

family MATTERS

THE MONTH OF *May*



May, Mother's Day and Mary

Each month of the liturgical calendar year has a special spiritual dedication, the month of May is traditionally dedicated to honoring the Blessed Virgin Mary.

It is appropriate that we celebrate Mother's Day during this Marian Month. As we honor Mary, Mother of God, our spiritual Mother, and the greatest of all Mothers, we also honor our earthly mothers. We thank God for the gift of our mothers, who gave us life, care for us, protect us, teach us, love us, and share the gift of faith with us.

The Church calls us to open our hearts in a special way to Mary. Her presence in our lives is a motherly presence. Jesus invites us to accept Mary as our mother and respond to her motherly love as true children. During this month, make room for Mary in your daily life.

Each week during the month of May, pick something from this list to do with your family.



1. Flower your Mary Statue- make a crown of flowers and adorn your Mary statues, both indoors and outdoors.

2. Pray a novena to our Lady.

3. Spread Devotion to the Rosary- There are many graces to be gained for those who pray the rosary daily.

4. Learn about a new Marian Devotion.

5. Share the Miraculous Medal- Mary changes lives through the power of sacramentals.



6. Memorize a Marian prayer or hymn.



7. Get invested in the Scapular- A scapular is basically a mini religious habit for the laity, an outward symbol of your consecration to the Blessed Mother, that you wear daily underneath your clothes

8. Read a book about Mary.



9. Pray the Little Office of the Blessed Virgin Mary-like the Liturgy of the hours, but different in that they are all in praise of our Lady.

For more details, visit <https://www.catholiccompany.com/getfed/celebrate-may-month-of-mary>

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence,

*I fly unto thee, O Virgin of virgins, my mother:
to thee do I come, before thee I stand, sinful and sorrowful.
O Mother of the Word Incarnate, despise not my petitions,
but in thy mercy hear and answer me.*

Amen