

## Sacrament of Reconciliation

### RECEPTION OF THE PENITENT

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

**Penitent: Amen.**

Priest: May God, who has enlightened every heart, help you to know your sins and trust in his mercy.

**Penitent: Amen.**

### READING OF THE WORD OF GOD (OPTIONAL)

Priest: Let us listen to the Lord as he speaks to us through the Scriptures. (He then reads a short passage.)

### CONFESSION OF SINS AND ACCEPTANCE OF SATISFACTION

Priest: How long since your last confession?

**Penitent: (*Mention the amount of time since you last confessed.*)**

Priest: What are your sins?

**Penitent: (*Confess your sins.*)**

Priest: For your penance, please...

Now, please say your Act of Contrition.

**Penitent: Lord God, I love you above all things. In your goodness have mercy on me: do not look on my sins, but take away all my guilt. Create in me a clean heart and renew within me an upright spirit.**

Priest: (*Prays the prayer of absolution.*)

**Penitent: Amen.**

Priest: The Lord has freed you from your sins. Go in peace.

**Penitent: Thanks be to God.**