Sacrament of Reconciliation

RECEPTION OF THE PENITENT

Priest:   In the name of the Father, and of the Son, and of the Holy Spirit.
Penitent:   Amen.

Priest:   May God, who has enlightened every heart, help you to know your sins and trust in his mercy.
Penitent:   Amen.

READING OF THE WORD OF GOD (OPTIONAL)

Priest:   Let us listen to the Lord as he speaks to us through the Scriptures. (He then reads a short passage.)

CONFESSION OF SINS AND ACCEPTANCE OF SATISFACTION

Priest:   How long since your last confession?
Penitent:   (Mention the amount of time since you last confessed.)

Priest:   What are your sins?
Penitent:   (Confess your sins.)

Priest:   For your penance, please...

Now, please say your Act of Contrition.

Penitent:   Lord God, I love you above all things. In your goodness have mercy on me: do not look on my sins, but take away all my guilt. Create in me a clean heart and renew within me an upright spirit.

Priest:   (Prays the prayer of absolution.)
Penitent:   Amen.

Priest:   The Lord has freed you from your sins. Go in peace.

Penitent:   Thanks be to God.