providing the meal may want to bring extra food for the volunteers, priest, etc.
- Supper is provided at 5:30 p.m. Since the team is on a tight schedule, please do not schedule supper any earlier or later than 5:30 p.m. unless notifying the Team Leader.
- Please arrange for families in the parish who would like to invite the team to supper. This allows more families to be involved in hosting the team and provides an excellent opportunity for the team to interact with families of the parish. A family may prepare and serve the meal, have food brought in, or take the team out to eat. The team will leave the family’s home no later than 7:00 p.m. These meals should be scheduled for Sunday, Monday, and Tuesday. Wednesday is the parish potluck. The team will not need dinner on Thursday if their evening social with the junior high and senior high school youth involves a meal. If no meal is planned within the Thursday night activity, please find someone to host the team for dinner at 5:30 p.m.
- The need for dinner on Friday should be determined when the team leader calls the parish coordinator during the week before the program.